The Louis Armstrong Center for Music and Medicine Presents:

Trauma Theory & Treatment: Somatosensorial Implications of Resilience

Monday, May 7th, 2018

COURSE DESCRIPTION
This single day event will provide a unique forum, highlighting the cutting edge intersection of music therapy with other psychotherapeutic modalities in the treatment of emotional trauma. Professionals will come together to share innovative clinical work, to elucidate theory, practice, and research explicating current directions in the treatment of emotional trauma and related pathologies.

LEARNING OBJECTIVES
After attending this conference, attendees will demonstrate the ability to:

- Describe current findings on neurologic, psychological, and physical response to traumatic experiences, and how they regulate emotional and behavioral responses.
- Explain the role of the therapeutic relationship in protecting and restoring safety and regulation.
- Explain current designs of psychotherapy treatment studies and outcomes, and the clinical implications of treatments in the area of trauma and dissociation.
- Strategize methods of implementing music therapy as part of dedicated treatment for the sequelae of emotional trauma.
- Identify converging strategies, overlap, and team-based treatment.
- Identify how issues of safety, shame, trust, cultural differences, core beliefs, and boundaries can be resolved by trauma informed care.

TARGET AUDIENCE
Physicians, Nurses, Psychologists, Social Workers, Music Therapists, Chaplains, Counselors, Creative Arts Therapists, Other Healthcare Professionals PT, OT, Child Life Specialists, Fellows, Residents, and Medical Students.

CONFERENCE LOCATION
Mount Sinai Downtown Union Square, 2nd Fl. Conference Center
10 Union Square East, (between 14th & 15th Streets), NYC
Secure parking in building
Subways: 4, 5, 6, N, R, L, W & Q trains to Union Square

NEARBY ACCOMMODATIONS
Leo House (212) 929–1010
Seafarers & International House (212) 677–4800
Gramercy Park Hotel (212) 475–4320

REGISTRATION
Pre-register by mail or telephone by May 1, 2018 to ensure participation. Registration also available on site May 7th, 2018
For more info: 212–420–2704 or email: info@musicandmedicine.org
Mail completed form below to:
The Louis Armstrong Center for Music and Medicine
Mount Sinai Beth Israel
First Avenue at 16th Street, 6S-21
New York, NY 10003

Registration Form

Trauma Theory & Treatment: Somatosensorial Implications of Resilience

Monday, May 7th, 2018

First Name ___________________________________
Last Name ___________________________________
Address _______________________________________
Email ___________________________________________
City State Zip ___________________________________
Affiliation _______________________________________

Advanced Registration
Check appropriate category
☐ $150 Full conference, professional
☐ $100 Full conference, student

On-Site Registration
Check appropriate category
☐ $175 Full conference, professional
☐ $125 Full conference, student

Online registration is available at:
https://mssm.cloud-cme.com/

Please make checks payable to:
The Louis Armstrong Center for Music and Medicine

CANCELLATION POLICY
All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by April 25, 2018. Cancellations after this date are not eligible for a refund. An administrative fee of $50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than $50.
8:15 – 8:25 AM Welcome & Introduction
Joanne V. Loewy DA, LCAT, MT-BC
Director, LACMM
John Mondanaro MA, LCAT, MT-BC, CCLS
Clinical Director, Colloquium Co-chair, LACMM
Andrew Rossetti MMT, LCAT, MT-BC
Coordinator, Music Therapy, Radiation Oncology
Colloquium Co-chair, LACMM

8:25 – 9:25 AM Keynote
How Music and Voice Support Health: Insights from Polyvagal Theory
Stephen Porges PhD
Distinguished University Scientist, Kinsey Institute
Indiana University, Bloomington, Indiana
Professor Dept. of Psychiatry, U of N Carolina, Chapel Hill, NC

9:30 – 10:15 AM Concurrent Sessions
How Current Neuroscience Research Challenges and Informs Music Therapists Engaged in Trauma Treatment
Gene Ann Behrens PhD, MT-BC
Director of Music Therapy, Elizabethtown College
Mount Joy, PA

All Roads Lead To Where We Stand: A Veteran Case Study
Kristen Stewart MA, MT-BC, LCAT, SEP
Veteran Affairs – Hudson Valley Healthcare System
Montrose, NY

Weaving Words and Music: Healing from Trauma for People with Serious Mental Illness
Gillian Langdon Stephens MA, MT-BC, LCAT
Faye Margolis, PhD, Kristina Muenzenmaier, MD
Bronx Psychiatric Center, Bronx, NY

10:20 – 11:05 AM Concurrent Sessions
Cognitive, Emotional, and Physical Impact of Traumatic Brain Injury (TBI)
Teresa Ashman PhD, ABPP
Adjunct Associate Professor, NYULMC
Research Scientist University of Delaware, Newark, DE

Perspectives on Music Psychotherapy as Prophylaxis and Treatment for Trauma Experienced by Cancer Patients
Andrew Rossetti MMT, LCAT, MT-BC

Trauma-Informed Critical Caring: Authentic Healing Presence and Early Life Adversity
Mary Coughlin MS, NNP, RNC-E
Caring Essentials Collaborative, LLC, Boston, MA

11:10 AM – 12:30 PM Expert Panel

---

9:15 – 9:20 AM Caring Essentials Collaborative, LLC
Authentic Healing Presence: Trauma Research Scientist University of New York, New York
Teresa Ashman PhD, ABPP
Cognitive, Emotional, and Physical Impact of Trauma

Weaving Words and Music: Healing from Trauma for People with PTSD
Gillian Langdon Stephens
BC, LCAT, SEP

All Roads Lead To Where We Stand: A Veteran Case Study
Kristen Stewart MA, MT-BC, LCAT, SEP
Veteran Affairs – Hudson Valley Healthcare System
Montrose, NY

Weaving Words and Music: Healing from Trauma for People with Serious Mental Illness
Gillian Langdon Stephens MA, MT-BC, LCAT
Faye Margolis, PhD, Kristina Muenzenmaier, MD
Bronx Psychiatric Center, Bronx, NY

Caring for the Caregiver – Utilizing Preventative Strategies in Creative Arts Therapies in the Workplace
Gabrielle Bouissou MT-BC Music Therapy Fellow
Joanne Loewy DA, LCAT, MT-BC
Mari Umpierre PhD, LCSW, Director, Mount Sinai Calm
Mount Sinai Beth Israel

Caring for the Caregiver – Utilizing Preventative Strategies in Creative Arts Therapies in the Workplace
Gabrielle Bouissou MT-BC Music Therapy Fellow
Joanne Loewy DA, LCAT, MT-BC
Mari Umpierre PhD, LCSW, Director, Mount Sinai Calm
Mount Sinai Beth Israel

Facing Traumatic Loss in Pediatrics
John Mondanaro MA, LCAT, MT-BC, CCLS
Stephanie Omens MA, LCAT, RDT, CCLS
Senior Child Life Specialist,
Hackensack University Medical Center, Hackensack, NJ

PLANTING THE SEEDS OF POST-TRAUMATIC GROWTH IN THERAPY
Luis Ferentz, LCSW-C, DAPA
Director, The Ferentz Institute, Baltimore, MD

Ringing the Bells That Still Can Ring: A Musical Journey Through Trauma Towards Wholeness
David Abbott MA, MT-BC
LifeSong Music Therapy, New York, NY

THE BONNY METHOD OF GUIDED IMAGERY AND MUSIC (GIM): THE NEUROBIOLOGY OF RELATIONSHIP
Janina Fisher MA
Clinical Psychologist and Instructor at the Trauma Center
Brookline, MA
Assistant Director Sensorimotor Psychotherapy Institute
Bloomington, CO

THE MILITARY, MORAL INJURY, AND MUSIC THERAPY
Torrey Gimpel, MM, MA, MT-BC
Margaret Murphy Center for Children, Auburn, ME

CAREGIVING, MENTAL HEALTH, AND THE EXAMPLE OF EBOLA
More Marathon, Less Sprint
Craig Katz MD
Clinical Professor of Psychiatry, Medical Education, and Global Health and System Design
Icahn School of Medicine, Mount Sinai, New York, NY

3:20 – 4:05 PM Concurrent Sessions
Disasters, Mental Health, and the Example of Ebola:
More Marathon, Less Sprint
Craig Katz MD
Clinical Professor of Psychiatry, Medical Education, and Global Health and System Design
Icahn School of Medicine, Mount Sinai, New York, NY

Facing Traumatic Loss in Pediatrics
John Mondanaro MA, LCAT, MT-BC, CCLS
Stephanie Omens MA, LCAT, RDT, CCLS
Senior Child Life Specialist,
Hackensack University Medical Center, Hackensack, NJ

---

1:25 – 2:15 PM Keynote
Traumatic Attachment and Co-regulation: The Neurobiology of Relationship
Janina Fisher PhD
Clinical Psychologist and Instructor at the Trauma Center
Brookline, MA
Assistant Director Sensorimotor Psychotherapy Institute
Bloomington, CO

2:20 – 3:05 PM Concurrent Sessions
The Bonny Method of Guided Imagery and Music (GIM): Considerations for Trauma and Resilience
Jim Borling MM, MT-BC
Fellow, Association for Music and Imagery
Radford College, Roanoke, VA

The Military, Moral Injury, and Music Therapy
Torrey Gimpel, MM, MA, MT-BC
Margaret Murphy Center for Children, Auburn, ME

Caring for the Caregiver – Utilizing Preventative Strategies in Creative Arts Therapies in the Workplace
Gabrielle Bouissou MT-BC Music Therapy Fellow
Joanne Loewy DA, LCAT, MT-BC
Mari Umpierre PhD, LCSW, Director, Mount Sinai Calm
Mount Sinai Beth Israel

Caring for the Caregiver – Utilizing Preventative Strategies in Creative Arts Therapies in the Workplace
Gabrielle Bouissou MT-BC Music Therapy Fellow
Joanne Loewy DA, LCAT, MT-BC
Mari Umpierre PhD, LCSW, Director, Mount Sinai Calm
Mount Sinai Beth Israel

CAREGIVING, MENTAL HEALTH, AND THE EXAMPLE OF EBOLA
More Marathon, Less Sprint
Craig Katz MD
Clinical Professor of Psychiatry, Medical Education, and Global Health and System Design
Icahn School of Medicine, Mount Sinai, New York, NY

Concurrent Sessions
3:20 – 4:05 PM Concurrent Sessions
Disasters, Mental Health, and the Example of Ebola:
More Marathon, Less Sprint
Craig Katz MD
Clinical Professor of Psychiatry, Medical Education, and Global Health and System Design
Icahn School of Medicine, Mount Sinai, New York, NY

Facing Traumatic Loss in Pediatrics
John Mondanaro MA, LCAT, MT-BC, CCLS
Stephanie Omens MA, LCAT, RDT, CCLS
Senior Child Life Specialist,
Hackensack University Medical Center, Hackensack, NJ

---

1:25 – 2:15 PM Keynote
Traumatic Attachment and Co-regulation: The Neurobiology of Relationship
Janina Fisher PhD
Clinical Psychologist and Instructor at the Trauma Center
Brookline, MA
Assistant Director Sensorimotor Psychotherapy Institute
Bloomington, CO

2:20 – 3:05 PM Concurrent Sessions
The Bonny Method of Guided Imagery and Music (GIM): Considerations for Trauma and Resilience
Jim Borling MM, MT-BC
Fellow, Association for Music and Imagery
Radford College, Roanoke, VA

The Military, Moral Injury, and Music Therapy
Torrey Gimpel, MM, MA, MT-BC
Margaret Murphy Center for Children, Auburn, ME

Caring for the Caregiver – Utilizing Preventative Strategies in Creative Arts Therapies in the Workplace
Gabrielle Bouissou MT-BC Music Therapy Fellow
Joanne Loewy DA, LCAT, MT-BC
Mari Umpierre PhD, LCSW, Director, Mount Sinai Calm
Mount Sinai Beth Israel

Caring for the Caregiver – Utilizing Preventative Strategies in Creative Arts Therapies in the Workplace
Gabrielle Bouissou MT-BC Music Therapy Fellow
Joanne Loewy DA, LCAT, MT-BC
Mari Umpierre PhD, LCSW, Director, Mount Sinai Calm
Mount Sinai Beth Israel