



18th Annual Mid-Atlantic Hospital Medicine Symposium

Mastering the Care of the Hospitalized Patient

Friday & Saturday | October 20-21, 2023



18th Annual Mid-Atlantic Hospital Medicine Symposium

Mastering the Care of the Hospitalized Patient

PLANNING COMMITTEE

Andrew S. Dunn, MD, MPH

Professor of Medicine
Chief, Division of Hospital Medicine
Mount Sinai Health System

Radfan Gazali, MD

Assistant Professor of Medicine
Chief, Division of Hospital Medicine
Mount Sinai Brooklyn

Haiwen Ma, MD, PhD

Assistant Professor of Medicine
Chief, Division of Hospital Medicine
Associate Director, Internal Medicine
Residency Program
Mount Sinai South Nassau

Brian Markoff, MD

Associate Professor of Medicine
Chief, Division of Hospital Medicine
Mount Sinai West
Mount Sinai Morningside

Kathy Navid, MD

Associate Professor of Medicine
Chair of Medicine
Director, Hospitalist Service
Mount Sinai Queens

Dahlia Rizk, DO, MPH

Professor of Medicine
Chief, Division of Hospital Medicine
Mount Sinai Beth Israel

MOUNT SINAI HEALTH SYSTEM (continued)

Nate Goldstein, MD

Professor, Department of Geriatrics and Palliative Medicine
The Icahn School of Medicine at Mount Sinai
Site Chair, Department of Geriatrics and Palliative Medicine
Mount Sinai Beth Israel

Sam Hanon, MD, FHRS

Cardiac Electrophysiology, Cardiovascular Institute
Associate Professor of Medicine
Mount Sinai Beth Israel

Michael Herscher, MD, MA

Assistant Professor
Co-developer, REACH Opioid Use Disorder Program
Medical Director, Medical Step Down Unit
Mount Sinai Hospital

Dilan Mather R. Jogendra, MD, MS

Assistant Professor of Medicine
Director, Medicine Co-Management Service
Director, 6W Medical/Surgical Unit
Department of Medicine, Division of Hospital Medicine
Mount Sinai Hospital

Alex Kagen, MD

Site Chair, Department of Radiology
Mount Sinai West and Morningside Hospitals

Mona Krouss, MD

Assistant Vice President of Value & Patient Safety
Associate Clinical Professor
Health & Hospitals Services (HHS), New York City

David W. Lam, MD

Associate Professor of Medicine
Medical Director, Clinical Diabetes Institute
Division of Endocrinology
Mount Sinai Hospital

Anne Linker, MD

Assistant Professor, Department of Medicine
Quality Lead, Division of Hospital Medicine
Unit Medical Director
Mount Sinai Hospital

Lina Miyakawa, MD

Associate Director, Intensive Care Unit at MSBI
Director of Quality
Division of Pulmonary & Critical Care at MSBI
Associate Director of Quality
Institute of Critical Care Medicine
Mount Sinai Health System
Division of Pulmonary, Critical Care, and Sleep Medicine
Mount Sinai Beth Israel

Vinh Nguyen, MD

Associate Professor of Medicine
Director of Quality, Division of Hospital Medicine
Associate Program Director
Unit Medical Director
Mount Sinai Hospital

Chiara Ornillo, MD

Medical Director, Division of Nephrology and Hypertension
Mount Sinai Beth Israel
Medical Director
Inpatient Hemodialysis at Mount Sinai Beth Israel
Medical Director, Southern Manhattan Dialysis Center
Assistant Professor of Medicine
Icahn School of Medicine

Sean Pinney, MD, FACC

Associate Professor of Medicine
Division of Cardiology
Chief of Cardiology
Mount Sinai Morningside

Iana Ramer Bass, MD

Assistant Professor
Division of Endocrinology, Diabetes and Bone Diseases
Weight Management Lead
Mount Sinai Morningside/Mount Sinai West Hospital

James Salonia, MD

Assistant Professor of Medicine
Pulmonary and Critical Care Medicine
Simulation Program Fellowship Director,
Center for Advanced Medical Simulation
Icahn School of Medicine at Mount Sinai

Jessica Sarmiento, MD

Assistant Professor, Department of Medicine
Division of Hospital Medicine
Mount Sinai Beth Israel Hospital

Gururaj Shan, MD

Assistant Professor
Assistant Medical Director
Department of Emergency Medicine
Mount Sinai Hospital

Jacqueline Sheehan, MD

Assistant Professor
Brookdale Department of Geriatrics and
Palliative Medicine
Icahn School of Medicine at Mount Sinai

FACULTY DISCLOSURE

It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-accredited educational activities. All faculty participating in the planning or implementation of an activity accredited by ISMMS are expected to disclose all of their financial relationships with ineligible companies existing within the prior 24 months. Relevant financial relationships will be mitigated and disclosed to learners before the activity takes place. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material. Refusal to disclose will prohibit participation in an Icahn School of Medicine at Mount Sinai CME-sponsored activity.



Leon and Norma Hess Center for Science and Medicine
The Bonnie M. Davis, MD and Kenneth L. Davis, MD
Auditorium, 2nd floor
1470 Madison Avenue (Between 101st and 102nd Streets)
New York, NY

<https://mssm.cloud-cme.com/hm23>

An SHM-affiliated Meeting



Provided by
Department of Medicine, Icahn School of Medicine at Mount Sinai

In collaboration with



Icahn School of Medicine at Mount Sinai
The Page and William Black Post-Graduate School
One Gustave L. Levy Place, Box 1193
New York, NY 10029-6574



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Friday & Saturday, October 20-21, 2023

Hess Center for Science and Medicine

The Bonnie M. Davis, MD and Kenneth L. Davis, MD Auditorium, 2nd floor, 1470 Madison Avenue (between 101st & 102nd Street) New York, NY

Online Registration: <https://mssm.cloud-cme.com/hm23>

REGISTRATION FEES

Physicians	\$375	Mount Sinai Health System (MSHS) Physicians	\$275
Allied Health Professionals	\$325	MSHS Allied Health Professionals	\$100
Residents, Fellows	\$250	MSHS Residents, Fellows only	*Complimentary

*For complimentary registration, Mount Sinai Health System (MSHS) Residents and Fellows must email: cme@mssm.edu with a copy of their Hospital ID or letter from their program director; then Register Online.

- Cancellation Policy: All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by October 12, 2023. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50.

For conference information, please call the Office of CME at 212-731-7950 or email cme@mssm.edu

PROGRAM OBJECTIVES

At the conclusion of this CME activity, the participant should be able to:

- Determine the best timing to restart anticoagulation for patients who have had a major bleeding event
- Provide optimal glycemic control for patients admitted with diabetes
- Start, titrate, and change opioid medications for pain and utilize non-opioid medications to minimize opioid use
- Manage common symptoms seen at the end of life, including delirium, pain, and nausea
- Manage patients with severe manifestations of acute decompensated liver disease, such as hepatorenal syndrome and hepatic encephalopathy

WHO SHOULD ATTEND?

Hospitalists, General Internists, Nurse Practitioners, Physician Associates/Physician Assistants, House Staff, Medical Students.

ACCREDITATION

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of **11.25 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VERIFICATION OF ATTENDANCE

Will be provided to all professionals.

COURSE LOCATION

All sessions will be held at The Bonnie M. Davis, MD and Kenneth L. Davis, MD Auditorium, 2nd floor 1470 Madison Avenue (Between 101st & 102nd Street) New York, NY 10029

Directions and Parking, go to www.icaahn.mssm.edu/about/visiting

ACCOMMODATIONS

Discounted sleeping rooms can be reserved with our Housing Manager, Denise Newman, Cell/Text: 347-236-7181 Phone: 718-835-4911; email: dnew229@aol.com

SPECIAL NEEDS

The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations, call the Office of CME, 212-731-7950.

Come for the content and comraderie! Our live and in-person Hospital Medicine conference provides updates on the core content you need to take great care of your patients in a vibrant and fun atmosphere where you can learn with colleagues from around the country. You will hear about advances in antibiotics, how to manage bleeding for patients on anticoagulants, use of buprenorphine for opioid use disorder, and other core conditions in Hospital Medicine. Our “Name that Diagnosis” session will give the audience a chance to flex their diagnostic muscles on challenging HM cases! You will also hear about the exciting possibilities of “Hospital at Home,” including tips for programs and patients at your hospital.

Our workshops let you “**Choose Your Own Master Clinician Adventure.**” Attend topics in critical care, peri-operative management, palliative care, POCUS, or mix and match to get a wide variety of expert content.

Our faculty consists of national and international leaders in their fields and our sessions have been designed to provide highly relevant material in a concise and stimulating format. The fast pace, exciting topics, expert faculty, and flexible format ensure a highly valuable experience that will move you forward towards your goal of becoming a *Master Clinician!*

HIGHLIGHTS INCLUDE:

- **KEYNOTE SPEAKER, Dr. Flora Kisuule**, President-elect, **Society of Hospital Medicine (SHM)**, The Next Twenty Years: Hospitalists as Disrupters in Healthcare
- How Artificial Intelligence (AI) is About to Impact the Practice of Medicine.
- Hear How Hospital at Home Can Transform Care and Patient Flow at Your Hospital.
- Update on Hospital Medicine: Practice-changing studies from the past year.
- **WORKSHOPS** - Build Your Own Adventure:
 - Critical care
 - Pain Management and Palliative Care Scenarios
 - ◆ Peri-operative Management
 - ✚ POCUS

Agenda

DAY 1 – FRIDAY, OCTOBER 20, 2023

7:30 – 8:00	REGISTRATION AND BREAKFAST
8:00 – 8:15	WELCOME Andrew Dunn, MD, SFHM, MACP
8:15 – 8:50	KEYNOTE – THE NEXT TWENTY YEARS: HOSPITALISTS AS DISRUPTERS IN HEALTHCARE Flora Kisuule, MD President-elect, SHM
8:50 – 9:30	AI FOR THE HOSPITALIST – Alex Kagen, MD
9:30 – 10:45	PEARLS FOR PRACTICE I 9:30–9:50 <i>Pearls for Practice: Hypertension in the Hospital; Malignant & Benign</i> – Umesh Gidwani, MD 9:50–10:10 <i>Pearls for Practice: High Sensitivity Troponin: ACS, PE, and more</i> – Gururaj Shan, MD 10:10–10:30 <i>Pearls for Practice: Acute Decompensated Liver Disease</i> – James Crismale, MD 10:30–10:45 PANEL Q&A

10:45 – 11:00 BREAK

11:00 – 12:15	PEARLS FOR PRACTICE II 11:00–11:20 <i>Pearls for Practice: Update on New Antibiotics: Expand your Arsenal</i> – Rebecca Choudhury, MD 11:20–11:40 <i>Pearls for Practice: Bleeding on Anticoagulation: Whether & When to Restart</i> – Andrew Dunn, MD, MPH 11:40–12:00 <i>Pearls for Practice: Buprenorphine for the Hospitalist</i> – Michael Herscher, MD 12:00–12:15 PANEL Q&A
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12:15 – 1:15 LUNCH

1:15 – 2:15 NAME THAT DIAGNOSIS! – Kathy Navid, MD; Radfan Gazali, MD

2:15 – 3:15 WORKSHOP I

- **Pre-op Cardiac Assessment & Optimization** – Erin Gabriel, MD; Dilan Jogendra, MD
- ❖ **Case Studies in Pain Management** – Jacqueline Sheehan, MD
- ◆ **Add Value: How to Lead Initiatives to Stop Doing Things We Do For No Reason** – Mona Krouss, MD; Anne Linker, MD

3:15 – 3:30 BREAK

3:30 – 4:30 WORKSHOP II

- **Common Scenarios in Palliative & End-of-Life Care** – Nate Goldstein, MD
- ❖ **Critical Care Essentials** – James Salonia, MD
- ◆ **Update in CHF** – Sean Pinney, MD

DAY 2 – SATURDAY, OCTOBER 21, 2023

7:30 – 8:00 REGISTRATION AND CONTINENTAL BREAKFAST

8:00 – 9:00 UPDATE IN HOSPITAL MEDICINE – Brian Markoff, MD

9:00 – 9:40 HOSPITAL AT HOME – Trini Truong, MD

9:40 – 9:50 BREAK

9:50 – 10:50 WORKSHOP III

- **Skills Center: Mastery of ECK, CXR, Acid-base Evaluation** – Veevek Agrawal, MD; Kristina Ernst, MD; Sam Hanon, MD; Lina Miyakawa, MD; Chiarra Ornillo, MD; Jessica Sarmiento, MD
- ❖ **Case Studies in Diabetes Management** – Ilana Ramer, MD
- ✚ **POCUS: A Hands-on Experience** – Vinh Nguyen, MD

10:50 – 11:00 BREAK

11:00 – 12:00	PEARLS FOR PRACTICE III 11:00–11:20 <i>Pearls for Practice: Lyte Up My Life: Hyponatremia Diagnosis & Management</i> – Steven Coca, MD 11:20–11:40 <i>Pearls for Practice: Anticoagulation & Thrombosis Challenges</i> – Caroline Cromwell, MD 11:40–12:00 <i>Pearls for Practice: Delirium Dilemmas</i> – Helen Fernandez, MD
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12:00 – 12:15 PANEL Q&A