

14th Annual Mid-Atlantic *Hospital Medicine Symposium* MASTERING THE CARE OF THE HOSPITALIZED PATIENT

Friday & Saturday
October 18-19, 2019

Course Director

Andrew S. Dunn, MD, MPH, SFHM, MACP

NEW

Earn Up To
10
ABIM MOC
Self Evaluation
Points

<https://mssm.cloud-cme.com>

Leon and Norma Hess Center for Science and Medicine

The Bonnie M. Davis, MD and Kenneth L. Davis, MD

Auditorium, 2nd floor

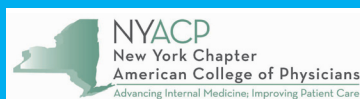
1470 Madison Avenue (Between 101st and 102nd Streets)

New York, NY

**An SHM-affiliated
Meeting**



Offered by New York Chapter,
American College of Physicians



Provided by

Department of Medicine, Icahn School of Medicine at Mount Sinai

The journey to become a *Master Clinician* begins with the passion to develop the knowledge and skills to become an expert diagnostician. Our symposium's exciting topics, expert faculty, and flexible format ensure a highly valuable experience that will move you forward towards your goal of becoming a *Master Clinician*.

Our faculty consists of national and international leaders in their fields and our sessions have been designed to provide highly relevant material in a concise and stimulating format.

HIGHLIGHTS INCLUDE:

- **Keynote speaker, Dr. Chris Frost**, President of the **Society of Hospital Medicine (SHM)**, will tell us about *The Hospital and Hospitalist of the Future*.
- **Find out what's important and new** from the *Updated Afib Guidelines*.
- **Pearls for Practice** series presents rapid-fire lectures on core topics, including *Controversies in VTE*, *Evaluation of AKI*, and a *Primer on the New Diabetes Meds*.
- **Patients Panel Discussion** - *Goals of Care Discussions: The Patient Perspective*.
- **Handheld Ultrasound Skills** – Develop your expertise in *Bedside Sono!*
- **Skills Center** – Increase your mastery of ECG, CXRs, and acid-base evaluation!

Our **WORKSHOPS** provide participants with a **choice of Three Tracks** in which to gain expertise. Concentrate in one track to develop expertise or mix-and-match tracks to experience a variety of topics:

- (1) **HOSPITALIST AS GENERALIST**—Develop mastery of core topics, including *Palliative Care, Medical Consultation, and Peri-operative Optimization*.
- (2) **HOSPITALIST AS SPECIALIST**—Develop expertise in *Acute Stroke, Management of the Decompensating Patient, and Hemolysis/Thrombocytopenia*.
- (3) **INNOVATION**—Let's get outside the box! Workshops will provide *Tips on Using Twitter for Your Career, Wealth Management for the Hospitalist, and Graphic Medicine*.



Come to increase your knowledge of core topics, learn more of subspecialty conditions, increase your value to your hospital, and network with colleagues. Come to continue your quest to become a **Master Clinician!**

PROGRAM OBJECTIVES

At the conclusion of this CME activity, the participant should be able to:

- Incorporate the updated ACC/AHA guidelines into the management of patients with atrial fibrillation.
- Identify patients with pulmonary embolism who can be safely discharged and treated at home.
- Differentiate acute gout from septic arthritis for patients with acutely inflamed joints.
- Interpret ECG and CXR accurately to improve the timeliness and quality of medical management.
- Manage and resuscitate patients who acutely decompensate on the medical wards.

WHO SHOULD ATTEND?

Hospitalists, General Internists, Nurse Practitioners, Physician Assistants, House Staff, Medical Students.

ACCREDITATION

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of **10.25 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VERIFICATION OF ATTENDANCE

Will be provided to all professionals.

COURSE LOCATION

All sessions will be held at The Bonnie M. Davis, MD and Kenneth L. Davis, MD Auditorium, 2nd floor
1470 Madison Avenue (Between 101st & 102nd Street) New York, NY 10029

Directions and Parking, go to www.ichn.mssm.edu/about/visiting

ACCOMMODATIONS

Discounted sleeping rooms can be reserved with our Housing Manager, Denise Newman, Cell/Text: 347-236-7181
Phone: 718-835-4911; email: dnew229@aol.com

SPECIAL NEEDS

The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations, call the Office of CME, 212-731-7950.

Hospital Medicine Symposium

DAY 1 - FRIDAY, OCTOBER 18, 2019

- 7:30 – 8:00** **REGISTRATION AND BREAKFAST**
- 8:00 – 8:15** **WELCOME**
Andrew S. Dunn, MD, MPH, SFHM, MACP
- 8:15 – 8:50** **KEYNOTE – THE HOSPITAL AND HOSPITALIST OF THE FUTURE**
Christopher Frost, MD, President, Society of Hospital Medicine (SHM)
- 8:50 – 9:20** **CASE STUDIES IN INFECTIOUS DISEASE**
Stanley Yancovitz, MD
- 9:30 – 10:45** **PEARLS FOR PRACTICE I**
- 9:30 – 9:50 **Pearls for Practice: Hold the Hydralazine! Inpatient Hypertension Management** – Mona Krouss, MD
- 9:50 – 10:10 **Pearls for Practice: What About Gout: Crystalline Arthropathies for the Hospitalist** – Leslie Kerr, MD
- 10:10 – 10:30 **Pearls for Practice: Evaluation of AKI** – Tonia Kim, MD
- 10:30 – 10:45 **PANEL Q & A**
- 10:45 – 11:00** **BREAK**
- 11:00 – 12:15** **PEARLS FOR PRACTICE II**
- 11:00 – 11:20 **Pearls for Practice: Controversies in VTE** – Andrew S. Dunn, MD, MPH
- 11:20 – 11:40 **Pearls for Practice: Primer on DM Meds** – David W. Lam, MD
- 11:40 – 12:00 **Pearls for Practice: Acute Liver Injury** – Thomas Schiano, MD
- 12:00 – 12:15 **PANEL Q & A**
- 12:15 – 1:15** **LUNCH**
- 1:15 – 2:15** **PANEL DISCUSSION — GOALS OF CARE DISCUSSION: THE PATIENT/FAMILY PERSPECTIVE**
Keisha Berglund, MSW, Liz Yoo, MD, Liz Rizzo, NP
- 2:15 – 3:15** **WORKSHOP I**
- ▶ **Pre-op Cardiac Optimization** – Kevin Narag, MD
 - ◆ **Neurologic Exam Essentials for the Hospitalist** – Joseph Diamond, MD
 - ◆ **Graphic Medicine** – Grace Farris, MD, Mike Natter, MD
- 3:15 – 3:30** **BREAK**
- 3:30 – 4:30** **WORKSHOP II**
- ▶ **Case Studies in Palliative Care** – Emily Chai, MD
 - ◆ **Case Studies in CVA/TAI** – Hazem Shoirah, MD
 - ◆ **Twitter Time: How to Use Twitter to Expand Your Medical Knowledge** – Samira Farouk, MD
- 4:30 – 5:30** **WINE AND CHEESE RECEPTION**

DAY 2 – SATURDAY, OCTOBER 19, 2019

- 7:30 – 8:00** **REGISTRATION AND CONTINENTAL BREAKFAST**
- 8:00 – 8:50** **UPDATE IN HOSPITAL MEDICINE**
Brian Markoff, MD
- 8:50 – 9:40** **AFIB: WHAT'S NEW FROM THE ACC/AHA GUIDELINE**
Georgios Syros, MD
- 9:40 – 9:50** **BREAK**
- 9:50 – 10:50** **WORKSHOP III**
- ▶ **Controversies in Medical Consultation** – Dennis Chang, MD, Erin Gabriel, MD
 - ◆ **Expertise in the Management of the Decompensating Patient** – Umesh Gidwani, MD
 - ◆ **Bedside Ultrasound: A Hands-on Experience** – Michael Herscher, MD, Vinh Nguyen, MD
- 10:50 – 11:00** **BREAK**
- 11:00 – 12:00** **WORKSHOP IV**
- ▶ **Skills Center: Mastery of ECG, CXR, Acid-base Evaluation** – Chari Belmonte, MD, Erica Grabscheid, MD, Eve Merrill, MD, Deepika Misra, MD, MS, Roxana Sulica, MD, Barbara Zeifer, MD, MBA
 - ◆ **Hemolysis, Thrombocytopenia, and More: Demystifying the Hematologic Evaluation** – Krystal Cascetta, MD
 - ◆ **Wealth Management: Finance for Physicians** – David Portnoy, MD

OPTIONAL – SATURDAY, OCTOBER 19, 2019 (additional charge to register)

- 1:00 – 3:00** **ABIM MOC SEP MODULE: 2019-20 UPDATE IN HOSPITAL MEDICINE**
Jitendra Barmecha, MD, MPH, FACP-St. Barnabus Hospital and
Parag Mehta, MD, FACP-NewYork-Presbyterian Brooklyn Methodist Hospital

MASTERING THE CARE OF THE HOSPITALIZED PATIENT

COURSE DIRECTOR/PLANNING COMMITTEE

Andrew S. Dunn, MD, MPH, SFHM, MACP

Professor of Medicine
Chief, Division of Hospital Medicine
Mount Sinai Health System

Grace Farris, MD

Assistant Professor Department of Medicine
Chief of the Division of Hospital Medicine
Mount Sinai West

Brian A. Markoff, MD, SFHM

Associate Professor of Medicine
Chief, Division of Hospital Medicine
Mount Sinai St. Luke's

Dahlia Rizk, DO, MPH

Associate Professor of Medicine
Chief, Division of Hospital Medicine
Mount Sinai Beth Israel Hospital

Kathy F. Navid, MD

Assistant Professor of Medicine
Chair of Medicine
Director, Hospitalist Service
Mount Sinai Queens

GUEST FACULTY

Christopher Frost, MD

President, Society of Hospital Medicine (SHM)
National Medical Director, Hospital-based Services
LifePoint Health, Tennessee

Dennis Chang, MD

Associate Professor
Interprofessional Education Thread Director
Washington University School of Medicine
St. Louis, MO

Mona Krouss, MD

Director of Patient Safety
NYC Health and Hospital Corporation (HHC)

Mike Natter, MD

Internal Medicine Resident Program
NYU Medical Center

Roxana Sulica, MD

Associate Professor of Medicine
Pulmonary Hypertension Program
NYU School of Medicine

MOUNT SINAI FACULTY

Umesh Gidwani, MD

Associate Professor
Chief, Cardiac Critical Care
Mount Sinai Hospital

Chari Belmonte, MD

Assistant Professor of Medicine
Mount Sinai Beth Israel

Keisha Berglund, MSW

Department of Social Work Services
Mount Sinai Hospital

Krystal Cascetta, MD

Assistant Professor of Medicine
Hematology and Medical Oncology
Director Of Operations, Mount Sinai Queens
Infusion Center
Mount Sinai Queens

Emily Chai, MD

Associate Professor of Medicine
Director, Palliative Care Institute
Mount Sinai Hospital

Joseph Diamond, MD

Assistant Professor of Neurology
Neurology Clerkship Site Director
Mount Sinai West/St. Luke's Hospitals

Samira Farouk, MD

Assistant Professor
Associate Director of the Nephrology
Fellowship Program
Division of Hospital Medicine
Mount Sinai Hospital

Erin Gabriel, MD

Director, Pre-Operative Services
Division of Hospital Medicine
Mount Sinai Hospital

Kerron Gilford, PA

Division of Neurology
Mount Sinai Hospital

Thomas Schiano, MD

Professor of Medicine
Medical Director, Adult Liver Transplantation
Director of Clinical Hepatology
Medical Director, Intestinal Transplantation
Mount Sinai Hospital

Erica Grabscheid, MD, FHM, FACP

Associate Professor of Medicine
Mount Sinai Beth Israel

Michael Herscher, MD

Assistant Professor
Director, Hospital Medicine Bedside
Ultrasound Program
Mount Sinai Hospital

Leslie Kerr, MD

Professor of Medicine
Division of Rheumatology
Mount Sinai Hospital

Tonia Kim, MD

Associate Professor of Medicine
Division of Nephrology
Mount Sinai Hospital

David W. Lam, MD

Assistant Professor
Endocrine, Diabetes and Bone Diseases
Medical Director, Clinical Diabetes Institute
Mount Sinai Hospital

Eve Merrill, MD

Assistant Professor, Department of Medicine
Assistant Professor, Department of Medical
Education
Mount Sinai Beth Israel

Deepika Misra, MD, MS, FACC, RPVI

Associate Professor of Medicine
Mount Sinai Beth Israel

Kevin Narag, MD

Assistant Professor of Medicine
Mount Sinai Beth Israel

Stanley Yancovitz, MD

Professor of Medicine
Division of Infectious Disease
Beth Israel Mount Sinai Hospital

Vinh Nguyen, MD

Assistant Professor
Associate Program Director
Unit Medical Director
Mount Sinai Hospital

David Portnoy, MD

Assistant Professor of Medicine, Hospital Medicine
Mount Sinai Hospital

Elizabeth Rizzo, NP

Division of Hospital Medicine
Mount Sinai Hospital

Hazem Shoirah, MD

Vascular Neurology and Endovascular Neurology
Assistant Professor of Neurosurgery, Neurology
and Radiology
Icahn School of Medicine at Mount Sinai
Director of Cerebrovascular Center
Thrombectomy Services
Director of Stroke Program at
Elmhurst Hospital Center

Georgios Syros, MD

Assistant Professor of Medicine, Cardiology
Director, Arrhythmia Services
Mount Sinai Hospital

Elizabeth Yoo, MD

Assistant Professor
Director, Hospitalist Primary Palliative Care
Program
Division of Hospital Medicine
Mount Sinai Hospital

Barbara Zeifer MD, MBA

Associate Professor Radiology
Site Chair, Mount Sinai Downtown

FACULTY DISCLOSURE

It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.

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REGISTRATION FEES

<input type="checkbox"/> Physicians	\$335	<input type="checkbox"/> Mount Sinai Health System (MSHS) Physicians	\$235
<input type="checkbox"/> Allied Health Professionals	\$285	<input type="checkbox"/> Mount Sinai Health System (MSHS) Allied Health Professionals	\$185
<input type="checkbox"/> Residents, Fellows	\$210	<input type="checkbox"/> Mount Sinai Health System (MSHS) Residents, Fellows	*Complimentary
<input type="checkbox"/> Saturday, October 19th – Optional <i>(add additional fee to total above)</i> ABIM MOC / SEP Module–2019-20 Update in Hospital Medicine	\$ 85	<i>*Mount Sinai Health System (MSHS) Residents and Fellows must email: cme@mssm.edu with a copy of their Hospital ID or letter from their program director; then Register Online.</i>	

Yes, I would like information about The Society of Hospital Medicine (SHM) www.joinshm.org

Online Registration: <https://mssm.cloud-cme.com>

LAST NAME	FIRST NAME	(MD, RN, etc.)
MAILING ADDRESS		
CITY	STATE	ZIP
TELEPHONE	FAX	
EMAIL	SPECIALTY	
INSTITUTION/AFFILIATION		

TWO WAYS TO REGISTER

■ Online at <https://mssm.cloud-cme.com>

■ Mail this form with your check to: Icahn School of Medicine at Mount Sinai
The Page and William Black Post-Graduate School
One Gustave L. Levy Place, Box 1193
New York, NY 10029-6574

Enclosed is my check for \$_____ payable to **Icahn School of Medicine at Mount Sinai**

■ Cancellation Policy: All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by October 12, 2019. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50.

**For conference information, please call the Office of CME at
212-731-7950 or email cme@mssm.edu**



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WORKSHOP TRACKS!

- Hospitalist Generalist
- ◆ Hospitalist Specialist
- ◆ Innovation

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