

Celebrating  
**50**  
years  
1968-2018



Icahn School  
of Medicine at  
**Mount  
Sinai**

13th Annual Mid-Atlantic  
*Hospital Medicine Symposium*  
MASTERING THE CARE OF THE  
HOSPITALIZED PATIENT

Friday & Saturday  
October 19-20, 2018

**Course Director**

Andrew S. Dunn, MD, MPH, FACP, SFHM

<https://mssm.cloud-cme.com>

**Icahn School of Medicine at Mount Sinai**

Hess Center for Science and Medicine  
Davis Auditorium, 2nd Flr  
1470 Madison Avenue, New York, NY

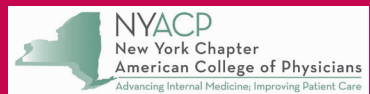
**An SHM-affiliated  
Meeting**



**NEW**

Earn Up To  
**10**  
ABIM MOC  
Self Evaluation  
Points

Offered by New York Chapter,  
American College of Physicians



**Provided by**

Department of Medicine, Icahn School of Medicine at Mount Sinai

The journey to become a *Master Clinician* begins with passion for caring for patients and developing the knowledge and skills to become an expert diagnostician. Our symposium's key topics, expert faculty, and flexible format ensure a highly valuable experience that will move you forward towards your goal of becoming a *Master Clinician*.

Our faculty consists of national and international leaders in their fields and our sessions have been designed to provide highly relevant material in a concise and stimulating format.

## HIGHLIGHTS INCLUDE:

- **Keynote speaker, Dr. Nasim Afsar**, President of the **Society of Hospital Medicine (SHM)**, will reveal *Three Ideas That Can Revolutionize Hospital Medicine*. Don't miss it!
- **Renowned experts**, including Sidney Braman on *Preventing Readmissions in COPD*.
- **Pearls for Practice** series presenting rapid fire lectures on core topics, including *Endocrine Emergencies*, *Managing Bleeding on NOACs*, and the *Inpatient Management of Patients with Cirrhosis*.
- **Master Diagnostic Skills** through *Radiology Rounds*, *ECG Class*, and our *Skills Workshop*.
- **Handheld Ultrasound Skills** – Develop your expertise in bedside sono!

Our **WORKSHOPS** provide participants with a **choice of Three Tracks** in which to gain expertise. Concentrate in one track to develop expertise or mix-and-match tracks to experience a variety of topics:

- (1) **HOSPITALIST AS GENERALIST**—Develop mastery of core topics, including *Pain Management*, *Peri-operative Pitfalls*, and *ECG Expertise*.
- (2) **HOSPITALIST AS SPECIALIST**—Develop expertise in *Managing Agitation in Dementia and Delirium*, *Caring for Hospitalized Patients with HIV*, and *Prognosis Discussions*.
- (3) **ENHANCING QUALITY & VALUE**—Workshops will provide essentials on *Avoiding Burnout & Promoting Well-being*, *Antibiotic Stewardship*, and *Optimizing Billing & Coding*.

### 3 WORKSHOP TRACKS!

- Hospitalist Generalist
- ❖ Hospitalist Specialist
- ◆ Enhancing Quality & Value

Come to increase your knowledge of core topics, learn more of subspecialty conditions, increase your value to your hospital, and network with colleagues. Come to continue your quest to become a **Master Clinician!**

**NEW**

## SATURDAY, OCTOBER 20th – NEW OPTION Maintenance of Certification (MOC) Credit!

ABIM requires hospitalists to earn MOC points every 2 years.

Sign up for our optional MOC module and earn 10 MOC points!

Offered by New York Chapter, American College of Physicians

## PROGRAM OBJECTIVES

At the conclusion of this CME activity, the participant should be able to:

- Manage patients with acute CHF who are at risk for or develop acute kidney injury
- Recognize and manage mild, moderate, and life-threatening allergic reactions
- Treat patients with pain syndromes with effective regimens that minimize adverse effects
- Apply best practices to provide optimal care and avoid readmissions for patients hospitalized with COPD
- Interpret ECG and CXR to improve the timeliness and quality of medical management
- Manage patients with dementia and delirium who develop agitation

## WHO SHOULD ATTEND?

Hospitalists, General Internists, Nurse Practitioners, Physician Assistants, House Staff, Medical Students.

## ACCREDITATION

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## CREDIT DESIGNATION

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of **10.25 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## VERIFICATION OF ATTENDANCE

Will be provided to all professionals.

## COURSE LOCATION

All sessions will be held in **The Bonnie M. Davis, MD and Kenneth L. Davis, MD Auditorium, 2nd floor**, 1470 Madison Avenue (Between 101st & 102nd Streets), New York, NY 10029.

**Directions and Parking**, go to [www.icaahn.mssm.edu/about/visiting](http://www.icaahn.mssm.edu/about/visiting)

## ACCOMMODATIONS

Discounted sleeping rooms can be reserved with our Housing Manager, Denise Newman, Cell/Text: 347-236-7181  
Phone: 718-835-4911; email: [dnew229@aol.com](mailto:dnew229@aol.com)

## SPECIAL NEEDS

The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations, call the Office of CME, 212-731-7950.

# Hospital Medicine Symposium

## DAY 1 – FRIDAY, OCTOBER 19, 2018

- 7:30 – 8:00** ..... **REGISTRATION AND CONTINENTAL BREAKFAST**
- 8:00 – 8:15** ..... **WELCOME**  
Andrew S. Dunn, MD, SFHM, FACP
- 8:15 – 8:50** ..... **KEYNOTE – THREE IDEAS THAT CAN REVOLUTIONIZE HOSPITAL MEDICINE**  
Nasim Afsar, MD, President, Society of Hospital Medicine (SHM)
- 8:50 – 9:20** ..... **HEART VS KIDNEY: THE DIURESIS DILEMMA**  
Steven Coca, DO, MS, Director, Clinical and Translational Research Unit, Mount Sinai Hospital
- 9:30 – 10:45** ..... **PEARLS FOR PRACTICE I**  
9:30 – 9:50      **Pearls for Practice: Endocrine Emergencies** – Ronald Tamler, MD  
9:50 – 10:10    **Pearls for Practice: Allergic Reactions: Little to Lethal** – Mauli B. Desai, MD  
10:10 – 10:30    **Pearls for Practice: Management of Bleeding on NOACs** – Andrew Dunn, MD, MPH  
10:30 – 10:45    **PANEL Q & A**
- 10:45 – 11:00** ..... **BREAK**
- 11:00 – 12:15** ..... **PEARLS FOR PRACTICE II**  
11:00 – 11:20    **Pearls for Practice: Submassive PE: To Lyse or not to Lyse** – Hooman Poor, MD  
11:20 – 11:40    **Pearls for Practice: Inpatient Management of Patients with Cirrhosis** – Behnam Saberi, MD  
11:40 – 12:00    **Pearls for Practice: Preventing Readmissions in COPD** – Sidney Braman, MD  
12:00 – 12:15    **PANEL Q & A**
- 12:15 – 1:15** ..... **LUNCH**
- 1:15 – 2:15** ..... **RADIOLOGY ROUNDS: PLAIN FILMS FOR THE HOSPITALIST**  
Mary Salvatore, MD
- 2:15 – 3:15** ..... **WORKSHOP I**  
▶ **ECG Class: Basics and Beyond** – Rajesh Vedanthan, MD  
❖ **Case Studies in Pain Management** – Emily Chai, MD  
♦ **How to Avoid Burnout and Promote Well-being** – Jonathan Ripp, MD
- 3:15 – 3:30** ..... **BREAK**
- 3:30 – 4:30** ..... **WORKSHOP II**  
▶ **Pre-Operative Cardiopulmonary Optimization** – Dennis Chang, MD; Erin Gabriel, MD  
❖ **Prognosis Proficiency: Discussing Prognosis with Hospitalized Patients and Their Families** – Rachel M. Adams, MD  
♦ **Bedside Ultrasound: A Hands-on Experience** – Michael Herscher, MD; Vinh Nguyen, MD
- 4:30 – 5:30** ..... **WINE AND CHEESE RECEPTION**

## DAY 2 – SATURDAY, OCTOBER 20, 2018

- 7:30 – 8:00** ..... **REGISTRATION AND CONTINENTAL BREAKFAST**
- 8:00 – 8:50** ..... **UPDATE IN HOSPITAL MEDICINE**  
Brian Markoff, MD
- 8:50 – 9:40** ..... **HOSPITALIST ROLE IN OPIOID DEPENDENCE: THE PATIENT'S PERSPECTIVE: PANEL DISCUSSION**  
Linda Wang, MD
- 9:40 – 9:50** ..... **BREAK**
- 9:50 – 10:50** ..... **WORKSHOP III**  
▶ **Peri-operative Pitfalls** – Dilan Jogendra, MD; Jason Shin, DO  
❖ **Case Studies in Dementia and Delirium with Agitation** – Joyce Fogel, MD  
♦ **Using Wisely: Antibiotic Stewardship** – Gopi Patel, MD
- 10:50 – 11:00** ..... **BREAK**
- 11:00 – 12:00** ..... **WORKSHOP IV**  
▶ **Skills Center: Mastery of ECG, CXR, Acid-base Evaluation** – Erica Grabscheid, MD; Samuel Hanon, MD; Nan Li, MD; Joanna Mecca, MD; Anjali Nigalaye, MD; Roxana Sulica, MD  
❖ **HIV for the Hospitalist** – Rachel Chasan, MD  
♦ **Get What You Deserve: Optimizing Billing & Coding** – Maria Reyna, MD

## OPTIONAL – SATURDAY, OCTOBER 20, 2018 (additional charge to register)

- 1:00 – 3:00** ..... **ABIM MOC SEP MODULE: 2018-19 UPDATE IN HOSPITAL MEDICINE**  
Jitendra Barmecha, MD, MPH, FACP-St. Barnabus Hospital and  
Parag Mehta, MD, FACP-NewYork-Presbyterian Brooklyn Methodist Hospital

# MASTERING THE CARE OF THE HOSPITALIZED PATIENT

## COURSE DIRECTOR/PLANNING COMMITTEE

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### **Andrew S. Dunn, MD, MPH**

Professor of Medicine  
Chief, Division of Hospital Medicine  
Mount Sinai Health System

### **Grace Farris, MD**

Assistant Professor Department of Medicine  
Chief of the Division of Hospital Medicine  
Mount Sinai West

### **Brian A. Markoff, MD, SFHM**

Associate Professor of Medicine  
Chief, Division of Hospital Medicine  
Mount Sinai St. Luke's

### **Dahlia Rizk, DO, MPH**

Associate Professor of Medicine  
Chief, Division of Hospital Medicine  
Mount Sinai Beth Israel Hospital

### **Kathy F. Navid, MD**

Assistant Professor of Medicine  
Chair of Medicine  
Director, Hospitalist Service  
Mount Sinai Queens

## GUEST FACULTY

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### **Nasim Afsar, MD**

President, Society of Hospital Medicine (SHM)  
Assistant Clinical Professor of Internal Medicine (IM) and Neurosurgery  
Ronald Reagan UCLA Medical Center  
Los Angeles, CA

### **Roxana Sulica, MD**

Associate Professor of Medicine  
Director, Pulmonary Hypertension Program  
Division Pulmonary, Critical Care and Sleep Medicine  
NYU Langone Health System

## MOUNT SINAI FACULTY

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### **Joyce Fogel, MD**

Associate Professor of Medicine, Geriatrics and Palliative Medicine  
Chief, Department of Geriatrics  
Mount Sinai Beth Israel

### **Sidney Braman, MD**

Master Fellow of the American College of Chest Physicians  
Professor of Medicine  
The Mount Sinai Hospital

### **Hooman Poor, MD**

Director of Pulmonary Vascular Disease  
Mount Sinai-National Jewish Health Respiratory Institute  
Associate Program Director  
Fellowship Training Program  
Division of Pulmonary, Critical Care and Sleep Medicine  
The Mount Sinai Hospital

### **Emily Chai, MD**

Director, Palliative Care Institute  
The Mount Sinai Hospital

### **Dennis Chang, MD**

Associate Professor of Medicine  
Associate Chief  
Director of Education  
Division of Hospital Medicine  
The Mount Sinai Hospital

### **Rachel Chasan, MD**

Assistant Professor, Infectious Disease  
Director, Inpatient HIV Service  
The Mount Sinai Hospital

### **Steven G. Coca, DO, MS**

Associate Professor of Medicine, Nephrology  
Director of the Clinical and Translational Research Unit  
The Mount Sinai Hospital

### **Mauli B. Desai, MD**

Assistant Professor of Medicine  
Clinical Immunology  
The Mount Sinai Hospital

### **Jonathan A. Ripp, MD**

Associate Professor of Medicine  
General Internal Medicine  
Associate Professor of Geriatrics and Palliative Medicine  
The Mount Sinai Hospital  
Senior Associate Dean for Well-being and Resilience  
Icahn Mount Sinai School of Medicine

### **Erin Gabriel, MD**

Director, Pre-Operative Services  
Division of Hospital Medicine  
The Mount Sinai Hospital

### **Erica Grabscheid, MD, FHM, FACP**

Associate Professor of Medicine  
Mount Sinai Beth Israel

### **Sam Hanon, MD, FHRS**

Associate Professor of Medicine  
Director, Cardiac Electrophysiology  
Mount Sinai Beth Israel

### **Michael Herscher, MD**

Director, Hospital Medicine Bedside Ultrasound Program  
Instructor of Medicine  
The Mount Sinai Hospital

### **Dilan Jogendra, MD, MS**

Assistant Professor of Medicine  
Director, Co-management Services  
Division of Hospital Medicine  
The Mount Sinai Hospital

### **Rachel M. Adams, MD**

Assistant Professor, Geriatrics and Palliative Medicine  
The Mount Sinai Hospital

### **Gopi Patel, MD**

Associate Professor of Medicine, Infectious Diseases  
Medical Director, Antimicrobial Stewardship Program  
The Mount Sinai Hospital

### **Nan Li, MD**

Assistant Professor of Medicine  
Mount Sinai Beth Israel

### **Ronald Tamler, MD, PhD, MBA**

Associate Professor of Medicine Endocrinology, Diabetes and Bone Disease  
The Mount Sinai Hospital  
Director of the Mount Sinai Clinical Diabetes Institute  
Mount Sinai Health System

### **Joanna Mecca, MD**

Assistant Professor of Medicine  
Mount Sinai Beth Israel

### **Anjali Nigalaye, MD**

Assistant Professor of Medicine  
Mount Sinai Beth Israel

### **Vinh Nguyen, MD**

Unit Medical Director  
The Mount Sinai Hospital

### **Maria Reyna, MD**

Assistant Professor of Medicine  
Unit Medical Director, Department of Medicine  
The Mount Sinai Hospital

### **Behnam Saberi, MD**

Assistant Professor of Medicine, Liver Diseases  
The Mount Sinai Hospital

### **Mary Salvatore, MD, MBA**

Assistant Professor of Radiology  
Mount Sinai Health System

### **Sangyoon Jason Shin, DO**

Assistant Professor of Medicine  
Medical Director, Pre-Surgical Testing  
Mount Sinai Beth Israel

### **Rajesh Vedanthan, MD, MPH**

Associate Professor of Medicine, Cardiology  
Assistant Professor, Population Health Science  
The Mount Sinai Hospital

### **Linda L. Wang, MD**

Assistant Professor of Medicine  
General Internal Medicine  
The Mount Sinai Hospital

## FACULTY DISCLOSURE

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It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.

# 13th Annual Mid-Atlantic *Hospital Medicine Symposium*

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### REGISTRATION FEES

<input type="checkbox"/> Physicians	\$325	<input type="checkbox"/> Mount Sinai Health System (MSHS) Physicians	\$225
<input type="checkbox"/> Allied Health Professionals	\$275	<input type="checkbox"/> Mount Sinai Health System (MSHS) Allied Health Professionals	\$175
<input type="checkbox"/> Residents, Fellows	\$200	<input type="checkbox"/> Mount Sinai Health System (MSHS) Residents, Fellows	*Complimentary
<input type="checkbox"/> <b>Saturday, October 20th – Optional</b> <i>(add additional fee to total above)</i> ABIM MOC / SEP Module–2018-19 Update in Hospital Medicine	\$ 75	<i>*To receive complimentary registration code Mount Sinai Health System (MSHS) Residents and Fellows must email: <a href="mailto:cme@mssm.edu">cme@mssm.edu</a> with a copy of their Hospital ID or letter from their program director; then Register Online. MSHS Residency and Fellowship will be verified.</i>	

Yes, I would like information about The Society of Hospital Medicine (SHM) [www.joinshm.org](http://www.joinshm.org)

**Online Registration: <https://mssm.cloud-cme.com>**

LAST NAME	FIRST NAME	(MD, RN, etc.)
MAILING ADDRESS		
CITY	STATE	ZIP
TELEPHONE	FAX	
EMAIL	SPECIALTY	
INSTITUTION/AFFILIATION		

### TWO WAYS TO REGISTER

■ Online at <https://mssm.cloud-cme.com>

■ Mail this form with your check to: Icahn School of Medicine at Mount Sinai  
The Page and William Black Post-Graduate School  
One Gustave L. Levy Place, Box 1193  
New York, NY 10029-6574

Enclosed is my check for \$ \_\_\_\_\_ payable to **Icahn School of Medicine at Mount Sinai**

■ Cancellation Policy: All refund and cancellation requests must be emailed to the CME office at [cme@mssm.edu](mailto:cme@mssm.edu) by October 12, 2018. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50.

For conference information, please call the Office of CME at  
212-731-7950 or email [cme@mssm.edu](mailto:cme@mssm.edu)

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**WORKSHOP TRACKS!**

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- ◆ Hospitalist Specialist
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