

COURSE DESCRIPTION

Challenges in Internal Medicine is a 3-day CME program sponsored by the Department of Medicine of the Icahn School of Medicine at Mount Sinai. The goal of this course is to offer providers of primary care services with the newest pharmacologic and technologic breakthroughs, updates in clinical therapeutic guidelines, and highlights of recent advances in the practice of Internal Medicine. The intended audience for this course are Internist, Family Practitioner, Nurse Practitioner and Physician Assistant and their trainees.

Primary care is growing increasingly more difficult due to the complexity of the patient's medical condition coupled with advances in clinical management. This course is geared to help providers practice evidence-based medicine from today's scientific literature. The outcome from this format is to help the clinician to better manage their patients using the latest evidence based practices.

All of the discussants incorporate recent scientific literature for their talks. Importantly, many of the lectures chosen are from the current year's Divisional and Departmental Grand Rounds.

MANAGING DISEASE PROCESSES

- Chronic Disease Management
- Concomitant Comorbidities

MEDICAL CONUNDRUMS

- Challenging Scenarios
- Helpful Pearls
- Clinical Reasoning for Common Problem

NEW DIAGNOSTIC MODALITIES

- What's New in Gastroenterology/Hepatology

WHO SHOULD ATTEND:

- Primary Care Physician
- Nurse Practitioner
- Physician Assistant
- Fellows & Resident
- Specialist Physician

EDUCATIONAL OBJECTIVES:

At the conclusion of this activity, participants will be able to:

- **Identify** new trends in US healthcare that will allow healthcare providers to maximize efficiency within their practice aligning practitioners to new recommended guidelines.
- **Identify** current therapeutic options for specific disorders commonly seen in practice and apply when appropriate.
- **Review and interpret** up-to-date literature relevant to clinical practice in the following therapeutic areas: Cardiology, orthopaedics, liver disease, hematology/oncology, rheumatology, gastroenterology, and endocrinology.

<https://mssm.cloud-cme.com>

GENERAL INFORMATION

Accommodations:

A limited number of discounted sleeping rooms have been reserved. Please contact Housing Manager, Denise Newman: email: dnew229@aol.com, text: 347-236-7181 phone: 718-835-4911 to make your reservation.

Parking /Visiting us

<http://icahn.mssm.edu/about/visiting>

Syllabus

Registered participants will be provided with a link to the Course Syllabus.



REGISTRATION

Registration Fee:

(includes continental breakfasts, breaks, lunch and electronic syllabus)

	Registration	
	Fee	Onsite
■ Physician	\$700	\$750
■ Nurse, Physician Assistant, Allied Health Professional	\$600	\$650
■ Mount Sinai Health System Faculty and Staff	\$600	\$650
■ Mount Sinai Health System Resident, Fellow and Medical Student	\$ 75	\$ 125

Online Registration:

<https://mssm.cloud-cme.com>

CHALLENGES IN INTERNAL MEDICINE JUNE 20-22, 2018

Register early, space is limited.

- Physician
- Nurse, Physician Assistant, Allied Health Professional
- Mount Sinai Health System Faculty and Staff
- Mount Sinai Health System Resident, Fellow and Medical Student

	Registration	
	Fee	Onsite
■ Physician	\$700	\$750
■ Nurse, Physician Assistant, Allied Health Professional	\$600	\$650
■ Mount Sinai Health System Faculty and Staff	\$600	\$650
■ Mount Sinai Health System Resident, Fellow and Medical Student	\$ 75	\$ 125

PLEASE PRINT CLEARLY

Last _____ First _____

Credentials (MD, RN, etc.) _____

Mailing Address _____

City _____ State _____ Zip _____

Phone _____

E-Mail Address (Please include your email address as only e-confirmations will be sent) _____

Specialty _____

Affiliation _____

TWO WAYS TO REGISTER:

☞ Online at <https://mssm.cloud-cme.com>

- ☒ Mail this form with your check to:
Icahn School of Medicine at Mount Sinai
The Page and William Black
Post-Graduate School
One Gustave L. Levy Place, Box 1193
New York, NY 10029-6574
- ☐ Enclosed is my check for \$ _____ payable to: The Page and William Black Post-Graduate School

For security purposes, credit card payment cannot be accepted by mail or fax. Please visit <https://mssm.cloud-cme.com> to register and pay by credit card.

For conference information, please call the Office of CME office at 212-731-7950 or cme@mssm.edu



Wednesday, Thursday, Friday
June 20-22, 2018

Course Directors

Yousaf Ali, MD
John A. Andrilli, MD
Christina M. Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

Icahn School of Medicine at Mount Sinai

Hess Center for Science and Medicine

The Bonnie M. Davis, MD and Kenneth L. Davis, MD Auditorium, 2nd floor

1470 Madison Avenue (Between 101st and 102nd Streets)

New York, NY

Celebrating
50
years
1968-2018



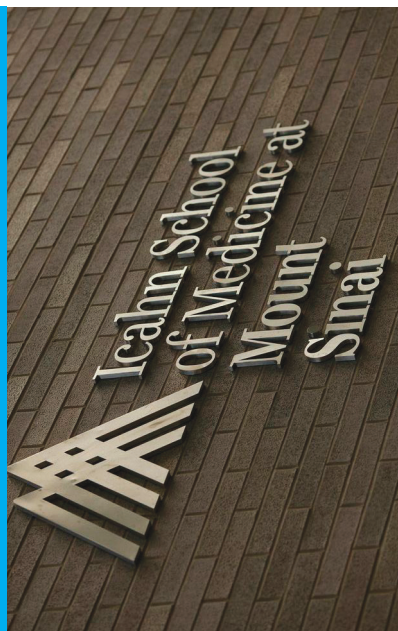
Icahn School
of Medicine at
Mount
Sinai

Sponsored by
Samuel Bronfman Department of Medicine
Icahn School of Medicine at Mount Sinai
Mount Sinai Health System

Icahn School of Medicine at Mount Sinai
The Page and William Black
Post-Graduate School
One Gustave L. Levy Place, Box 1193
New York, NY 10029-6574



June 20-22, 2018



CHALLENGES
IN INTERNAL MEDICINE

<https://mssm.cloud-cme.com>

COURSE DIRECTORS/PLANNING COMMITTEE

Yousaf Ali, MD, FACR
Associate Professor of Medicine
Chief, Division of Rheumatology
Mount Sinai West and Mount Sinai St. Luke's

John A. Andrilli, MD
Associate Professor of Medicine
Program Director, Internal Medicine Residency
Mount Sinai West and Mount Sinai St. Luke's

Christina M. Cruz, MD
Assistant Professor of Medicine
Associate Program Director for Ambulatory Care
Internal Medicine Residency Program
Mount Sinai Beth Israel

Douglas T. Dieterich, MD
Professor of Medicine
Director, Institute for Liver Medicine
Mount Sinai Health System

David C. Thomas, MD, MHPE
Professor of Medicine, Medical Education and
Rehabilitation Medicine
Vice Chair for Education
Associate Dean for CME
Mount Sinai Health System

FACULTY

Sherley Abraham, MD
Assistant Professor of Medicine,
Endocrinology, Diabetes and Bone Disease

Jawad Ahmad, MD
Professor of Medicine, Liver Diseases

Amon Asgharpour, MD
Assistant Professor of Medicine, Liver Diseases

Kirk N. Campbell, MD
Assistant Professor of Medicine, Nephrology

Daniel S. Caplivski, MD
Associate Professor of Medicine, Infectious Diseases

Sarah P. Cate, MD
Assistant Professor of Surgery

Nisha Chadha, MD
Assistant Professor of Ophthalmology

Lawrence I. Cytryn, MD
Senior Faculty of Medicine, Hematology and
Medical Oncology

Demetre C. Daskalakis, MD, MPH
Deputy Commissioner, Division of Disease Control
New York City Department of Health and Mental Hygiene

Karim El Hachem, MD
Assistant Professor of Medicine, Nephrology

Icilma V. Fergus, MD
Associate Professor of Medicine, Cardiology

Dennis Finkelstein, MD, FACC, FASE
Associate Professor of Medicine, Cardiology

Harry D. Fischer, MD
Associate Professor of Medicine, Rheumatology

George Han, MD, PhD
Assistant Professor of Dermatology

Steven Itzkowitz, MD
Professor of Medicine and Oncological Sciences

Melissa Leber, MD
Assistant Professor of Orthopedics

Rosanne M. Leipzig, MD, PhD
Professor of Geriatrics and Palliative Medicine

James Marion, MD
Professor of the Practice of Medicine

Bryan C. Markinson, DPM
Assistant Professor of Orthopaedics and Pathology

Barbara Murphy, MD
Murray M. Rosenberg Professor of Medicine
System Chair, Department of Medicine
Dean for Clinical Integration and Population Health
Icahn School of Medicine at Mount Sinai

Satish Nagula, MD
Associate Professor of Medicine, Gastroenterology

Bradford Parsons, MD
Associate Professor, Orthopedics

Lauren Peccoraro, MD, MPH
Assistant Professor of Medicine, General Internal Medicine

Ponni Perumalswami, MD
Associate Professor of Medicine, Liver Diseases

Sean Pinney, MD
Professor of Medicine, Cardiology
Director, Advanced Heart Failure &
Cardiac Transplant Program

Charles A. Powell, MD
Professor of Medicine, Pulmonary, Critical Care and
Sleep Medicine

Linda Rogers, MD
Associate Professor of Medicine, Pulmonary,
Critical Care and Sleep Medicine

Donald A. Smith, MD
Professor of Medicine, Cardiology

Reshmi Srinath, MD
Assistant Professor of Medicine, Endocrinology,
Diabetes and Bone Disease

Che-Kai Tsao, MD
Assistant Professor of Medicine, Hematology and
Medical Oncology
Medical Director, Ruttenberg Treatment Center

Antonio E. Urbina, MD
Associate Professor of Medicine, Infectious Diseases
Medical Director, Institute for Advanced Medicine

Barbara Warren, PsyD
Assistant Professor of Medical Education



GENERAL INFORMATION

ACCREDITATION

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 22.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VERIFICATION OF ATTENDANCE

All professionals will be able to download, verification of attendance.

FACULTY DISCLOSURE

It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

SPECIAL NEEDS

Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations contact The Page and William Black Post-Graduate School at 212-731-7950.

COURSE LOCATION

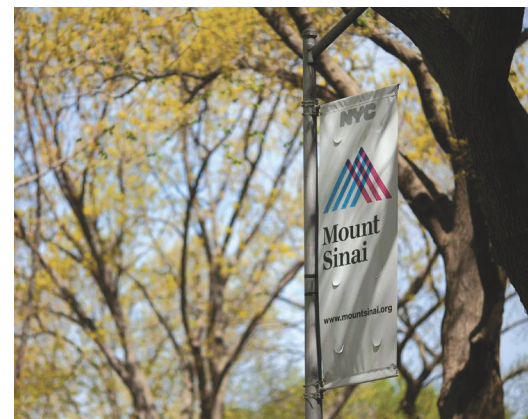
Hess Center for Science and Medicine
The Bonnie M. Davis, MD and Kenneth L. Davis, MD
Auditorium, 2nd floor
1470 Madison Avenue (Between 101st and 102nd streets)
New York, NY 10029

CANCELLATION POLICY

All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by June 11, 2018. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50.

CONFERENCE INFORMATION

Please contact: Office of CME 212.731.7950 or email cme@mssm.edu
Register online at <https://mssm.cloud-cme.com>



WEDNESDAY, JUNE 20, 2018

THURSDAY, JUNE 21, 2018

FRIDAY, JUNE 22, 2018

MANAGING DISEASE PROCESSES

7:30 – 8:20am
Registration and Continental Breakfast

8:20 – 8:30
Welcome from the Chair
Barbara Murphy, MD
Chair, Department of Medicine

8:30 – 8:45
Introduction and Welcome
Yousaf Ali, MD, FACR
John A. Andrilli, MD
Christina M. Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

DISEASE PROCESSES
Cardiology 2018

8:45 – 9:15
CHF: Management 2018
Sean Pinney, MD

9:15 – 9:45
Anticoagulation Management
Dennis Finkelstein, MD, FACC, FASE

9:45 – 10:15
Women and Heart Disease 2018 Update
Icilma V. Fergus, MD

10:15 – 10:30
Panel Discussion

10:30 – 10:45
Break

Renal Developments 2018

10:45 – 11:15
HTN: New Developments
Karim El Hachem, MD

11:15 – 11:45
A Better Way to Diagnose CKD
Kirk N. Campbell, MD

11:45 – 12:00
Panel Discussion

12:00 – 1:00pm
Lunch

ORTHOPAEDICS FOR PCP'S
Best Practice Strategies

1:00 – 1:30
Snap, Crackle, Pop: Diagnosis of Common Knee Problems
Melissa Leber, MD

1:30 – 2:00
The Foot as a Mirror of Systemic Disease
Bryan C. Markinson, DPM

2:00 – 2:30
Common Causes of Shoulder Pain
Bradford Parsons, MD

2:30 – 2:45
Panel Discussion

2:45 – 3:00
Break

NEW THERAPEUTIC MODALITIES

3:00 – 3:30
Advances in Inflammatory Arthritis
Harry D. Fischer, MD

3:30 – 4:00
The Approach to the Older Patient
Rosanne M. Leipzig, MD, PhD

4:00 – 4:30
Treating Mental Illness and Substance Abuse in Primary Care
Lauren Peccoraro, MD, MPH

4:30 – 5:00pm
Panel Discussion Conclusion

MEDICAL CONUNDRUMS

7:30 – 8:20am
Registration and Continental Breakfast

8:20 – 8:30
Introduction and Welcome
Yousaf Ali, MD, FACR
John A. Andrilli, MD
Christina M. Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

HELPFUL PEARLS

8:30 – 9:00
Leveraging Down LDLC: What's New?
Donald A. Smith, MD

9:00 – 9:30
Unconscious Bias
Barbara Warren, PsyD

9:30 – 10:00
Travel Medicine for the Internist
Daniel S. Caplivski, MD

10:00 – 10:15
Panel Discussion

10:15 – 10:30
Break

10:30 – 11:00
Asthma Update 2018
Linda Rogers, MD

11:00 – 11:30
Anemia for the PCP
Lawrence I. Cytryn, MD

11:30 – 12:00
CRC Screening Update
Steven Itzkowitz, MD

12:00 – 12:15
Panel Discussion

12:15 – 1:15pm
Lunch

HEP C UPDATES

1:15 – 1:45
NYS Screening for HepC
Ponni Perumalswami, MD

1:45 – 2:15
NASH
Amon Asgharpour, MD

2:15 – 2:45
New Therapies for HCV
Douglas T. Dieterich, MD

2:45 – 3:00
Panel Discussion

3:00 – 3:15
Break

CLINICAL REASONING FOR COMMON PROBLEMS

3:15 – 3:45
Interpretation of Normal & Abnormal Rheum Tests
Yousaf Ali, MD

3:45 – 4:15
The Red Eye
Nisha Chadha, MD

4:15 – 4:45
Abnormal LFTs – When to Refer
Jawad Ahmad, MD

4:45 – 5:00pm
Panel Discussion Conclusion

NEW DIAGNOSTIC MODALITIES

7:30 – 8:20am
Registration and Continental Breakfast

8:20 – 8:30
Introduction and Welcome
Yousaf Ali, MD, FACR
John A. Andrilli, MD
Christina M. Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

CHALLENGING SCENARIOS IN ONCOLOGY

8:30 – 9:00
Lung Cancer Update
Charles A. Powell, MD

9:00 – 9:30
Prostate Cancer Update
Che-Kai Tsao, MD

9:30 – 10:00
Global Breast Update
Sarah P. Cate, MD

10:00 – 10:15
Panel Discussion

10:15 – 10:30
Break

GI UPDATES

10:30 – 11:00
Update in Medical Therapy for IBD
James Marion, MD

11:00 – 11:30
Upper GI for PCP
Satish Nagula, MD

11:30 – 11:45
Panel Discussion

IMPROVING YOUR MANAGEMENT OF THE PATIENT WITH ENDOCRINE DISEASE IN 2018

11:45 – 12:15pm
Interpretation of TFTs
Reshmi Srinath, MD

12:15 – 12:45
Diabetes: Management in 2018
Sherley Abraham, MD

12:45 – 1:00
Panel Discussion

1:00 – 1:15
Break

HIV ADVANCES

1:15 – 1:45
JumpstART
Antonio E. Urbina, MD

1:45 – 2:15
Undetectable = Untransmittable
Demetre C. Daskalakis, MD, MPH

2:15 – 2:30
Panel Discussion

2:30 – 3:00
The Dermatology Top 10
George Han, MD, PhD

3:00 – 3:30
Closing Remarks/Adjournment

Agenda Subject to Change

AGENDA