



Icahn School  
of Medicine at  
**Mount  
Sinai**

# 16th Annual Mount Sinai Inflammatory Bowel Disease Consultant's Course

*IBD Treatment Strategies:  
From Controversy to Consensus*

**Friday, October 11, 2019**

Goldwurm Auditorium, Icahn School of Medicine at Mount Sinai  
1425 Madison Avenue at 98th Street, New York, NY

Sponsored by: The Dr. Henry D. Janowitz Division of Gastroenterology  
Department of Medicine, Icahn School of Medicine at Mount Sinai

<https://mssm.cloud-cme.com>

## Course Directors

**Benjamin L. Cohen, MD**

Associate Professor  
of Medicine  
Icahn School of Medicine  
at Mount Sinai

**Jean-Frédéric Colombel, MD**

Professor of Medicine  
Director, The Susan and Leonard  
Feinstein IBD Clinical Center and  
The Leona M. and Harry B. Helmsley  
Charitable Trust Inflammatory Bowel  
Disease Center

**Marla Dubinsky, MD**

Professor of Pediatrics and Medicine  
Chief, Pediatric Gastroenterology  
and Nutrition  
Co-Director, The Susan and Leonard  
Feinstein IBD Clinical Center  
Icahn School of Medicine at Mount Sinai

**Asher Kornbluth, MD**

Clinical Professor of Medicine  
Icahn School of Medicine at Mount Sinai

**James F. Marion, MD**

Professor of Medicine  
The Henry D. Janowitz Division of  
Gastroenterology  
Director of Education and Outreach  
The Susan and Leonard Feinstein  
IBD Clinical Center

## Co-Directors

**Robert Hirten, MD**

Assistant Professor of Medicine  
Icahn School of Medicine at Mount Sinai

**Maia Kayal, MD**

Assistant Professor of Medicine  
Icahn School of Medicine at Mount Sinai

**Ryan Ungaro, MD**

Assistant Professor of Medicine  
Icahn School of Medicine at Mount Sinai



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Time	Topic	Speaker
7:30-8:05	Registration	
8:05-8:15	Welcome	<b>James F. Marion, MD</b>
<b>Session 1</b>	<b>New and Emerging Therapies</b>	
8:15-8:35	Positioning Biologic and Small Molecule Therapies for UC	<b>Jean-Frédéric Colombel, MD</b>
8:35-8:55	You don't know JAK: User's guide to Tofa/JAK inhibitors	<b>Bruce E. Sands, MD</b>
8:55-9:15	Bacterio-therapy in IBD: What can we do now and what may we do in the future?	<b>Ari Grinspan, MD</b>
9:15-9:35	Panel Q&A	
<b>Session 2</b>	<b>Challenging Clinical Scenarios</b>	
9:35-9:55	Pregnancy in IBD: A Care Pathway for Success	<b>Uma Mahadevan, MD</b>
9:55-10:15	Spondyloarthropathy in the setting of IBD	<b>Margrit Wiesendanger, MD, PhD</b>
10:15-10:35	The new combo therapy: Marijuana and Opiates - Managing chronic pain and IBS in IBD patients	<b>Laurie Keefer, PhD</b>
10:35-10:55	Panel Q&A	
10:55-11:10	Break	
<b>Session 3</b>	<b>Optimizing Treatment of Your IBD Patient</b>	
11:10-11:35	<b>Lloyd Mayer memorial Lecture:</b> Optimizing IBD through diet: Therapy and Prevention	<b>James D. Lewis, MD, MSCE</b>
11:35-11:55	Therapeutic Drug Monitoring to Optimize Therapy	<b>Maia Kayal, MD</b>
11:55-12:15	Peri-operative medical management to optimize the IBD patient for surgery	<b>Benjamin L. Cohen, MD</b>
12:15-12:35	Panel Q & A	
12:35-1:45	<b>Challenging Cases Working Lunch</b>	
<b>Session 4</b>	<b>Debates in Crohn's Disease Management and Hot Takes</b>	
1:45-2:00	<b>Pro 1</b> - Mild Crohn's Disease should be treated with biologics from the start	<b>Robert Hirten, MD</b>
2:00-2:15	<b>Con 1</b> - Mild Crohn's Disease should be treated with watchful waiting or non-biologic therapies	<b>Ryan Ungaro, MD</b>
2:15-2:25	Debate 1 Panel Q&A	
2:25-2:40	<b>Pro 2</b> - Anti-TNF therapy should be the first line biologic for moderate to severe Crohn's Disease	<b>Asher Kornbluth, MD</b>
2:40-2:55	<b>Con 2</b> - Ustekinumab and Vedolizumab should be used as first line therapy for moderate to severe Crohn's Disease	<b>James F. Marion, MD</b>
2:55-3:10	Debate 2 Panel Q&A	
3:10-3:50	Hot Takes for Twitter - Rapid Fire Q&A	
3:50-4:00	Conclusion	

### Program Goals

The Mount Sinai Inflammatory Bowel Diseases Consultant's Course will provide an in-depth review of strategies for participants to better diagnosis, classify and achieve remission in patients with Crohn's disease and ulcerative colitis. State-of-the-art lectures will be given by expert faculty on optimizing therapies, innovative treatment of fistula, epidemiology of IBD and challenging clinical scenarios such as cancer prevention in colitis, IBD in pregnant and nursing mothers and the elderly.

Case-based discussions and debates will be held. The goal is to help IBD caregivers and physicians meet the needs of our IBD patients by addressing sub-optimal disease control, preventable disease complications, and potential negative consequences of therapy such as serious infections and cancer.

The Icahn School of Medicine at Mount Sinai course directors have selected experts in this field to lend their expertise to highlight the latest advances in the treatment to a disease that affects about 1.6 million people in the US. There will be many opportunities for audience interaction and participation at this year's course.

### Program Objectives

At the conclusion of the conference, participants will be able to:

- Describe indications and adverse events associated with tofacitinib use.
- Describe treatment options for special populations including pregnant patients and patients with inflammatory spondyloarthritis.
- Describe the evidence for diet based interventions in the management of inflammatory bowel disease.
- Describe appropriate implementation of therapeutic drug monitoring in clinical practice.
- Identify the rationale for positioning of biologic therapies for Crohn's disease and ulcerative colitis.

### Who Should Attend

Gastroenterologists, Colorectal Surgeons, Primary Care Physicians, PAs and other healthcare professionals caring for patients with IBD or colorectal cancer.

### Accreditation Statement

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Course Location

Goldwurm Auditorium  
1425 Madison Avenue at 98th St.  
New York, NY 10029

### Parking & Directions

Parking is available on East 99th Street between Madison and Park Avenue.  
Directions: [www.icahn.mssm.edu/about/visiting](http://www.icahn.mssm.edu/about/visiting)

### Registration Fees

- Physicians \$325
- Mount Sinai Health System (MSHS) Physicians \$300
- Allied Health Professionals \$100
- MSHS Allied Health Professionals \$75
- Fellows and Residents \$75
- Industry \$125

### Online Registration

<https://mssm.cloud-cme.com>

### Hotel Accommodations

Please contact Denise Newman at (718)835-4911 or email [dnew229@aol.com](mailto:dnew229@aol.com).

### Special Needs

Icahn School of Medicine is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend and require any special accommodations, please contact The Page and William Black Post-Graduate School at (212)731-7950.

For additional conference information, please call the **Office of CME: (212)731-7950** or email: [cme@mssm.edu](mailto:cme@mssm.edu).

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- MSHS Allied Health Professionals \$75
- Fellows and Residents \$75
- Industry \$125

## Or Register by Check



### Mail this form with your check to:

Icahn School of Medicine at Mount Sinai  
The Page and William Black Post-Graduate School  
One Gustave L. Levy Place, Box 1193  
New York, NY 10029-6574

LAST NAME FIRST NAME (MD, RN, etc.)

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Enclosed is my check for \$ \_\_\_\_\_ payable to:

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For security purposes, credit card payment cannot be accepted by mail or fax. Please visit [www.icahn.mssm.edu/cme/courses](http://www.icahn.mssm.edu/cme/courses) to register and pay by credit card: Visa, MC, AMEX.

### Cancellation policy

All refund and cancellation requests must be emailed to the CME office at [cme@mssm.edu](mailto:cme@mssm.edu) by October 4, 2019. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal or less than \$50.



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**Ryan Ungaro, MD**  
Assistant Professor of Medicine  
Icahn School of Medicine at Mount Sinai

### Guest Faculty

**James D. Lewis, MD, MSCE**  
Professor of Medicine  
University of Pennsylvania  
Division of Gastroenterology  
Center for Clinical Epidemiology  
and Biostatistics  
Philadelphia, PA

**Uma Mahadevan, MD**  
Professor of Clinical Medicine  
University of California San Francisco  
Medical Director, UCSF Colitis and Crohn's  
Disease Center  
San Francisco, CA

### Icahn School of Medicine at Mount Sinai Faculty

**Louis J. Cohen, MD**  
Assistant Professor of Medicine

**James George, MD**  
Clinical Instructor of Medicine

**Ari Grinspan, MD**  
Assistant Professor of Medicine

**Laurie Keefer, PhD**  
Associate Professor of Medicine

**Elana Maser, MD**  
Assistant Professor of Medicine

**Peter Rubin, MD**  
Associate Clinical Professor of Medicine

**Bruce E. Sands, MD**  
Dr. Burrill B. Crohn Professor of Medicine  
Chief of The Dr. Henry D. Janowitz  
Division of Gastroenterology

**Adam F. Steinlauf, MD**  
Associate Professor of Medicine

**Margrit Wiesendanger, MD, PhD**  
Assistant Professor of Medicine