

Celebrating  
**50**  
years  
1968-2018



Icahn School  
of Medicine at  
**Mount  
Sinai**

# 15th Annual Mount Sinai Inflammatory Bowel Disease Consultant's Course

*Reaching Remission in IBD:  
New targets – New strategies*

**Friday, October 12, 2018**

Goldwurm Auditorium

Icahn School of Medicine at Mount Sinai

1425 Madison Avenue at 98th Street

New York, NY

## Course Directors:

**Jean-Frédéric Colombel, MD**

Professor of Medicine  
Director of the Susan and Leonard  
Feinstein IBD Clinical Center and  
The Leona M. and Harry B. Helmsley  
Charitable Trust Inflammatory Bowel  
Disease Center

**Marla Dubinsky, MD**

Professor of Pediatrics and Medicine  
Chief Pediatric Gastroenterology  
and Hepatology  
Co-Director Susan and Leonard Feinstein  
IBD Clinical Center

**Asher Kornbluth, MD**

Clinical Professor of Medicine  
Icahn School of Medicine at Mount Sinai

**James F. Marion, MD**

Professor of Medicine  
Director of Education and Outreach  
Susan and Leonard Feinstein IBD Clinical Center

Sponsored by:  
The Dr. Henry D. Janowitz Division of Gastroenterology  
Department of Medicine  
Icahn School of Medicine at Mount Sinai

<https://mssm.cloud-cme.com>



# 15th Annual Mount Sinai Inflammatory Bowel Disease Consultant's Course

October 12, 2018

7:30-8:05	Registration	
8:05-8:15	Introduction and Welcome	
<b>Session 1A</b>	<b>The Problem of Remission</b>	
8:15-8:35	New Targets/New Drugs: Strategies to Remission	<b>Bruce E. Sands, MD</b>
8:35-8:55	When May I Stop/Reduce my Medication?	<b>Jean-Frédéric Colombel, MD</b>
8:55-9:15	TDM and Staging Response	<b>Marla Dubinsky, MD</b>
<b>Session 1B</b>	<b>The Problem of Fistulae</b>	
9:15-9:35	Treating the Inpatient with Severe UC	<b>Asher Kornbluth, MD</b>
9:35-9:55	Stem Cell Management of Fistulae	<b>Amy L. Lightner, MD</b>
9:55-10:15	Bone Marrow Transplant and IBD: Ready for Prime Time?	<b>Louis J. Cohen, MD</b>
10:15-10:30	<a href="#">Panel Discussion/Q&amp;A</a>	
10:30-10:45	Break	
<b>Session 2</b>	<b>Pathophysiology of IBD: New Suspects, New Mechanisms</b>	
10:45-11:05	<b>Lloyd Mayer Memorial Lecture</b> Using Epidemiology to Pursue Etiology in IBD	<b>Charles Bernstein, MD</b>
11:05-11:25	Environmental Pollutants and Toxins and IBD	<b>Manish K. Arora, PhD, MPH</b>
11:25-11:45	The Role of Integrin Blocking Therapies in Understanding IBD	<b>Saurabh Mehandru, MD</b>
11:45-12:05	Update on FMT and IBD	<b>Ari Grinspan, MD</b>
12:05-12:15	IPAA's: What Do They Tell Us About IBD?	<b>Maia Kayal, MD</b>
12:25-12:45	<a href="#">Panel Discussion/Q&amp;A</a>	
<b>Session 3</b>	<b>Working Lunch Lecture:</b>	
12:45-1:15	Diet, Marijuana and Supplements in IBD Science, Hope or Hoax?	<b>Adam F. Steinlauf, MD</b>
<b>Session 4</b>	<b>Challenging Clinical Problems in IBD</b>	
1:25-1:45	Rashes and Hair Loss in IBD: EIM or AE	<b>Jacob Levitt, MD</b>
1:45-2:05	Surveillance and IBD: Thinking Outside of the Lumen	<b>James F. Marion, MD</b>
2:05-2:25	IBD and IBS	<b>Clara Yzet, MD and Laurie Keefer, PhD</b>
2:25-2:45	IBD in the Elderly	<b>Benjamin L. Cohen, MD</b>
2:45-3:05	New Drugs and The Pregnant and Nursing Mother	<b>Marla Dubinsky, MD</b>
3:05-3:20	<a href="#">Panel Discussion/Q&amp;A</a>	
3:20-3:30	Conclusion	

### Program Goals

The Mount Sinai Inflammatory Bowel Disease Consultant's Course will provide an in-depth review of state-of-the-art diagnostic methods, medical and surgical therapeutic approaches, and cancer screening and prevention strategies in IBD. Course faculty will lend their expertise to each of the areas that will be highlighted at the symposium. Audience interaction and participation is strongly encouraged and there will be many opportunities for case discussions which have been a highlight of prior courses.

### Program Objectives

At the conclusion of the conference, participants will be able to:

- Describe recent innovations in biologic therapies and how to optimize their use in treatment of IBD.
- Identify evidence-based endoscopic approaches, including colonoscopic surveillance, therapeutics and how to appropriately and optimally apply them to clinical practice.
- Analyze controversial issues in the multidisciplinary management of IBD with consideration for the special patient populations and identify the risks and benefits of treatment options.

### Who Should Attend

Gastroenterologists, Colorectal Surgeons, Primary Care Physicians, PAs and other healthcare professionals caring for patients with IBD or colorectal cancer.

### Accreditation Statement

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Course Location

Goldwurm Auditorium  
Icahn Medical Institute  
1425 Madison Avenue at 98th St.  
New York, NY 10029

### Parking & Directions

Parking is available on East 99th Street between Madison and Park Avenues.  
Directions: [www.ichan.mssm.edu/about/visiting](http://www.ichan.mssm.edu/about/visiting)

### Registration Fees

- Physicians \$325
- Mount Sinai Health System (MSHS) Physicians \$300
- Allied Health Professionals \$100
- MSHS Allied Health Professionals \$75
- Fellows and Residents \$75
- Industry \$125

### Online Registration

<https://mssm.cloud-cme.com>  
or call the Office of CME at (212)731-7950

### Hotel Accommodations

Please contact Denise Newman at (718)835-4911 or email [dnew229@aol.com](mailto:dnew229@aol.com).

### Special Needs

Icahn School of Medicine is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend and require any special accommodations, please contact The Page and William Black Post-Graduate School at (212)731-7950.

For additional conference information, please call the **Office of CME: (212)731-7950** or email: [cme@mssm.edu](mailto:cme@mssm.edu).

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## Or Register by Check



### Mail this form with your check to:

Icahn School of Medicine at Mount Sinai  
The Page and William Black Post-Graduate School  
One Gustave L. Levy Place, Box 1193  
New York, NY 10029-6574

LAST NAME FIRST NAME (MD, RN, etc.)

ADDRESS

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Enclosed is my check for \$\_\_\_\_\_ payable to:

**The Page and William Black Post-Graduate School**

For security purposes, credit card payment cannot be accepted by mail or fax. Please visit [www.ichan.mssm.edu/cme/courses](http://www.ichan.mssm.edu/cme/courses) to register and pay by credit card: Visa, MC, AMEX.

### Cancellation policy

All refund and cancellation requests must be emailed to the CME office at [cme@mssm.edu](mailto:cme@mssm.edu) by October 1, 2018. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal or less than \$50.







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Director of Education and Outreach  
Susan and Leonard Feinstein IBD  
Clinical Center

### Guest Faculty

**Charles Bernstein, MD**

Distinguished Professor of Medicine  
University of Manitoba  
Winnipeg, Manitoba

**Amy L. Lighter, MD**

Assistant Professor of Surgery  
Mayo Clinic College of Medicine  
Rochester, MN

### Icahn School of Medicine at Mount Sinai Faculty

**Manish K. Arora, PhD, MPH**

Professor of Environmental Medicine &  
Public Health

**Benjamin L. Cohen, MD**

Assistant Professor of Medicine

**Louis J. Cohen, MD**

Assistant Professor of Medicine

**Alexander Greenstein, MD, MPH**

Associate Professor of Surgery

**Ari Grinspan, MD**

Assistant Professor of Medicine

**Maia Kayal, MD**

Fellow Gastroenterology Department

**Laurie Keefer, PhD**

Associate Professor of Medicine  
and Psychiatry

**Jacob Levitt, MD**

Professor of Dermatology

**Saurabh Mehandru, MD**

Associate Professor of Medicine

**Bruce E. Sands, MD**

Dr. Burrill B. Crohn Professor of Medicine  
Chief of The Dr. Henry D. Janowitz  
Division of Gastroenterology

**Adam F. Steinlauf, MD**

Associate Professor of Medicine

**Clara Yzet, MD**

Visiting Fellow in Gastroenterology  
Feinstein IBD Center at Mount Sinai