

Icahn School of Medicine at Mount Sinai The Page & William Black Post-Graduate School One Gustave L. Levy Place Box 1193 New York, NY 10029

## Live Activity with Virtual Option **19th Annual Mount Sinai** Inflammatory Bowel Disease Consultant's Course

**Novel Therapies and Strategies** Friday, June 2, 2023

https://mssm.cloud-cme.com/IBD2023

### **Icahn School of Medicine** at Mount Sinai Course Directors

### Robert P. Hirten MD

Associate Professor of Medicine & Artificial Intelligence and Human Health, Associate Program Director of the Inflammatory Bowel Disease Fellowship

### Jean-Frédéric Colombel MD

Professor of Medicine, Director of The Clinical Susan and Leonard Feinstein Inflammatory Bowel **Disease Center.** Director of The Research Leona M. and Harry B. Helmsley Inflammatory Bowel Disease Center

### Marla Dubinsky MD

Professor of Pediatrics and Medicine, Chief of Pediatric Gastroenterology Co-Director of The Clinical Susan and Leonard Feinstein IBD Center

## Asher Kornbluth MD Clinical Professor of Medicine

Icahn School of Medicine at Mount Sinai

### James F. Marion MD

Professor of Medicine, Director of Education and Outreach The Susan and Leonard Feinstein Inflammatory

Bowel Disease Center

## **Co-Directors**

Maia Kayal MD Assistant Professor of Medicine Icahn School of Medicine at Mount Sinai

Ryan Ungaro MD Associate Professor of Medicine Icahn School of Medicine at Mount Sinai

## **Guest Faculty**

Ashwin Ananthakrishnan MD Associate Professor of Medicine Director, Crohn's and Colitis Center Massachusetts General Hospital Boston, MA

**Icahn School of Medicine** at Mount Sinai Faculty

Manasi Agrawal MD Assistant Professor of Medicine

Abhik Bhattacharya MD Assistant Professor of Medicine

Daniel Caplivski MD Professor of Medicine, Division of Infectious Disease

Louis J. Cohen MD Assistant Professor of Medicine

Zoe Gottlieb MD Assistant Professor of Medicine Alexander Greenstein MD, MPH Associate Professor of Surgery/Assistant Professor of Population Health Science and Policy

Sergey Khaitov MD Assistant Professor of Surgery

Elana Maser MD Assistant Professor of Medicine

Saurabh Mehandru MD Professor of Medicine

Peter Rubin MD Associate Clinical Professor of Medicine

**David Sachar MD Clinical Professor of Medicine** 

Bruce E. Sands MD Dr. Burrill B. Crohn Professor of Medicine, Chief, Division of Gastroenterology

**Elizabeth Spencer MD Assistant Professor of Medicine** 

Adam F. Steinlauf MD Associate Professor of Medicine. Director of IBD Clinical Trial Recruitment, The Susan and Leonard Feinstein Inflammatory **Bowel Disease Center** 

Serre-Yu Wong MD Instructor of Medicine

FACULTY DISCLOSURE: It is the policy of Icahn School of Medicine at Mount Sinai (ISMMS) to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-accredited educational activities. All faculty participating in the planning or implementation of an activity accredited by ISMMS are expected to disclose all of their financial relationships with ineligible companies existing within the prior 24 months. Relevant financial relationships will be mitigated and disclosed to learners before the activity takes place. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material. Refusal to disclose will prohibit participation in an Icahn School of Medicine at Mount Sinai CME-sponsored activity.



## **Course Directors**

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# **Live Activity**

# **19th Annual Mount Sinai Inflammatory Bowel Disease Consultant's Course**

Goldwurm Auditorium Icahn Medical Institute 1425 Madison Avenue at East 98th Street New York, NY 10029

Sponsored by: The Dr. Henry D. Janowitz Division of Gastroenterology Department of Medicine, Icahn School of Medicine at Mount Sinai





## **Novel Therapies and Strategies**

## Friday, June 2, 2023

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## Friday, June 2, 2023

| <b>TIME (Eastern)</b><br>8:00 - 8:05am  | <b>TOPIC</b><br>Welcome & Introduction  | SPEAKER(S)/MODERATOR<br>Robert Hirten MD   | lectures will be given by expert faculty on optimizing therapie<br>innovative treatment, and epidemiology of IBD. This onsite ac<br>and live webinar will confront challenging clinical scenarios si<br>as IBD Mimickers, GI Bleeds, and Extraintestinal Manifestatio<br>IBD. The goal is to meet the need of our IBD patients by addr<br>sub-optimal disease control, preventable disease complication<br>potential negative consequences of therapy.  |  |
|---|---|--|---|--|
| SESSION 1   | The New Kids on the Block (8:05am-9:15am)   | Jean-Frédéric Colombel MD - MODERATOR  | Case-based discussions and debates will be held. The goal is  |  |
| 8:05 - 8:20<br>8:20 - 8:35<br>8:35 - 8:50<br>8:50 - 9:05<br>9:05 - 9:15             | Risankizumab, Upadacitinib, Ozanimod: How Do They Work<br>Safety and Efficacy of Risankizumab, Upadacitinib, and Ozanimod<br>Medication Positioning: What to Start and When<br>Combining Medications: Can and Should it Be Done<br>Q & A/Panel Discussion | Saurabh Mehandru MD<br>Asher Kornbluth MD<br>Bruce E. Sands MD<br>Robert Hirten MD | IBD caregivers and physicians meet the needs of our IBD pat<br>by addressing sub-optimal disease control, preventable disea<br>complications, and potential negative consequences of thera<br>as serious infections and cancer.<br>The Icahn School of Medicine at Mount Sinai course director<br>selected experts in this field to lend their expertise to highligi<br>latest advances in the treatment of a disease that affects abo<br>1.6 million people in the US. There will be many opportunities<br>audience interaction and participation at this year's course. |  |
| SESSION 2   | Positioning and Sequencing (9:15am-10:10am)   | Robert Hirten MD - MODERATOR   | <b>Program Objectives</b><br>At the conclusion of the conference, the participants will be a  |  |
| 9:15 - 9:40   | Lloyd Mayer Lecture - Rationalization of Medication Selection<br>and Predictors of Drug Response  | Ashwin Ananthakrishnan MD  | <ul> <li>Describe the use and adverse events associated with ozan<br/>risankizumab, and upadacitinib.</li> </ul>  |  |
| 9:40 -10:00   | Case Discussion: Which Medication to Choose and When to Use it  | David Sachar MD - MODERATOR,<br>Bruce E. Sands MD, Jean-Frédéric Colombel MD,      | Describe treatment options for special populations includi<br>pregnant patients and patients with penetrating sequelae.   |  |
| 10:00 - 10:10   | Q & A/Panel Discussion  | Marla Dubinsky MD, Asher Kornbluth MD  | Describe appropriate implementation of therapeutic drug<br>monitoring and treat-to-target approaches in clinical practi   |  |
| 10:10 - 10:20   | Morning Break   |  | Identify the rationale for positioning of biologic therapies for<br>Crohn's disease and ulcerative colitis.   |  |
| SESSION 3   | Monitoring and Predicting Disease (10:20am-11:15am)   | Marla Dubinsky MD - MODERATOR  | Who Should Attend<br>Gastroenterologists, Colorectal Surgeons, Primary Care   |  |
| 10:20 - 10:35<br>10:35 - 10:50<br>10:50 - 11:05<br>11:05 - 11:15                    | Intestinal Ultrasound in IBD<br>Non-Invasive Monitoring of Disease<br>Therapeutic Drug Monitoring<br>Q & A/Panel Discussion   | Elizabeth Spencer MD<br>Manasi Agrawal MD<br>Abhik Bhattacharya MD                 | Accreditation Statement<br>The Icahn School of Medicine at Mount Sinai is accredited<br>by the Accreditation Council for Continuing Medical<br>Education to provide continuing medical education for physic   |  |
| SESSION 4   | Complex IBD and Surgery (11:15am-12:25pm)   | Asher Kornbluth MD - MODERATOR   | Credit Designation<br>The Icahn School of Medicine at Mount Sinai designates this   |  |
| 11:15 - 11:30<br>11:30 - 11:45<br>11:45 - 12:00pm<br>12:00 - 12:15<br>12:15 - 12:25 | Management of Perianal Crohn's Disease<br>New Surgical Techniques in IBD<br>Updates in the J-Pouch<br>Managing IBD Without a Center<br>Discussion/Q&A   | Serre-Yu Wong MD<br>Sergey Khaitov MD<br>Maia Kayal MD<br>Elana Maser MD           | activity for a maximum of 6.75 <i>AMA PRA Category 1 Credit(s,</i><br>Physicians should claim only the credit commensurate with the extent of their participation in the activity.<br>Course Location<br>Goldwurm Auditorium, Icahn Medical Institute<br>1425 Madison Avenue at East 98th Street<br>New York, NY 10029  |  |
| 12:25 - 1:00  | Lunch Break   |  | Parking & Directions<br>Parking is available on East 99th Street between Madison an<br>Park Avenue.   |  |
| SESSION 5   | Health Maintenance and Pregnancy (1:00pm-1:55pm)  | James F. Marion MD - MODERATOR   | Directions: www.icahn.mssm.edu/about/visiting   |  |
| 1:00 - 1:15<br>1:15 - 1:30<br>1:30 - 1:45<br>1:45 - 1:55                            | Fertility in IBD<br>New IBD Medications and Pregnancy<br>Vaccinations in IBD: An Update<br>Discussion/Q&A   | Marla Dubinsky MD<br>Zoe Gottlieb MD<br>Daniel Caplivski MD                        | Registration FeesIn PersonVirtualPhysicians\$100.00\$75.00Allied Health Professionals\$75.00\$50.00Residents & FellowsComplimentary   |  |
| SESSION 6   | Great Debates in IBD (1:55pm- 3:25pm)   | Peter Rubin MD - MODERATOR   | Online Registration<br>https://mssm.cloud-cme.com   |  |
| 1:55 - 2:15<br>2:15 - 2:25  | To Deescalate vs Never Stop Medications<br>Discussion/Q&A   | Jean-Frédéric Colombel MD vs Adam F. Steinlauf MD                                  | Hotel Accommodations<br>Please contact Denise Newman at (718) 835-4911<br>or email dnew229@aol.com.   |  |
| 2:25 - 2:45<br>2:45 - 2:55<br>2:55 - 3:15   | Early Surgery VS Biologics for Ileal Crohn's Disease<br>Discussion/Q&A<br>Optimal Target of Therapy: Clinical and Endoscopic Remission<br>vs Endoscopic and Histologic Remission  | Alex Greenstein MD vs James F. Marion MD<br>Ryan Ungaro MD vs Louis Cohen MD       | Special Needs<br>Icahn School of Medicine is in full compliance with provisions<br>the Americans with Disabilities Act (ADA) and is accessible for<br>individuals with special needs. If you would like to attend and   |  |
| 3:15 - 3:25<br>3:25 - 3:30  | Q & A/Panel Discussion<br>Wrap Up & Adjournment   | Robert Hirten MD   | any special accommodations, please contact The Page and V<br>Black Post-Graduate School at (212) 731-7950.<br>For additional conference information, please call the<br><b>Office of CME: (212) 731-7950</b> or <b>email: cme@mssm.edu.</b>   |  |

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Program Goals The 19th Annual Mount Sinai Inflammatory Bowel Disease

Consultant's Course will provide an in-depth review of strategies

for participants to better diagnose, classify and achieve remission

in patients with Inflammatory Bowel Diseases. State-of-the-art will be given by expert faculty on optimizing therapies,

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## **Register Online** (Preferred)

https://mssm.cloud-cme.com/IBD2023

## **Registration Fees**

|                          | In Person |               | Virtual |  |
|--------------------------|-----------|---------------|---------|--|
| ysicians                 | \$100.00  |               | \$75.00 |  |
| ied Health Professionals | \$75.00   |               | \$50.00 |  |
| sidents & Fellows        |           | Complimentary |         |  |

## **Or Register by Check**



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## Mail this form with your check to:

Icahn School of Medicine at Mount Sinai The Page and William Black Post-Graduate School One Gustave L. Levy Place, Box 1193 New York, NY 10029-6574

| LAST NAME   | FIRST NAME             | (MD, RN, etc.) |  |  |
|---|------------------------|----------------|--|--|
| ADDRESS   |                        |                |  |  |
| CITY  | STATE ZIP              |                |  |  |
| ()<br>TELEPHONE   | INSTITUTION/AFFILIATIO | N              |  |  |
| EMAIL   | SPECIALTY              |                |  |  |
| Enclosed is my check for \$ payable to: The Page and William Black Post-Graduate School |                        |                |  |  |

For security purposes, credit card payment cannot be accepted by mail or fax. Please visit www.icahn.mssm.edu/cme/courses to register and pay by credit card: Visa, MC, AMEX.

## **Cancellation policy**

All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by May 23, 2023. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal or less than \$50.