



Icahn  
School of  
Medicine at  
Mount  
Sinai



# Advances in MOVEMENT DISORDERS

*The 10th Annual NYC  
Movement Disorder  
CME Symposium*

**LIVE VIRTUAL  
CME EVENT**

**Sunday, May 23, 2021**

**Course Directors** **VICKI SHANKER, MD**  
Associate Professor  
Director, Neurology Residency  
Icahn School of Medicine at Mount Sinai (MSBI/MSW)

**SUSAN B. BRESSMAN, MD**  
Mirken Professor of Neurology  
Director, Bonnie and Tom Strauss Movement Disorders Center  
Icahn School of Medicine at Mount Sinai

**Sponsored by** Bonnie and Tom Strauss Movement Disorders Center  
Department of Neurology  
Icahn School of Medicine at Mount Sinai

<https://mssm.cloud-cme.com/MovementDisorder>

## PROGRAM DESCRIPTION

This full-day annual symposium provides clinicians in the tri-state community with a comprehensive review of cutting-edge practices in the diagnosis and management of movement disorders. A broad spectrum of diseases including Parkinson disease, tremor, dystonia, and ataxia will be addressed. Through didactic lecture, video review, and interactive breakout sessions with expert clinicians, attendees will learn about current medical and cutting-edge diagnostic and management strategies including chemodeneration and deep brain stimulation (DBS).

## LEARNING OBJECTIVES

- **Recognize** the clinical presentations (abnormal movements) that characterize movement disorders.
- **Devise** an appropriate diagnostic and management strategy for the patient with Parkinson disease.
- **Describe** an appropriate movement disorder candidate for DBS (deep brain stimulation) surgical intervention.
- **Describe** the assessment and management strategy for a patient with ataxia.
- **Discuss** management options for dystonia including local injections of botulinum toxin and deep brain stimulation (DBS).
- **Discuss** the new essential tremor classification system and treatment options including deep brain stimulation and magnetic resonance imaging guided high intensity focused ultrasound.

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### Who Should Attend?

This CME activity is designed for adult neurologists as well as other specialists in related fields (neurosurgery, psychiatry, rehabilitation medicine, internal medicine, pediatrics, geriatrics); residents and fellows; and other healthcare professionals involved in the care of patients with movement disorders (nurse practitioners, nurses, physician assistants, physical and occupational therapists).

### Accreditation

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

### Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Verification of Attendance

Verification of attendance will be provided to all professionals.

### Special Needs

The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations please contact the Page and William Black Post-Graduate School of Medicine at [cme@mssm.edu](mailto:cme@mssm.edu).

### Faculty Disclosure

It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

# PROGRAM



8:00 AM	<b>Welcome &amp; Introductions</b> Vicki Shanker, MD
8:15–9:00	<b>Update on Motor Treatment of Parkinson Disease: New Drugs &amp; Clinical Trial Results</b> Matthew Swan, MD
9:00–9:15	<b>Q&amp;A</b>
9:15–10:00	<b>KEYNOTE ADDRESS</b> <b>Cerebellar Ataxia: Diagnosis and Emerging Therapies in the Age of Precision Medicine</b> Sheng-Han Kuo, MD
10:00–10:15	<b>Q&amp;A</b>
10:15–10:30	<b>Break: Virtual Exhibit Hall</b>
10:30–11:00	<b>Shaking It Up: New Definitions of ET and an Updated Treatment Approach</b> Vicki Shanker, MD
11:00–11:15	<b>Q&amp;A</b>
11:15–11:45	<b>The Twists &amp; Turns of Dystonia: Update on Diagnosis and Therapeutics</b> Rachel Saunders-Pullman, MD, MPH
11:45–12:00 PM	<b>Q&amp;A</b>
12:00–1:00	<b>Lunch Break: Virtual Exhibit Hall</b>
1:00–1:45	<b>An Update on Surgeries for Movement Disorders</b> Joohee Jimenez-Shahed, MD and Brian Kopell, MD
1:45–2:00	<b>Q&amp;A</b>
2:00–2:15	<b>Break: Virtual Exhibit Hall</b>
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2:15–3:15	<b>BREAKOUT SESSION</b>

**This breakout session will provide two options. Participants can make their selection based on interest and experience.**

*Group A: Recommended for Movement Disorder Specialists and Trainees*

*Group B: Recommended for General Practitioners and Non-Specialists*

## GROUP A

### Approach to Challenging Cases for the Movement Disorder Clinician

2:15–2:45	<b>Case-Based Approach to Challenging Botulinum Toxin Injections</b> Winona Tse, MD
2:45–3:15	<b>Case-Based Approach to Challenging DBS Patients</b> Joohee Jimenez-Shahed, MD and Joan Miravite, DNP, RN, FNP-BC

## GROUP B

### Approach to Multidisciplinary Care of the Movement Disorder Patient

2:15–3:15	<b>Panel Discussion</b> Moderator: Fiona Gupta, MD <ul style="list-style-type: none"><li>- Psychiatry: Mark Groves, MD</li><li>- Exercise and PT/OT: Fiona Gupta, MD</li><li>- Social Work: Kataion Safavi, MSW</li></ul>
3:15–3:30	<b>Break: Virtual Exhibit Hall</b>
3:30–4:30	<b>Video Review: Challenging Movement Disorder Cases</b>
4:30	<b>Adjourn</b>

## FACULTY

### Icahn School of Medicine at Mount Sinai



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#### DIRECTORS

##### VICKI SHANKER, MD

Associate Professor of Neurology  
Icahn School of Medicine at Mount Sinai  
New York, NY

##### SUSAN B. BRESSMAN, MD

Mirken Professor of Neurology  
Icahn School of Medicine at Mount Sinai  
New York, NY

## GUEST FACULTY

##### SHENG-HAN KUO, MD

Assistant Professor of Neurology  
Director, Initiative for Columbia Ataxia and Tremor  
Columbia University Medical Center  
New York, NY

## For Conference Information

Email: [cme@mssm.edu](mailto:cme@mssm.edu)

#### FACULTY

##### MARK GROVES, MD

Assistant Clinical Professor  
Department of Psychiatry, and Neurology  
Icahn School of Medicine at Mount Sinai

##### FIONA GUPTA, MD

Assistant Professor of Neurology  
Icahn School of Medicine at Mount Sinai

##### JOOHI JIMENEZ-SHAHED, MD

Associate Professor of Neurology and Neurosurgery  
Icahn School of Medicine at Mount Sinai

##### BRIAN KOPELL, MD

Professor of Neurosurgery, Neurology, Psychiatry  
and Neuroscience  
Icahn School of Medicine at Mount Sinai

##### JOAN MIRAVITE, DNP, RN, FNP-BC

Department of Neurology  
Icahn School of Medicine at Mount Sinai

##### KATAION SAFAVI, MSW

Icahn School of Medicine at Mount Sinai

##### RACHEL SAUNDERS-PULLMAN, MD, MPH

Professor of Neurology  
Icahn School of Medicine at Mount Sinai

##### MATTHEW SWAN, MD

Assistant Professor of Neurology  
Icahn School of Medicine at Mount Sinai

##### WINONA TSE, MD

Associate Professor of Neurology  
Icahn School of Medicine at Mount Sinai

## Registration Fees

Physicians \$125

Mount Sinai Neurology Alumni \$ 65

Allied Health Professionals \$ 50

Residents/Fellows \$ 25

MSHS Residents/Fellows Complimentary\*

\*Complimentary registration for MSHS Residents and Fellows.  
Mount Sinai Health System (MSHS) Residents and Fellows must email [cme@mssm.edu](mailto:cme@mssm.edu) with a copy of their hospital ID to receive a Complimentary Online Registration Code. MSHS Residency and Fellowship will be verified.



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### HOW TO REGISTER:

Online: <https://mssm.cloud-cme.com/MovementDisorder>

### REGISTRATION FEES

- |   |                |
|---|----------------|
| <input type="checkbox"/> Physicians                   | \$125          |
| <input type="checkbox"/> Mount Sinai Neurology Alumni | \$ 65          |
| <input type="checkbox"/> Allied Health Professionals  | \$ 50          |
| <input type="checkbox"/> Residents/Fellows            | \$ 25          |
| <input type="checkbox"/> MSHS Residents/Fellows       | Complimentary* |

\*Complimentary registration for MSHS Residents and Fellows.

Mount Sinai Health System (MSHS) Residents and Fellows must email [cme@mssm.edu](mailto:cme@mssm.edu) with a copy of their hospital ID to receive a Complimentary Online Registration Code. MSHS Residency and Fellowship will be verified.

**Cancellation Policy:** All refund and cancellation requests must be emailed to the CME office at [cme@mssm.edu](mailto:cme@mssm.edu) by May 7, 2021. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal or less than \$50.

For Conference Information:  
Email: [cme@mssm.edu](mailto:cme@mssm.edu)



**Icahn School of Medicine at Mount Sinai**  
The Page and William Black Post Graduate School  
One Gustave L. Levy Place, Box 1193  
New York, NY 10029-6574

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