Meeting Chair
Hooman Khorasani, MD

Co-Chairs
Peter J. Taub, MD
Joshua D. Rosenberg, MD
Robert M. Schwarcz, MD

Icahn School of Medicine at Mount Sinai
New York, NY

May 18-19, 2019

Register at
www.CosmeticWorkshop.NYC

Sponsored by
The Kimberly and Eric J. Waldman Department of Dermatology
COURSE DESCRIPTION
This workshop is designed to provide practitioners and residents in the core aesthetic fields a comprehensive demonstration and training in soft tissue rejuvenation and reconstruction techniques. During the hands-on sessions, the latest techniques will be demonstrated by the experts performing procedures on live patients and on synthetic models. Participants will take home “pearls of wisdom” from the experts and experience hands-on training in the small group workshops. The course format will consist of lectures, panel discussions, question and answer sessions, and hands-on labs.

TARGET AUDIENCE
Physicians, Residents and Fellows from the five core specialties performing reconstructive and cosmetic surgery, dermatologic surgery, ENT (facial plastics), plastics, oculoplastics and maxillofacial surgery.

OBJECTIVES
Upon completion of this CME activity, the participant will be able to:
• Demonstrate proper patient selection for medical, surgical and cosmetic intervention for dermatologic and surgical conditions based on careful consideration of risk and benefit and the published guidelines.
• Evaluate and demonstrate knowledge and skills in dermatologic surgery, cosmetic dermatology, ophthalmologic surgery, oculoplastic surgery and maxillofacial surgery to improve patient outcomes.
• Assess recent advances in surgical and minimally invasive cosmetic procedures with emphasis on safety and efficacy for better patient outcomes.
• Compare alternative nonsurgical methods of facial rejuvenation including a range of fillers and fractional ablative technologies and formulate treatment plans based on known effectiveness of the therapy.
• Demonstrate and perform various reconstructive and cosmetic procedures on synthetic cadavers as well as on live patients through a multi-specialty approach which is aimed at improving performance in practice.
• Define and recognize knowledge and skills in human facial anatomy, danger zones, and common reconstructive and aesthetic techniques used in facial surgery.
• Apply knowledge regarding recent advances in the effective and safe treatment and management of cosmetic challenges and facial oncologic pathology.

ACCREDITATION
The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation
The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 15.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAD Recognized Credit Program
The AAD has discontinued recognized credit but credits can continue to be reported in the AAD CME Transcript by choosing the self-reported option in the transcript. For any questions about adding credits to the AAD CME Transcript, please contact the AAD Member Resource Center at (866) 503-7546.

Registered participants will be provided with a link to the Course Syllabus.
DERMATOLOGIC & COSMETIC SURGERY SECTION

Cerrene Giordano, MD
Instructor, Dermatology
Department of Dermatology
Division of Dermatologic & Cosmetic Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

David J. Goldberg, MD, JD
Director, Skin Laser & Surgery Specialists of NY/NJ
Clinical Professor, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

Gary Goldenberg, MD
Director, Goldenberg Dermatology
Assistant Clinical Professor, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

Marsha L. Gordon, MD
Professor and Vice Chair, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

Bruce Katz, MD
Clinical Professor, Dermatology
Icahn School of Medicine at Mount Sinai
New York, NY

Eyal Levit, MD
Adjunct Associate Clinical Professor
Icahn School of Medicine at Mount Sinai
Associate Clinical Professor, Dermatology
Columbia Presbyterian Medical Center
New York, NY

Matthew J. Lin, MD, MPH
Mohs Micrographic Surgery Fellow
Cosmetic Dermatologic Surgery Fellow
Icahn School of Medicine at Mount Sinai
New York, NY

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Désirée Ratner, MD
Clinical Professor, Dermatology
Icahn School of Medicine at Mount Sinai
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Richard Torbeck, MD
Voluntary Attending, Dermatology
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New York, NY

FACIAL PLASTIC SECTION

Joshua D. Rosenberg, MD
Assistant Professor, Otolaryngology
Co-Chief, Facial Plastic & Reconstructive Surgery Department of Otolaryngology
- Head & Neck Surgery
Icahn School of Medicine at Mount Sinai
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ROB M. SCHWARZ, MD
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Ophthalmpalogy
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COURSE CHAIR

DERMATOLOGICAL & COSMETIC SURGERY SECTION

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Dermatology
Chief, Division of Dermatologic & Cosmetic Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

COURSE CO-CHAIRS

PLASTIC SURGERY SECTION

Peter J. Taub, MD
Professor of Surgery & Pediatrics
Chief, Craniofacial Surgery
Division of Plastic and Reconstructive Surgery
Icahn School of Medicine at Mount Sinai
New York, NY

ADMINISTRATIVE LIAISON

Yvonne Meyers, BS, MS HCDL
Director, Dermatology Faculty & HR Affairs
Dermatology Department of the Mount Sinai Health System
New York, NY

FACULTY DISCLOSURE

It is the policy of Icahn School of Medicine to ensure objectivity, balance, independence, transparency and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.
**SATURDAY, MAY 18, 2019**  
Icahn School of Medicine at Mount Sinai

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
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<tbody>
<tr>
<td>07:00-08:00 AM</td>
<td><strong>REGISTRATION/BREAKFAST/EXHIBITS</strong></td>
<td>Davis Lobby</td>
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<tr>
<td>08:00-08:10 am</td>
<td>Introduction &amp; Facial Anatomy Review</td>
<td>Hooman Khorasani, MD</td>
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<tr>
<td>08:10-08:35 am</td>
<td>Upper Eyelid Blepharoplasty</td>
<td>Hooman Khorasani, MD</td>
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<tr>
<td>08:35-09:05 am</td>
<td>PRP &amp; Stem Cells</td>
<td>Gary Goldenberg, MD</td>
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<td>09:05-09:15 AM</td>
<td><strong>BREAK/EXHIBITS</strong></td>
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<tr>
<td>09:15-09:45 am</td>
<td>Lower Eyelid Blepharoplasty</td>
<td>Robert M. Schwarcz, MD</td>
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<td>10:00-10:30 am</td>
<td>Neck Liposuction</td>
<td>Sheila Nazarian, MD</td>
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<tr>
<td>10:30-11:00 am</td>
<td>Laser Resurfacing Update</td>
<td>Jeremy Brauer, MD</td>
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<td>11:00-11:15 AM</td>
<td><strong>BREAK/EXHIBITS</strong></td>
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<td>11:15-11:45 am</td>
<td>Buccal Fat Pad Removal</td>
<td>Sheila Nazarian, MD</td>
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<tr>
<td>11:45-12:15 pm</td>
<td>Body Contouring Update</td>
<td>Richard Swift, MD</td>
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<tr>
<td>12:15-12:45 pm</td>
<td>Cellulite Treatment</td>
<td>Bruce Katz, MD</td>
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<td>12:45-01:45 PM</td>
<td><strong>LUNCH / EXHIBITS</strong></td>
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<tr>
<td>01:45-02:25 pm</td>
<td>Part I / Live Demo</td>
<td>Lara Devgan, MD</td>
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<tr>
<td>02:25-03:05 pm</td>
<td>Part II / Live Demo</td>
<td>Hooman Khorasani, MD</td>
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<tr>
<td>03:20-05:20 pm</td>
<td><strong>HANDS-ON TRAINING WORKSHOPS IN THE LAB</strong></td>
<td>Hess Seminar Room A and Room 1260 Annenberg Building</td>
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<td>05:20 PM</td>
<td><strong>ADJOURN FOR THE DAY</strong></td>
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<td>Time</td>
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<td>07:00-08:00 AM</td>
<td>Registration/Breakfast/Exhibits</td>
<td>Davis Lobby</td>
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<td>07:00-08:00 AM</td>
<td>General Session</td>
<td>Davis Auditorium</td>
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<td>08:00-08:15 AM</td>
<td>Facial Anatomy Danger Zones Review</td>
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<td>08:15-08:45 AM</td>
<td>Skin Tightening</td>
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<td>Auricular Reconstruction</td>
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<td>09:30-10:00 AM</td>
<td>Peri-Oral Reconstruction</td>
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<td>10:00-10:30 AM</td>
<td>Nasal Reconstruction</td>
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<td>10:30-11:00 AM</td>
<td>Peri-Ocular Reconstruction</td>
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<td>11:15-11:45 AM</td>
<td>Cheek Reconstruction</td>
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<td>11:45-12:45 PM</td>
<td>How Would You Close This Defect? A Multi-Specialty Expert Panel Discussion</td>
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<td>12:45-01:45 PM</td>
<td>Lunch/Exhibits</td>
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<td>01:45-02:05 PM</td>
<td>Cellulite Management Techniques</td>
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<td>02:05-02:25 PM</td>
<td>Electromagnetic &amp; Radiofrequency Devices</td>
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<td>02:25-02:45 PM</td>
<td>Novel Resurfacing Devices</td>
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<td>02:45-03:00 PM</td>
<td>BREAK/Exhibits</td>
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<td>03:00-05:00 PM</td>
<td>Hands-on Training Workshops in the Lab</td>
<td>Hess Seminar Room A and</td>
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<td>Room 1260 Annenberg Building</td>
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<tr>
<td>05:00 PM</td>
<td>Adjour for the Day</td>
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LOCATION
Hess Center for Science and Medicine of the Icahn School of Medicine at Mount Sinai is located at 1470 Madison Avenue (between 101st & 102nd Streets) New York, NY 10029.
Main Conference: Hess Center for Science and Medicine, Davis Auditorium, 1470 Madison Avenue, Second Floor
Registration/ Breakfast/ Exhibits: Davis Lobby, Hess Bldg. Second Floor
Hands-on Surgical Workshops: Seminar Room A / Hess Bldg. Second Floor
Industry Sponsored (Non-CME) Workshops: Seminar Room B / Hess Bldg. Second Floor

PARKING
The entrance to the Mount Sinai Parking Garage is located on the SW corner of 99th Street and Park Avenue. Discounted Parking is available for Saturday and Sunday only. Parking Ticket will be validated at the Registration Desk.

AIRLINE
Be sure to book your travel arrangements early. We are unable to reserve airfare for attendees of the symposium. We suggest online travel services such as travelocity.com or orbitz.com

HOTEL ACCOMMODATIONS
Please contact Denise Newman, NY Reservations at 888-37H-OTEL, 718-835-4911 or email dnew229@aol.com

CANCELLATION POLICY
All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by May 4, 2019. Cancellations after this date are not eligible for a refund. An administrative fee of $50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than $50.

SPECIAL NEEDS:
Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you have any special needs or require special accommodations, please contact the Office of CME at 212-731-7950.

CONTACT INFORMATION
For Registration Information contact cme@mssm.edu or (212) 731-7950. For Program Information, visit the conference website at: www.CosmeticWorkshop.NYC

DIRECTIONS TO MOUNT SINAI:
http://www.icahn.mssm.edu/about/visiting
8th Annual Mount Sinai 2019 Spring Symposium

REGISTRATION FORM

TWO WAYS TO REGISTER
REGISTER ONLINE (PREFERRED)
www.CosmeticWorkshop.NYC

REGISTER BY MAIL
MAIL REGISTRATION FORM WITH YOUR CHECK TO ICahn SCHOOL OF MEDICINE AT MOUNT SINAI, THE PAGE AND WILLIAM BLACK POST-GRADUATE SCHOOL, ONE GUSTAVE L. LEVY PLACE, BOX 1193, NEW YORK, NY 10029-6574

A CONFIRMATION LETTER WILL BE SENT VIA EMAIL UPON RECEIPT OF YOUR REGISTRATION AND PAYMENT. (NO REGISTRATION IS CONFIRMED WITHOUT FULL PAYMENT.)

FIRST NAME          MIDDLE INITIAL     LAST NAME

TITLE/DEGREES (MD, RN)                                                    ORGANIZATION

STREET ADDRESS                                                                                                           COUNTY

CITY                                                                                        STATE                                ZIP

DAYTIME PHONE                                                                   FAX NUMBER

EMAIL ADDRESS

MEDICAL SPECIALTY

PHYSICIAN       RESIDENT       FELLOW        MILITARY        MOUNT SINAI FACULTY      OTHER

FULL DAY HALF DAY

FULL DAY 8AM TO 12:45PM

LIVE DEMO AND LAB WORKSHOPS

LAB WORKSHOPS LECTURES ONLY

BEFORE 2/28/2019 BEFORE 2/28/2019

PHYSICIANS $1400 $700 $1700  $850

1ST 100 RESIDENTS AND FELLOWS * $450        FREE  $600.00        FREE

MOUNT SINAI FACULTY ** RESIDENTS *, FELLOWS *, MILITARY *

$900 $400 $1100  $550

* MUST PROVIDE 1) LETTER FROM THE PROGRAM DIRECTOR 2) COPY OF HOSPITAL ID

** MUST HAVE PAID 2019 ANNUAL DEPARTMENTAL DUES

REGISTRATION FEES

THE REGISTRATION FEE INCLUDES THE COURSE, BREAKFAST, BREAKS AND LUNCH FOR THE PARTICIPANT ONLY. A CONFIRMATION LETTER WILL BESENT UPON RECEIPT OF YOUR REGISTRATION AND PAYMENT. (NO REGISTRATION IS CONFIRMED WITHOUT FULL PAYMENT).

FOR SECURITY PURPOSES, CREDIT CARD PAYMENT CANNOT BE ACCEPTED BY MAIL OR FAX. PLEASE VISIT www.CosmeticWorkshop.NYC TO REGISTER AND PAY BY CREDIT CARD.

FOR REGISTRATION INFORMATION CONTACT CME@MSSM.EDU OR (212) 731-7950. FOR PROGRAM INFORMATION GO TO THE WEBSITE AT www.CosmeticWorkshop.NYC

CANCELLATION POLICY

ALL REFUND AND CANCELLATION REQUESTS MUST BE EMAILED TO THE CME OFFICE AT CME@MSSM.EDU BY MAY 4, 2019. CANCELLATIONS AFTER THIS DATE ARE NOT ELIGIBLE FOR A REFUND. AN ADMINISTRATIVE FEE OF $50 WILL BE DEDUCTED FROM YOUR REFUND. NO REFUNDS WILL BE ISSUED FOR REGISTRATION FEES THAT ARE EQUAL TO OR LESS THAN $50.

IF YOU REGISTERED FOR THE LIVE DEMO AND CADAVER LABS, PLEASE CHECK THE SESSIONS YOU PLAN TO ATTEND:

EXPERT LIVE DEMOS HANDS-ON CADAVER WORKSHOPS
SATURDAY, MAY 18, 2019
SUNDAY, MAY 19, 2019

ENCLOSED IS MY CHECK MADE PAYABLE TO:
The Page and William Black
Post-Graduate School
IN THE AMOUNT OF $_________________
7th Annual Mount Sinai Spring Symposium

May 18-19, 2019
www.CosmeticWorkshop.NYC