

CHALLENGES IN INTERNAL MEDICINE

Challenges in Internal Medicine is a 3-day CME program sponsored by the Department of Medicine of the Icahn School of Medicine at Mount Sinai. The goal of this course is to offer providers of primary care services the newest pharmacologic and technologic breakthroughs, updates in clinical therapeutic guidelines, and highlights of recent advances in the practice of Internal Medicine. The intended audience for this course is Internists, Family Practitioners, Nurse Practitioners, Physician Assistants and their trainees.

Primary care is growing increasingly more difficult due to the complexity of the patient's medical condition coupled with advances in clinical management. This course is geared to help providers practice evidence-based medicine from today's scientific literature. The goal from this format is to help the clinician to better manage their patients using the latest evidence-based practices.

All of the discussants incorporate recent medical literature in their talks. Importantly, many of the lectures chosen are from the current year's Divisional and Departmental Grand Rounds.

- Cardiology
- New Approaches to Common Problems
- Oncology
- Renal Development
- New Therapeutic Modalities
- Endocrine Disease
- Orthopaedics

WHO SHOULD ATTEND:

- Primary Care Physicians
- Nurse Practitioners
- Physician Assistants
- Fellows & Residents
- Specialist Physicians

EDUCATIONAL OBJECTIVES:

At the conclusion of this activity, participants will be able to:

- **Summarize** recent updates, clinical studies, new pharmacologic options and guidelines that impact practice in general medicine and subspecialties.
- **Describe** updates and advances in the treatment of Cancer, Hypertension and Renal Disease, Liver Disease, and Cardiology.
- **Summarize** helpful pearls in the areas of Bias, Travel Medicine, Asthma, Anemia, Colorectal Cancer and approach to lowering low-density lipoprotein cholesterol (LDL-C).
- **Discuss** updates and advances in the treatment of clinical reasoning and interpretation of tests for common problems in Endocrinology, Rheumatology and Dermatology.

<https://mssm.cloud-cme.com/cim23>



Icahn
School of
Medicine at
Mount
Sinai

Wednesday, Thursday, Friday
June 14-16, 2023

Course Directors

Yousaf Ali, MD, FACR
John A. Andrilli, MD, FACP
Christina M. Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

Icahn School of Medicine at Mount Sinai

Goldwurm Auditorium

1425 Madison Avenue at 98th Street
New York, NY

Provided by
Samuel Bronfman Department of Medicine

Icahn School of Medicine at Mount Sinai
Mount Sinai Health System



CHALLENGES IN INTERNAL MEDICINE

GENERAL INFORMATION

ACCREDITATION

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of **19.25 AMA PRA Category 1 Credit(s)**™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 19.25 MOC points and Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program.

It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

In order to obtain MOC credit, participants will be asked to complete a post-activity assessment online. As part of the assessment, learners will submit a reflective statement on intention to change practice based on the knowledge gained from participation. Learners will also be required to provide ABIM number and month/date of birth (mm/dd).

This information will be transmitted by the accredited provider to the ACCME Program and Activity Reporting System (PARS).

VERIFICATION OF ATTENDANCE

All professionals will be able to download verification of attendance.

SPECIAL NEEDS

Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations contact The Page and William Black Post-Graduate School at 212-731-7950.

FACULTY DISCLOSURE

It is the policy of Icahn School of Medicine at Mount Sinai (ISMMS) to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-accredited educational activities. All faculty participating in the planning or implementation of an activity accredited by ISMMS are expected to disclose all of their financial relationships with ineligible companies existing within the prior 24 months. Relevant financial relationships will be mitigated and disclosed to learners before the activity takes place. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.

COURSE LOCATION

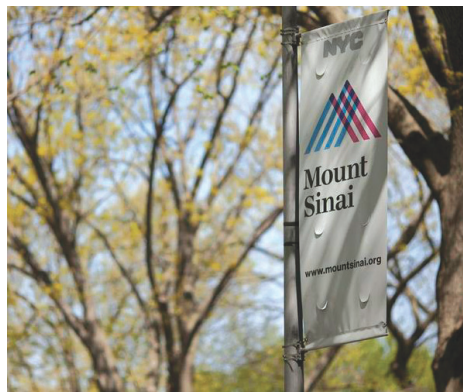
Goldwurm Auditorium
1425 Madison Avenue at 98th Street
New York, NY 10029

CANCELLATION POLICY

All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by June 1, 2023. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50.

CONFERENCE INFORMATION

Please contact the office of CME 212.731.7950 or email cme@mssm.edu. Register online at <https://mssm.cloud-cme.com/cim23>



COURSE DIRECTORS/PLANNING COMMITTEE

Yousaf Ali, MD, FACP

Professor of Medicine
Chief, Division of Rheumatology
Mount Sinai West and Mount Sinai Morningside

John A. Andrilli, MD, FACP

Associate Professor of Medicine
Program Director, Internal Medicine Residency
Mount Sinai West and Mount Sinai Morningside

Christina M. Cruz, MD

Assistant Professor of Medicine
Associate Program Director for Ambulatory Care
Internal Medicine Residency Program
Mount Sinai Beth Israel

Douglas T. Dieterich, MD

Professor of Medicine
Director, Institute for Liver Medicine
Mount Sinai Health System

David C. Thomas, MD, MHPE

Professor of Medicine, Medical Education and
Rehabilitation and Human Performance
Vice Chair for Education
Associate Dean for CME
Mount Sinai Health System

FACULTY

Meena Bansal, MD

Assistant Professor of Medicine, Liver Disease

Maya Barghash, MD

Assistant Professor of Medicine, Cardiology

Paul Cagle, MD

Associate Professor Orthopaedic, Shoulder and Elbow
Medicine

Chris Cao, MD

Assistant Professor of Medicine, Gastroenterology

Daniel S. Caplivski, MD

Associate Professor of Medicine, Infectious Diseases

Alexis C. Colvin, MD

Associate Professor of Orthopedics

Caroline Cromwell, MD

Assistant Professor of Medicine, Hematology and
Medical Oncology

Andrew S. Dunn, MD, MPH

Professor of Medicine, Hospital Medicine

Karim El Hachem, MD

Assistant Professor of Medicine, Nephrology

Samira Farouk, MD

Assistant Professor of Medicine, Nephrology

Icilma V. Fergus, MD

Associate Professor of Medicine, Cardiology

Peter Goulden, MD, FRCP

Senior Faculty of Medicine, Endocrinology, Diabetes and
Bone Disease

Daniela Jodorkovsky, MD

Associate Professor of Medicine, Gastroenterology

Rosanne M. Leipzig, MD, PhD

Professor of Geriatrics and Palliative Medicine

Sean Liu, MD, PhD

Assistant Professor of Medicine, Infectious Disease

Bryan C. Markinson, DPM

Assistant Professor of Orthopaedics and Pathology

Jennifer Marti, MD

Assistant Professor of Surgery

Bahar Moghaddam, MD

Assistant Professor of Medicine, Rheumatology

Mary O'Sullivan, MD

Associate Professor of Medicine, Pulmonary,
Critical Care and Sleep Medicine

Charles A. Powell, MD

Professor of Medicine, Pulmonary, Critical Care and
Sleep Medicine

Bhavana Rao, MD

Associate Professor of Medicine, Gastroenterology

Tamar Reisman, MD

Assistant Professor of Medicine, Endocrinology

Linda Rogers, MD

Associate Professor of Medicine, Pulmonary,
Critical Care and Sleep Medicine

Richard Silvera, MD, MPH, CPH

Assistant Professor of Medicine, Infectious Disease

Reshmi Srinath, MD

Assistant Professor of Medicine, Endocrinology,
Diabetes and Bone Disease

Joseph M. Truglio, MD, MPH

Assistant Professor of Medicine, Pediatrics and
Medical Education

Che-Kai Tsao, MD

Associate Professor of Medicine, Hematology and
Medical Oncology

Jonathan Ungar, MD, FAAD

Medical Director, Waldman Melanoma & Skin Cancer Center
Department of Dermatology

Mariam Zakhary, DO

Assistant Professor of Rehabilitation Medicine

8:00 – 8:50am
Registration and Continental Breakfast

8:50 – 9:00
Introduction and Welcome
Yousaf Ali, MD, FACR
John A. Andrilli, MD
Christina Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

9:00 – 9:30
CHF: Management in 2023
Maya Barghash, MD

9:30 – 10:00
Anemia for the PCP
Caroline Cromwell, MD

10:00 – 10:30
Women and Heart Disease 2023 Update
Icilmia V. Fergus, MD

10:30 – 10:45
Panel Discussion

10:45 – 11:00
Break

RENAL DEVELOPMENTS

11:00 – 11:30
HTN: New Developments
Karim El Hachem, MD

11:30 – 12:00
Hot Topics in Chronic Kidney Disease Management
Samira Farouk, MD

12:00 – 12:15
Panel Discussion

12:15 – 1:15
Lunch

ORTHOPAEDICS FOR PCP'S

1:15 – 1:45
The Foot as a Mirror of Systematic Disease
Bryan C. Markinson, DPM

1:45 – 2:15
Common Upper Extremity Orthopedics for the PCP
Paul Cagle, MD

2:15 – 2:45
Back Pain
Mariam Zakhary, DO

2:45 – 3:15
Common Hip and Knee Issues for the PCP
Alexis Colvin, MD

3:15 – 3:30
Panel Discussion

3:30 – 3:45
Break

NEW APPROACHES TO YOUR PATIENTS

3:45 – 4:15
Becoming a Better Doctor for Older Adults
Rosanne M. Leipzig, MD, PhD

4:15 – 4:45
The Dermatology Top 10
Jonathan Ungar, MD, FAAD

4:45 – 5:00
Panel Discussion/Conclusion

8:00 – 8:50am
Registration and Continental Breakfast

8:50 – 9:00
Introduction and Welcome
Yousaf Ali, MD, FACR
John A. Andrilli, MD
Christina Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

HELPFUL PEARLS

9:00 – 9:30
Transgender Health
Tamar Reisman, MD

9:30 – 10:00
Anti-Racism in Medicine
Joseph M. Truglio, MD, MPH

10:00 – 10:30
Travel Medicine for the Internist
Daniel Caplivski, MD

10:30 – 10:45
Panel Discussion

10:45 – 11:00
Break

11:00 – 11:30
Covid Update
Sean Liu, MD, PhD

11:30 – 12:00
Asthma Update 2023
Linda Rogers, MD

12:00 – 12:15
Panel Discussion

12:15 – 1:15
Lunch

1:15 – 1:45
Updates in HIV 2023
Richard Silvera, MD, MPH, CPH

1:45 – 2:15
New Therapies for Hepatitis B, C, and D
Douglas T. Dieterich, MD

2:15 – 2:45
NASH
Meena Bansal, MD

2:45 – 3:00
Panel Discussion

3:00 – 3:15
Break

3:15 – 3:45
Obesity
Reshmi Srinath, MD

3:45 – 4:15
Diabetes: Management in 2023
Peter Goulden, MD, FRCP

4:15 – 4:45
Peri-operative Management of Anticoagulation
Andrew S. Dunn, MD, MPH

4:45 – 5:00
Panel Discussion/Conclusion

8:00 – 8:50am
Registration and Continental Breakfast

8:50 – 9:00
Introduction and Welcome
Yousaf Ali, MD, FACR
John A. Andrilli, MD
Christina Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

CLINICAL REASONING FOR COMMON PROBLEMS

9:00 – 9:30
Interpretation of Normal and Abnormal Rheum Tests
Yousaf Ali, MD, FACR

9:30 – 10:00
Advances in Rheumatology for the PCP
Bahar Moghaddam, MD

10:00 – 10:15
Panel Discussion

10:15 – 10:30
Break

CHALLENGING SCENARIOS IN ONCOLOGY

10:30 – 11:00
Smoking Cessation
Mary M. O'Sullivan, MD

11:00 – 11:30
Lung Cancer Update
Charles A. Powell, MD

11:30 – 12:00pm
Prostate Cancer Update
Che-Kai Tsao, MD

12:00 – 12:30
Is DCIS Cancer? Does Everyone Need Surgery?
Jennifer Marti, MD

12:30 – 12:45
Panel Discussion

12:45 – 1:45
Lunch

GI UPDATES

1:45 – 2:15
CRC Screening Update
Chris Cao, MD

2:15 – 2:45
GI Motility for the Internist
Daniela Jodorkovsky, MD

2:45 – 3:15
Upper GI for the PCP
Bhavana Rao, MD

3:15 – 3:30
Panel Discussion

3:30 – 4:00
Closing Remarks/Adjournment

Agenda Subject to Change

AGENDA

Accommodations

A limited number of discounted sleeping rooms have been reserved. Please contact Housing Manager, Denise Newman at **email:** dnew229@aol.com, **text:** 347-236-7181 **phone:** 718-835-4911 to make your reservation.

Parking /Visiting us

<http://icahn.mssm.edu/about/visiting>

Syllabus

Registered participants may visit:



Via your computer:

<https://mssm.cloud-cme.com> "Sign In", select "My CME" then select "Syllabus"

Via your smartphone: Download & open the CloudCME App (first time user, if prompted, use "MSSM" as the organization code) "Sign In", select "Syllabus"

Registration Fee

(includes continental breakfasts, breaks, lunch and electronic syllabus)

	Registration	
	Fee	Onsite
■ Physician	\$700	\$750
■ Nurse, Physician Assistant, Allied Health Professional	\$600	\$650
■ Resident, Fellow	\$600	\$650
■ Mount Sinai Health System Faculty, Staff, Allied Health Professional	\$600	\$650
■ Mount Sinai Health System Resident, Fellow, Medical Students	\$ 75	\$ 125

Online Registration

<https://mssm.cloud-cme.com/cim23>

**CHALLENGES IN INTERNAL MEDICINE
JUNE 14-16, 2023**

Register early, space is limited.

	Registration	
	Fee	Onsite
<input type="checkbox"/> Physician	\$700	\$750
<input type="checkbox"/> Nurse, Physician Assistant, Allied Health Professional	\$600	\$650
<input type="checkbox"/> Resident, Fellow	\$600	\$650
<input type="checkbox"/> Mount Sinai Health System Faculty, Staff, Allied Health Professional	\$600	\$650
<input type="checkbox"/> Mount Sinai Health System Resident, Fellow, Medical Students	\$ 75	\$ 125

PLEASE PRINT CLEARLY

Last First

Credentials (MD, RN, etc.)

Mailing Address

City State Zip

Phone

E-Mail Address (Please include your email address as only e-confirmations will be sent)

Specialty

Affiliation

TWO WAYS TO REGISTER:

Online at <https://mssm.cloud-cme.com/cim23>

- Mail this form with your check to:
Icahn School of Medicine at Mount Sinai
The Page and William Black
Post-Graduate School
One Gustave L. Levy Place, Box 1193
New York, NY 10029-6574
- Enclosed is my check for \$ _____ payable to: The Page and William Black Post-Graduate School

For security purposes, credit card payment cannot be accepted by mail.
Go online to register and pay by credit card.
<https://mssm.cloud-cme.com/cim23>