

# VIRTUAL CONFERENCE

Featuring live interactive Q & A with faculty experts

# CHALLENGES IN INTERNAL MEDICINE



Wednesday, Thursday, Friday  
**June 9-11, 2021**

**Live Virtual Conference**

12 pm - 6 pm EST / 9 am - 3 pm PST

## Course Directors

Yousaf Ali, MD, FACR  
John A. Andrilli, MD, FACP  
Christina M. Cruz, MD  
Douglas T. Dieterich, MD  
David C. Thomas, MD, MHPE

Provided by  
**Samuel Bronfman Department of Medicine**  
Icahn School of Medicine at Mount Sinai  
Mount Sinai Health System



## COURSE DESCRIPTION

Challenges in Internal Medicine is a 3-day CME program sponsored by the Department of Medicine of the Icahn School of Medicine at Mount Sinai. The goal of this course is to offer providers of primary care services the newest pharmacologic and technologic breakthroughs, updates in clinical therapeutic guidelines, and highlights of recent advances in the practice of Internal Medicine. The intended audience for this course is Internists, Family Practitioners, Nurse Practitioners, Physician Assistants and their trainees.

Primary care is growing increasingly more difficult due to the complexity of the patient's medical condition coupled with advances in clinical management. This course is geared to help providers practice evidence-based medicine from today's scientific literature. The goal from this format is to help the clinician to better manage their patients using the latest evidence-based practices.

All of the discussants incorporate recent medical literature in their talks. Importantly, many of the lectures chosen are from the current year's Divisional and Departmental Grand Rounds.

- Cardiology
- Renal Development
- Orthopaedics
- New Approaches to Common Problems
- New Therapeutic Modalities
- Oncology
- Endocrine Disease

### WHO SHOULD ATTEND:

- Primary Care Physicians
- Nurse Practitioners
- Physician Assistants
- Fellows & Residents
- Specialist Physicians

### EDUCATIONAL OBJECTIVES:

*At the conclusion of this activity, participants will be able to:*

- **Summarize** recent updates, clinical studies, new pharmacologic options and guidelines that impact practice in general medicine and subspecialties.
- **Describe** updates and advances in the treatment of Cancer, Hypertension and Renal Disease, Liver Disease, and Cardiology.
- **Summarize** helpful pearls in the areas of Bias, Travel Medicine, Asthma, Anemia, Colorectal Cancer and approach to lowering low-density lipoprotein cholesterol (LDL-C).
- **Discuss** updates and advances in the treatment of Canceclinical reasoning and interpretation of tests for common problems in Endocrinology, Rheumatology, Ophthalmology and Dermatology.

Online Registration: <https://mssm.cloud-cme.com/cim>

# CHALLENGES IN INTERNAL MEDICINE

## Live Virtual Conference

### ACCREDITATION

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Icahn School of Medicine at Mount Sinai designates this internet live course for a maximum of **16.0 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16.0 MOC points and Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program.

It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

In order to obtain MOC credit, participants will be asked to complete a post-activity assessment online. As part of the assessment, learners will submit a reflective statement on intention to change practice based on the knowledge gained from participation. Learners will also be required to provide ABIM number and month/date of birth (mm/dd).

This information will be transmitted by the accredited provider to the ACCME Program and Activity Reporting System (PARS) by December 1, 2021.

### VERIFICATION OF ATTENDANCE

All professionals will be able to download, verification of attendance.

### SPECIAL NEEDS

Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations contact The Page and William Black Post-Graduate School at 212-731-7950.

### FACULTY DISCLOSURE

It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

### CANCELLATION POLICY

All refund and cancellation requests must be emailed to the CME office at [cme@mssm.edu](mailto:cme@mssm.edu) by June 1, 2021. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50.

### CONFERENCE INFORMATION

Please contact the office of CME 212.731.7950 or email [cme@mssm.edu](mailto:cme@mssm.edu). Register online at <https://mssm.cloud-cme.com/cim>

### Syllabus

Registered participants may visit:

#### Your computer:

<https://mssm.cloud-cme.com> "Sign In", select "My CME" then select "Syllabus"

**Your smartphone:** Download & open the CloudCME App (first time user, if prompted, use "MSSM" as the organization code) "Sign In", select "Syllabus"

### Registration

Includes electronic syllabus

### Online Registration

<https://mssm.cloud-cme.com/cim>

## COURSE DIRECTORS/PLANNING COMMITTEE

### Yousaf Ali, MD, FACP

Associate Professor of Medicine  
Chief, Division of Rheumatology  
Mount Sinai West and Mount Sinai Morningside

### John A. Andrilli, MD, FACP

Associate Professor of Medicine  
Internal Medicine Residency Program Director  
Mount Sinai West and Mount Sinai Morningside

### Christina M. Cruz, MD

Assistant Professor of Medicine  
Internal Medicine Residency  
Associate Program Director for Ambulatory Care  
Mount Sinai Beth Israel

### Douglas T. Dieterich, MD

Professor of Medicine  
Director, Institute for Liver Medicine  
Mount Sinai Health System

### David C. Thomas, MD, MHPE

Professor of Medicine, Medical Education and Rehabilitation Medicine  
Vice Chair for Education  
Associate Dean for CME  
Mount Sinai Health System

## FACULTY

### Daniel S. Caplivski, MD

Associate Professor of Medicine, Infectious Diseases

### Michelle S. Cespedes, MD, MS

Associate Professor of Medicine, Infectious Diseases

### Caroline Cromwell, MD

Assistant Professor of Medicine, Hematology and Medical Oncology

### Alexis C. Colvin, MD

Associate Professor of Orthopedics

### Amreen Dinani, MD

Assistant Professor of Medicine, Liver Diseases

### Andrew S. Dunn, MD, MPH

Professor of Medicine, Hospital Medicine

### Karim El Hachem, MD

Assistant Professor of Medicine, Nephrology

### Samira Farouk, MD

Assistant Professor of Medicine, Nephrology

### Icilma V. Fergus, MD

Associate Professor of Medicine, Cardiology

### Peter Goulden, MD

Senior Faculty of Medicine, Endocrinology, Diabetes and Bone Disease

### Steven H. Itzkowitz, MD

Professor of Medicine and Oncological Sciences

### Florian Krammer, PhD

Professor of Microbiology

### Anuradha Lala-Trindade, MD

Assistant Professor of Medical, Cardiology  
Assistant Professor of Medical, Population Health Science and Policy

### Mark G. Lebwohl, MD

Professor of Dermatology  
Dean for Clinical Therapeutics

### Rosanne M. Leipzig, MD, PhD

Professor of Geriatrics and Palliative Medicine

### Sean T. Liu, MD, PhD

Assistant Professor of Medicine, Infectious Diseases, Hospital Medicine, Microbiology

### James Marion, MD

Professor of Medicine, Gastroenterology

### Bryan C. Markinson, DPM

Assistant Professor of Orthopaedics and Pathology

### Bahar Moghaddam, MD

Assistant Professor of Medicine, Rheumatology

### Barbara Murphy, MD

Murray M. Rosenberg Professor of Medicine  
System Chair, Department of Medicine  
Dean for Clinical Integration and Population Health

### Satish Nagula, MD

Associate Professor of Medicine, Gastroenterology

### Mary O'Sullivan, MD

Assistant Professor of Medicine, Pulmonary, Critical Care and Sleep Medicine

### Bradford Parsons, MD

Professor of Orthopedics

### Charles A. Powell, MD

Professor of Medicine, Pulmonary, Critical Care and Sleep Medicine

### Sylvia Reyes, MD, MBS

Assistant Professor of Surgery, Surgical Oncology

### Linda Rogers, MD

Associate Professor of Medicine, Pulmonary, Critical Care and Sleep Medicine

### Joshua Safer, MD

Senior Faculty of Medicine, Endocrinology, Diabetes and Bone Disease

### Reshmi Srinath, MD

Assistant Professor of Medicine, Endocrinology, Diabetes and Bone Disease

### Joseph M. Truglio, MD, MPH

Assistant Professor of Medicine, Pediatrics and Medical Education

### Che-Kai Tsao, MD

Associate Professor of Medicine, Hematology and Medical Oncology

### Mariam Zakhary, DO

Assistant Professor of Rehabilitation Medicine

11:55 am - 12:00 pm EST  
**Introduction and Welcome**  
*Barbara Murphy, MD*  
*Murray M. Rosenberg Professor of Medicine*  
*System Chair, Department of Medicine*  
*Dean for Clinical Integration and*  
*Population Health*  
*Icahn School of Medicine at Mount Sinai*

**CARDIOLOGY**

12:15 - 12:45  
**CHF: Management**  
*Anuradha Lala-Trindade, MD*

12:45 - 1:15  
**Peri-operative Management of Anticoagulation**  
*Andrew S. Dunn, MD, MPH*

1:15-1:45  
**Women and Heart Disease Update**  
*Icilma V. Fergus, MD*

1:45-2:00 pm EST  
**Break**

**RENAL DEVELOPMENTS**

2:00-2:30  
**HTN: New Developments**  
*Karim El Hachem, MD*

2:30-3:00  
**Hot Topics in Chronic Kidney Disease Management**  
*Samra Farouk, MD*

**ORTHOPAEDICS FOR PCPs**

3:00-3:30  
**The Foot as a Mirror of Systemic Disease**  
*Bryan C. Markinson, DPM*

3:30-4:00  
**Common Upper Extremity Orthopedics for the PCP**  
*Bradford O. Parsons, MD*

4:00-4:30  
**Back Pain**  
*Mariam Zakhary, DO*

4:30-4:45  
**Break**

**NEW APPROACHES TO YOUR PATIENTS**

4:45-5:15  
**Common Hip and Knee Issues for the PCP**  
*Alexis C. Colvin, MD*

5:15-5:45  
**Geriatric Syndrome for the Internist**  
*Rosanne M. Leipzig, MD, PhD*

**DERMATOLOGY**

5:45-6:15  
**The Dermatology Top 10**  
*Mark G. Lebwohl, MD*

11:55 am - 12:00 pm EST  
**Introduction and Welcome**  
*Yousaf Ali, MD, FACR*  
*John A. Andrilli, MD, FACP*  
*Christina M. Cruz, MD*  
*Douglas T. Dieterich, MD*  
*David C. Thomas, MD, MHPE*

**HELPFUL PEARLS**

12:00-12:30  
**Transgender Health**  
*Joshua Safer, MD*

12:30-1:00  
**Anti-Racism in Medicine**  
*Joseph M. Truglio, MD, MPH*

1:00-1:30  
**Travel Medicine for the Internist**  
*Daniel S. Caplivski, MD*

1:30-2:00  
**COVID-19 Vaccine Therapies**  
*Florian Krammer, PhD*

2:00-2:15  
**Break**

2:15-2:45  
**COVID-19 Update**  
*Sean T. Liu, MD, PhD*

2:45-3:15  
**Updates in HIV 2021**  
*Michelle S. Cespedes, MD, MS*

3:15-3:45  
**Asthma Update**  
*Linda Rogers, MD*

3:45-4:00  
**Break**

4:00-4:30  
**Anemia for the PCP**  
*Caroline Cromwell, MD*

4:30-5:00  
**New Therapies for HBV/HCV**  
*Douglas T. Dieterich, MD*

5:00-5:30  
**NASH**  
*Amreen Dinani, MD*

11:55 am - 12:00 pm EST  
**Introduction and Welcome**  
*Yousaf Ali, MD, FACR*  
*John A. Andrilli, MD, FACP*  
*Christina M. Cruz, MD*  
*Douglas T. Dieterich, MD*  
*David C. Thomas, MD, MHPE*

**CLINICAL REASONING FOR COMMON PROBLEMS**

12:00-12:30  
**Interpretation of Normal & Abnormal Rheum Tests**  
*Yousaf Ali, MD, FACR*

12:30-1:00  
**Advances in Rheumatology for the PCP**  
*Bahar Moghaddam, MD*

**CHALLENGING SCENARIOS IN ONCOLOGY**

1:00-1:30  
**Smoking Cessation**  
*Mary O'Sullivan, MD*

1:30-2:00  
**Lung Cancer Update**  
*Charles A. Powell, MD*

2:00-2:15  
**Break**

2:15-2:45  
**Prostate Cancer Update**  
*Che-Kai Tsao, MD*

2:45-3:15  
**Update on Breast Cancer Screening**  
*Sylvia Reyes, MD, MBS*

3:15-3:45  
**CRC Screening Update**  
*Steven H. Itzkowitz, MD*

3:45-4:15  
**Update in Medical Therapy for IBD**  
*James Marion, MD*

4:15-4:30  
**Break**

4:30-5:00  
**Upper GI Disease for the Primary Care Physician**  
*Satish Nagula, MD*

**IMPROVING YOUR MANAGEMENT OF THE PATIENT WITH ENDOCRINE DISEASE**

5:00-5:30  
**Updates in Medical Management of Obesity**  
*Reshmi Srinath, MD*

5:30-6:00  
**Diabetes: Management**  
*Peter Goulden, MD*

6:00  
**Closing Remarks/Adjournment**

Agenda Subject to Change