Challenges in Internal Medicine is a 3-day CME program sponsored by the Department of Medicine of the Icahn School of Medicine at Mount Sinai. The goal of this course is to offer providers of primary care services the newest pharmacologic and technologic breakthroughs, updates in clinical therapeutic guidelines, and highlights of recent advances in the practice of Internal Medicine. The intended audience for this course is Internists, Family Practitioners, Nurse Practitioners, Physician Assistants and their trainees.

Primary care is growing increasingly more difficult due to the complexity of the patient’s medical condition coupled with advances in clinical management. This course is geared to help providers practice evidence-based medicine from today’s scientific literature. The goal from this format is to help the clinician to better manage their patients using the latest evidence-based practices.

All of the discussants incorporate recent medical literature in their talks. Importantly, many of the lectures chosen are from the current year’s Divisional and Departmental Grand Rounds.

**Course Directors**
Yousaf Ali, MD, FACR
John A. Andrilli, MD, FACP
Christina M. Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

**Icahn School of Medicine at Mount Sinai**
Goldwurm Auditorium
1425 Madison Avenue at 98th Street
New York, NY

**Sponsored by**
Samuel Bronfman Department of Medicine
Icahn School of Medicine at Mount Sinai
Mount Sinai Health System

**Wednesday, Thursday, Friday**
**June 19-21, 2019**

**EDUCATIONAL OBJECTIVES:**

At the conclusion of this activity, participants will be able to:

- **Summarize** recent updates, clinical studies, new pharmacologic options and guidelines that impact practice in general medicine and subspecialties.
- **Describe** pathophysiology as it applies to management of clinical problems.
- **Utilize** the knowledge presented to improve care of common illnesses encountered in Primary Care Practice.

**WHO SHOULD ATTEND:**

- Primary Care Physicians
- Nurse Practitioners
- Physician Assistants
- Fellows & Residents
- Specialist Physicians

**Course Description**

- Renal Development
- Orthopaedics
- Cardiology
- New Approaches to Common Problems
- New Therapeutic Modalities
- Oncology
- Endocrine Disease
- Gastroenterology
- Substance Abuse

[https://mssm.cloud-cme.com/cim](https://mssm.cloud-cme.com/cim)
CHALLENGES IN INTERNAL MEDICINE

ACCREDITATION
The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 19.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.5 MOC points and Medical Knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program.

It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

In order to obtain MOC credit, participants will be asked to complete a post-activity assessment online. As part of the assessment, learners will submit a reflective statement on intention to change practice based on the knowledge gained from participation. Learners will also be required to provide ABIM number and month/date of birth (mm/dd).

CANCELLATION POLICY
All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by June 11, 2019. Cancellations after this date are not eligible for a refund. An administrative fee of $50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than $50.

CONFERENCE INFORMATION
Please contact the office of CME 212.731.7950 or email cme@mssm.edu. Register online at https://mssm.cloud-cme.com/cim

GENERAL INFORMATION

VERIFICATION OF ATTENDANCE
All professionals will be able to download, verification of attendance.

FACULTY DISCLOSURE
It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

SPECIAL NEEDS
Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations contact The Page and William Black Post-Graduate School at 212-731-7950.

COURSE LOCATION
Goldwurm Auditorium
1425 Madison Avenue at 98th Street
New York, NY 10029

FACULTY

Yousaf Ali, MD, FACP
Associate Professor of Medicine
Chief, Division of Rheumatology
Mount Sinai West and Mount Sinai St. Luke’s

John A. Andriulli, MD, FACP
Associate Professor of Medicine
Program Director, Internal Medicine Residency
Mount Sinai West and Mount Sinai St. Luke’s

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Assistant Professor of Medicine
Associate Program Director for Ambulatory Care
Internal Medicine Residency Program
Mount Sinai Beth Israel

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Chief, Division of Rheumatology
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Associate Program Director for Ambulatory Care
Internal Medicine Residency Program
Mount Sinai Beth Israel

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Professor of Medicine
Director, Institute for Liver Medicine
Mount Sinai Health System

David C. Thomas, MD, MHPE
Professor of Medicine, Medical Education and Rehabilitation Medicine
Vice Chair for Education
Associate Dean for CME
Mount Sinai Health System

Bryan C. Markinson, DPM
Assistant Professor of Orthopaedics and Pathology

Gerardo E. Miranda-Comas, MD
Assistant Professor of Rehabilitation Medicine

Barbara Murphy, MD
Murray M. Rosenberg Professor of Medicine
System Chair, Department of Medicine
Dean for Clinical Integration and Population Health

Satish Nagula, MD
Associate Professor of Medicine, Gastroenterology

Mary O’Sullivan, MD
Assistant Professor of Medicine, Pulmonary, Critical Care and Sleep Medicine

Ann-Gel S. Palermo, DrPH
Associate Professor of Medical Education

Jessica J. Patel, MD
Assistant Professor of Medicine, Rheumatology

Sean Pinney, MD
Professor of Medicine, Cardiology

Charles A. Powell, MD
Professor of Medicine, Pulmonary, Critical Care and Sleep Medicine

Linda Rogers, MD
Associate Professor of Medicine, Pulmonary, Critical Care and Sleep Medicine

Joshua Safer, MD
Critical Care and Sleep Medicine

Sanjiv Shah, MD, MPH
Associate Professor of Medicine, Infectious Diseases

Reshmi Srinath, MD
Assistant Professor of Medicine, Endocrinology, Diabetes and Bone Disease

Che-Kai Tsao, MD
Assistant Professor of Medicine, Hematology and Medical Oncology

Linda Wang, MD
Assistant Professor of Medicine, General Internal Medicine
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speakers</th>
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<tbody>
<tr>
<td>7:30 – 8:20am</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>8:20 – 8:30</td>
<td>Introduction and Welcome</td>
<td>Yousaf Ali, MD, FACR, John A. Andrilli, MD, FACP, Christina M. Cruz, MD, Douglas T. Dieterich, MD, David C. Thomas, MD, MHPE</td>
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<tr>
<td>8:30 – 9:00</td>
<td>CHF: Management 2019</td>
<td>Sean Pinney, MD</td>
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<td>9:00 – 9:30</td>
<td>Anticoagulation Management</td>
<td>Andrew S. Dunn, MD, MPH</td>
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<td>9:30 – 10:00</td>
<td>Women and Heart Disease 2019</td>
<td>Ilcima V. Fergus, MD</td>
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<td>10:00 – 10:15</td>
<td>Panel Discussion</td>
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<td>10:15 – 10:30</td>
<td>Break</td>
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<tr>
<td>10:30 – 11:00</td>
<td>Renal Developments 2019</td>
<td>Khanim El Hachem, MD</td>
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<td>11:00 – 11:30</td>
<td>Hot Topics in Chronic Kidney Disease Management</td>
<td>Kilk N. Campbell, MD</td>
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<td>11:30 – 11:45</td>
<td>Panel Discussion</td>
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<tr>
<td>11:45 – 1:00pm</td>
<td>Lunch</td>
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<tr>
<td>1:00 – 1:30</td>
<td>Asthma Update 2019</td>
<td>Linda Rogers, MD</td>
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<td>1:30 – 2:00</td>
<td>Anemia for the PCP</td>
<td>Lawrence I. Cytryn, MD</td>
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<td>2:00 – 2:30</td>
<td>CRC Screening Update</td>
<td>Steven Itzkowitz, MD</td>
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<td>2:30 – 2:45</td>
<td>Panel Discussion</td>
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<td>2:45 – 3:00</td>
<td>Break</td>
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<tr>
<td>3:00 – 3:30</td>
<td>New Therapies for HBV/HCV</td>
<td>Douglas T. Dieterich, MD</td>
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<td>3:30 – 3:45</td>
<td>NASH</td>
<td>Amon Asgharpour, MD</td>
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<td>3:45 – 4:30pm</td>
<td>HIV 2019 Update</td>
<td>Sanjiv Shah, MD, MPH</td>
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<td>4:30 – 4:45pm</td>
<td>Panel Discussion</td>
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<tr>
<td>8:30 – 9:00</td>
<td>Transgender Health</td>
<td>Joshua Safer, MD</td>
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<td>9:00 – 9:30</td>
<td>Unconscious Bias</td>
<td>Ann-Gel S. Palermo, DrPH</td>
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<tr>
<td>9:30 – 10:00</td>
<td>Travel Medicine for the Internist</td>
<td>Daniel S. Capilvaski, MD</td>
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<td>Break</td>
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<tr>
<td>10:30 – 11:00</td>
<td>The Internist’s Role in the Opioid Crisis</td>
<td>Linda Wang, MD</td>
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<tr>
<td>11:00 – 11:30</td>
<td>Pearls for Psychopharmacology</td>
<td>Hart N. Koppie-Perry, DO</td>
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<td>Panel Discussion</td>
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<td>Lunch</td>
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<tr>
<td>1:00 – 1:30</td>
<td>Update in Medical Therapy for IBD</td>
<td>James Marion, MD</td>
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<td>1:30 – 2:00</td>
<td>Upper GI Disease for the Primary Care Physician</td>
<td>Sattish Nagula, MD</td>
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<td>2:00 – 2:15</td>
<td>Panel Discussion</td>
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<tr>
<td>1:00 – 1:30</td>
<td>Interpretation of Normal &amp; Abnormal Rheum Tests</td>
<td>Yousaf Ali, MD</td>
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<td>1:30 – 2:00</td>
<td>The Red Eye</td>
<td>Nisha Chadha, MD</td>
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<td>2:00 – 2:15</td>
<td>Panel Discussion</td>
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<tr>
<td>1:00 – 1:30</td>
<td>Updates in Medical Management of Obesity</td>
<td>Reshmi Srinath, MD</td>
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<td>1:30 – 2:00</td>
<td>Diabetes: Management in 2019</td>
<td>Sherley Abraham, MD</td>
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<td>2:00 – 2:15</td>
<td>Panel Discussion</td>
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<td>1:00 – 1:30</td>
<td>The Dermatology Top 10</td>
<td>George Han, MD, PhD</td>
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<td>1:30 – 2:00</td>
<td>Panel Discussion</td>
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<tr>
<td>1:00 – 1:30</td>
<td>Improving your Management of the Patient with Endocrine Disease in 2019</td>
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<td>CHallenging Scenarios in Oncology</td>
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Agenda Subject to Change
ACCOMMODATIONS

Accommodations:
A limited number of discounted sleeping rooms have been reserved. Please contact Housing Manager, Denise Newman at email: dnew229@aol.com, text: 347-236-7181 phone: 718-835-4911 to make your reservation.

Syllabus
Registered participants may visit:
Via your computer:
https://mssm.cloud-cme.com “Sign In”, select “My CME” then select “Syllabus”
Via your smartphone: Download & open the CloudCME App (first time user, if prompted, use “MSSM” as the organization code) “Sign In”, select “Syllabus”

REGISTRATION

Registration Fee:
(includes continental breakfasts, breaks, lunch and electronic syllabus)

<table>
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<tr>
<th>Registration Fee Onsite</th>
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<tr>
<td>Physician</td>
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<tr>
<td>$750</td>
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<tr>
<td>Resident, Nurse, Physician, Physician Assistant, Allied Health Professional</td>
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<tr>
<td>$650</td>
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<tr>
<td>Mount Sinai Health System Faculty, Allied Health Professional</td>
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<tr>
<td>$650</td>
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<tr>
<td>Mount Sinai Health System Resident, Fellow and Medical Student</td>
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Online Registration:
https://mssm.cloud-cme.com/cim

TWO WAYS TO REGISTER:
☐ Online at https://mssm.cloud-cme.com/cim
☐ Mail this form with your check to:
Icahn School of Medicine at Mount Sinai
The Page and William Black
Post-Graduate School
One Gustave L. Levy Place, Box 1193
New York, NY 10029-6574
Enclosed is my check for $________________________ payable to: The Page and William Black
Post-Graduate School

For security purposes, credit card payment cannot be accepted by mail or fax. Please visit https://mssm.cloud-cme.com/cim to register and pay by credit card.