CHALLENGES IN INTERNAL MEDICINE

Wednesday, Thursday, Friday
June 20–22, 2018

Course Directors
Yousaf Ali, MD
John A. Andrilli, MD
Christina M. Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

Icahn School of Medicine at Mount Sinai
Hess Center for Science and Medicine
The Bonnie M. Davis, MD and Kenneth L. Davis, MD
Auditorium, 2nd floor
1470 Madison Avenue (Between 101st and 102nd Streets)
New York, NY

COURSE DESCRIPTION

Challenges in Internal Medicine is a 3-day CME program sponsored by the Department of Medicine of the Icahn School of Medicine at Mount Sinai. The goal of this course is to offer providers of primary care services the newest pharmacologic and technologic breakthroughs, updates in clinical therapeutic guidelines, and highlights of recent advances in the practice of Internal Medicine. The intended audience for this course is Internists, Family Practitioners, Nurse Practitioners and Physician Assistants and their trainees.

Primary care is growing increasingly more difficult due to the complexity of the patient’s medical condition coupled with advances in clinical management. This course is geared to help providers practice evidence-based medicine from today’s scientific literature. The goal from this format is to help the clinician to better manage their patients using the latest evidence-based practices.

All of the discussants incorporate recent medical literature in their talks. Importantly, many of the lectures chosen are from the current year’s Divisional and Departmental Grand Rounds.

MANAGING DISEASE PROCESSES
- Chronic Disease Management
- Concomitant Comorbidities

MEDICAL CONUNDRUMS
- Challenging Scenarios
- Helpful Pearls
- Clinical Reasoning for Common Problems

NEW DIAGNOSTIC MODALITIES
- What’s New in Gastroenterology/Hepatology

MANAGING DISEASE PROCESSES

WHO SHOULD ATTEND:
- Primary Care Physicians
- Nurse Practitioners
- Physician Assistants
- Fellows & Residents
- Specialist Physicians

EDUCATIONAL OBJECTIVES:
At the conclusion of this activity, participants will be able to:
- Identify new trends in US healthcare that will allow healthcare providers to practice using up-to-date recommended guidelines.
- Identify current therapeutic options for specific disorders commonly seen in practice and apply when appropriate.
- Review and interpret up-to-date literature relevant to clinical practice in the following therapeutic areas: cardiology, orthopaedics, liver disease, hematology/oncology, rheumatology, gastroenterology, and endocrinology.

Sponsored by
Samuel Bronfman Department of Medicine
Icahn School of Medicine at Mount Sinai
Mount Sinai Health System

https://mssm.cloud-cme.com/InternalMed
CHALLENGES IN INTERNAL MEDICINE

GENERAL INFORMATION

ACCREDITATION
The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 21.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VERIFICATION OF ATTENDANCE
All professionals will be able to download, verification of attendance.

FACULTY DISCLOSURE
It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

SPECIAL NEEDS
Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations contact The Page and William Black Post-Graduate School at 212-731-7950.

COURSE LOCATION
Hess Center for Science and Medicine
The Bonnie M. Davis, MD and Kenneth L. Davis, MD Auditorium, 2nd floor
1470 Madison Avenue (Between 101st and 102nd streets)
New York, NY 10029

CANCELLATION POLICY
All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by June 11, 2018. Cancellations after this date are not eligible for a refund. An administrative fee of $50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than $50.

CONFERENCE INFORMATION
Please contact: Office of CME 212.731.7950 or email cme@mssm.edu. Register online at https://mssm.cloud-cme.com/InternalMed

MOUNT SINAI HEALTH SYSTEM

COURSE DIRECTORS/PLANNING COMMITTEE

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Chief, Division of Rheumatology
Mount Sinai West and Mount Sinai St. Luke’s

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Mount Sinai West and Mount Sinai St. Luke’s

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Director, Institute for Liver Medicine
Mount Sinai Health System

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Associate Dean for CME
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Assistant Professor of Orthopaedics and Pathology

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Murray M. Rosenberg Professor of Medicine
System Chair, Department of Medicine
Dean for Clinical Integration and Population Health
Icahn School of Medicine at Mount Sinai

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Associate Professor, Orthopedics

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Assistant Professor of Medicine, General Internal Medicine

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Professor of Medicine, Cardiology

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Professor of Medicine, Pulmonary, Critical Care and Sleep Medicine

Linda Rogers, MD
Associate Professor of Medicine, Pulmonary, Critical Care and Sleep Medicine

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Professor of Medicine, Cardiology

Reshmi Srinath, MD
Assistant Professor of Medicine, Endocrinology, Diabetes and Bone Disease

Che-Kai Tsao, MD
Assistant Professor of Medicine, Hematology and Medical Oncology

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Associate Professor of Medicine, Infectious Diseases

Barbara Warren, PsyD
Assistant Professor of Medical Education

FACULTY

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Assistant Professor of Surgery

Nisha Chadha, MD
Assistant Professor of Ophthalmology

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Senior Faculty of Medicine, Hematology and Medical Oncology

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Deputy Commissioner, Division of Disease Control
New York City Department of Health and Mental Hygiene

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Associate Professor of Medicine, Cardiology

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Associate Professor of Medicine, Rheumatology

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Assistant Professor of Dermatology

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Professor of Medicine and Oncological Sciences

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Professor of Geriatrics and Palliative Medicine

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Professor of the Practice of Medicine

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Associate Professor of Medicine, Infectious Diseases

Barbara Warren, PsyD
Assistant Professor of Medical Education
MANAGING DISEASE PROCESSES

7:30 – 8:20am
Registration and Continental Breakfast

8:20 – 8:30
Welcome from the Chair
Barbara Murphy, MD
Chair, Department of Medicine

8:30 – 8:45
Introduction and Welcome
Yousaf Ali, MD, FACR
John A. Andrilli, MD
Christina M. Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

DISEASE PROCESSES
Cardiology 2018
8:45 – 9:15
CHF: Management 2018
Sean Pinney, MD
9:15 – 9:45
Anticoagulation Management
Dennis Finkielstein, MD, FACC, FASE
9:45 – 10:15
Women and Heart Disease 2018 Update
Ilcima V. Fergus, MD
10:15 – 10:30
Panel Discussion
10:30 – 10:45
Break
Renal Developments 2018
10:45 – 11:15
HTN: New Developments
Karim El Hachem, MD
11:15 – 11:45
A Better Way to Diagnose CKD
Kirk N. Campbell, MD
11:45 – 12:00
Panel Discussion
12:00 – 1:00pm
Lunch

ORTHOPAEDICS FOR PCPs
Best Practice Strategies
1:00 – 1:30
Snap, Crackle, Pop: Diagnosis of Common Knee Problems
Melissa Leber, MD
1:30 – 2:00
The Foot as a Mirror of Systemic Disease
Bryan C. Markinson, DPM
2:00 – 2:30
Common Causes of Shoulder Pain
Bradford Parsons, MD
2:30 – 2:45
Panel Discussion
2:45 – 3:00
Break

NEW THERAPEUTIC MODALITIES
3:00 – 3:30
Advances in Inflammatory Arthritis
Harry D. Fischer, MD
3:30 – 4:00
The Approach to the Older Patient
Rosanne M. Leipzig, MD, PhD
4:00 – 4:30
Treating Mental Illness and Substance Abuse in Primary Care
Lauren Fecoraro, MD, MPH
4:30 – 5:00pm
Panel Discussion
Conclusion

HELPFUL PEARLS
8:30 – 9:00
Leveraging Down LDLC: What’s New?
Donald A. Smith, MD
9:00 – 9:30
Unconscious Bias
Barbara Warren, PsyD
9:30 – 10:00
Travel Medicine for the Internist
Daniel S. Caplivski, MD
10:00 – 10:15
Panel Discussion
10:15 – 10:30
Break
10:30 – 11:00
Asthma Update 2018
Linda Rogers, MD
11:00 – 11:30
Anemia for the PCP
Lawrence I. Cytryn, MD
11:30 – 12:00
CRC Screening Update
Steven Itzkowitz, MD
12:00 – 12:15
Panel Discussion
12:15 – 1:15pm
Lunch

MEDICAL CONUNDRUMS

7:30 – 8:20am
Registration and Continental Breakfast

8:20 – 8:30
Introduction and Welcome
Yousaf Ali, MD, FACR
John A. Andrilli, MD
Christina M. Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

HEP C UPDATES
1:15 – 1:45
NYS Screening for HepC
Ponni Perumalswami, MD
1:45 – 2:15
NASH
Amon Asgharpour, MD
2:15 – 2:45
New Therapies for HCV
Douglas T. Dieterich, MD
2:45 – 3:00
Panel Discussion
3:00 – 3:15
Break

CLINICAL REASONING FOR COMMON PROBLEMS
3:15 – 3:45
Interpretation of Normal & Abnormal Rheum Tests
Yousaf Ali, MD
3:45 – 4:15
The Red Eye
Nisha Chadha, MD
4:15 – 4:45
Abnormal LFTs – When to Refer
Jawad Ahmad, MD
4:45 – 5:00pm
Panel Discussion
Conclusion

NEW DIAGNOSTIC MODALITIES

7:30 – 8:20am
Registration and Continental Breakfast

8:20 – 8:30
Introduction and Welcome
Yousaf Ali, MD, FACR
John A. Andrilli, MD
Christina M. Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

CHALLENGING SCENARIOS IN ONCOLOGY
8:30 – 9:00
Lung Cancer Update
Charles A. Powell, MD
9:00 – 9:30
Prostate Cancer Update
Che-Kai Tsao, MD
9:30 – 10:00
Global Breast Update
Sarah P. Cate, MD
10:00 – 10:15
Panel Discussion
10:15 – 10:30
Break

GI UPDATES
10:30 – 11:00
Update in Medical Therapy for IBD
James Marion, MD
11:00 – 11:30
Upper GI for PCP
Satish Nagula, MD
11:30 – 12:00
Panel Discussion

HIV ADVANCES
1:15 – 1:45
JumpstART
Antonio E. Urbina, MD
1:45 – 2:15
Undetectable = Untransmittable
Demetre C. Daskalakis, MD, MPH
2:15 – 2:30
Panel Discussion

IMPROVING YOUR MANAGEMENT OF THE PATIENT WITH ENDOCRINE DISEASE IN 2018
11:45 – 12:15
Interpretation of TFTs
Reshmi Srinath, MD
12:15 – 12:45
Diabetes: Management in 2018
Sherley Abraham, MD
12:45 – 1:00
Panel Discussion
1:00 – 1:15
Break

AGENDA Subject to Change
Accommodations:
A limited number of discounted sleeping rooms have been reserved. Please contact Housing Manager, Denise Newman at email: dnew229@aol.com, text: 347-236-7181 phone: 718-835-4911 to make your reservation.

Parking /Visiting us
http://icahn.mssm.edu/about/visiting

Syllabus
Registered participants may visit:
Via your computer: https://mssm.cloud-cme.com “Sign In”, select “My CME” then select “Syllabus”
Via your smartphone: Download & open the CloudCME App (first time user, if prompted, use “MSSM” as the organization code) “Sign In”, select “Syllabus”

Registration Fee:
(includes continental breakfasts, breaks, lunch and electronic syllabus)

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Online Registration:
https://mssm.cloud-cme.com/InternalMed

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JUNE 20-22, 2018
Register early, space is limited.

TWO WAYS TO REGISTER:

- Online at
  https://mssm.cloud-cme.com/InternalMed

- Mail this form with your check to:
  Icahn School of Medicine at Mount Sinai
  The Page and William Black
  Post-Graduate School
  One Gustave L. Levy Place, Box 1193
  New York, NY 10029-6574
  Enclosed is my check for $ payable to: The Page and William Black Post-Graduate School

For security purposes, credit card payment cannot be accepted by mail or fax. Please visit
https://mssm.cloud-cme.com/InternalMed to register and pay by credit card.

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For conference information, please call the Office of CME at 212-731-7950 or cme@mssm.edu