

CHALLENGES IN INTERNAL MEDICINE

Wednesday, Thursday, Friday
June 20-22, 2018

Course Directors

Yousaf Ali, MD
John A. Andrilli, MD
Christina M. Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

Icahn School of Medicine at Mount Sinai
Hess Center for Science and Medicine
The Bonnie M. Davis, MD and Kenneth L. Davis, MD
Auditorium, 2nd floor
1470 Madison Avenue (Between 101st and 102nd Streets)
New York, NY

Celebrating
50
years
1968-2018



Sponsored by
Samuel Bronfman Department of Medicine
Icahn School of Medicine at Mount Sinai
Mount Sinai Health System

Challenges in Internal Medicine is a 3-day CME program sponsored by the Department of Medicine of the Icahn School of Medicine at Mount Sinai. The goal of this course is to offer providers of primary care services the newest pharmacologic and technologic breakthroughs, updates in clinical therapeutic guidelines, and highlights of recent advances in the practice of Internal Medicine. The intended audience for this course is Internists, Family Practitioners, Nurse Practitioners and Physician Assistants and their trainees.

Primary care is growing increasingly more difficult due to the complexity of the patient's medical condition coupled with advances in clinical management. This course is geared to help providers practice evidence-based medicine from today's scientific literature. The goal from this format is to help the clinician to better manage their patients using the latest evidence-based practices.

All of the discussants incorporate recent medical literature in their talks. Importantly, many of the lectures chosen are from the current year's Divisional and Departmental Grand Rounds.

MANAGING DISEASE PROCESSES

- Chronic Disease Management
- Concomitant Comorbidities

MEDICAL CONUNDRUMS

- Challenging Scenarios
- Helpful Pearls
- Clinical Reasoning for Common Problems

NEW DIAGNOSTIC MODALITIES

- What's New in Gastroenterology/Hepatology

WHO SHOULD ATTEND:

- Primary Care Physicians
- Nurse Practitioners
- Physician Assistants
- Fellows & Residents
- Specialist Physicians

EDUCATIONAL OBJECTIVES:

At the conclusion of this activity, participants will be able to:

- **Identify** new trends in US healthcare that will allow healthcare providers to practice using up-to-date recommended guidelines.
- **Identify** current therapeutic options for specific disorders commonly seen in practice and apply when appropriate.
- **Review and interpret** up-to-date literature relevant to clinical practice in the following therapeutic areas: cardiology, orthopaedics, liver disease, hematology/oncology, rheumatology, gastroenterology, and endocrinology.

<https://mssm.cloud-cme.com/InternalMed>



CHALLENGES IN INTERNAL MEDICINE

GENERAL INFORMATION

ACCREDITATION

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of **21.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VERIFICATION OF ATTENDANCE

All professionals will be able to download, verification of attendance.

FACULTY DISCLOSURE

It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

SPECIAL NEEDS

Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations contact The Page and William Black Post-Graduate School at 212-731-7950.

COURSE LOCATION

Hess Center for Science and Medicine
The Bonnie M. Davis, MD and Kenneth L. Davis, MD
Auditorium, 2nd floor
1470 Madison Avenue (Between 101st and 102nd streets)
New York, NY 10029

CANCELLATION POLICY

All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by June 11, 2018. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50.

CONFERENCE INFORMATION

Please contact: Office of CME 212.731.7950 or email cme@mssm.edu. Register online at <https://mssm.cloud-cme.com/InternalMed>



COURSE DIRECTORS/PLANNING COMMITTEE

Yousaf Ali, MD, FACR

Associate Professor of Medicine
Chief, Division of Rheumatology
Mount Sinai West and Mount Sinai St. Luke's

John A. Andriilli, MD

Associate Professor of Medicine
Program Director, Internal Medicine Residency
Mount Sinai West and Mount Sinai St. Luke's

Christina M. Cruz, MD

Assistant Professor of Medicine
Associate Program Director for Ambulatory Care
Internal Medicine Residency Program
Mount Sinai Beth Israel

Douglas T. Dieterich, MD

Professor of Medicine
Director, Institute for Liver Medicine
Mount Sinai Health System

David C. Thomas, MD, MHPE

Professor of Medicine, Medical Education and
Rehabilitation Medicine
Vice Chair for Education
Associate Dean for CME
Mount Sinai Health System

FACULTY

Sherley Abraham, MD

Assistant Professor of Medicine,
Endocrinology, Diabetes and Bone Disease

Jawad Ahmad, MD

Professor of Medicine, Liver Diseases

Amon Asgharpour, MD

Assistant Professor of Medicine, Liver Diseases

Kirk N. Campbell, MD

Associate Professor of Medicine, Nephrology

Daniel S. Caplivski, MD

Associate Professor of Medicine, Infectious Diseases

Sarah P. Cate, MD

Assistant Professor of Surgery

Nisha Chadha, MD

Assistant Professor of Ophthalmology

Lawrence I. Cytryn, MD

Senior Faculty of Medicine, Hematology and
Medical Oncology

Demetre C. Daskalakis, MD, MPH

Deputy Commissioner, Division of Disease Control
New York City Department of Health and Mental Hygiene

Karim El Hachem, MD

Assistant Professor of Medicine, Nephrology

Icilma V. Fergus, MD

Associate Professor of Medicine, Cardiology

Dennis Finkelstein, MD, FACC, FASE

Associate Professor of Medicine, Cardiology

Harry D. Fischer, MD

Associate Professor of Medicine, Rheumatology

George Han, MD, PhD

Assistant Professor of Dermatology

Steven Itzkowitz, MD

Professor of Medicine and Oncological Sciences

Melissa Leber, MD

Assistant Professor of Orthopedics

Rosanne M. Leipzig, MD, PhD

Professor of Geriatrics and Palliative Medicine

James Marion, MD

Professor of the Practice of Medicine

Bryan C. Markinson, DPM

Assistant Professor of Orthopaedics and Pathology

Barbara Murphy, MD

Murray M. Rosenberg Professor of Medicine
System Chair, Department of Medicine
Dean for Clinical Integration and Population Health
Icahn School of Medicine at Mount Sinai

Satish Nagula, MD

Associate Professor of Medicine, Gastroenterology

Bradford Parsons, MD

Associate Professor, Orthopedics

Lauren Peccoralo, MD, MPH

Assistant Professor of Medicine, General Internal Medicine

Ponni Perumalswami, MD

Associate Professor of Medicine, Liver Diseases

Sean Pinney, MD

Professor of Medicine, Cardiology

Charles A. Powell, MD

Professor of Medicine, Pulmonary, Critical Care and
Sleep Medicine

Linda Rogers, MD

Associate Professor of Medicine, Pulmonary,
Critical Care and Sleep Medicine

Donald A. Smith, MD

Professor of Medicine, Cardiology

Reshmi Srinath, MD

Assistant Professor of Medicine, Endocrinology,
Diabetes and Bone Disease

Che-Kai Tsao, MD

Assistant Professor of Medicine, Hematology and
Medical Oncology

Antonio E. Urbina, MD

Associate Professor of Medicine, Infectious Diseases

Barbara Warren, PsyD

Assistant Professor of Medical Education

MANAGING DISEASE PROCESSES

7:30 – 8:20am
Registration and
Continental Breakfast

8:20 – 8:30
Welcome from the Chair
Barbara Murphy, MD
Chair, Department of Medicine

8:30 – 8:45
Introduction and Welcome
Yousaf Ali, MD, FACP
John A. Andrilli, MD
Christina M. Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

DISEASE PROCESSES
Cardiology 2018

8:45 – 9:15
CHF: Management 2018
Sean Pinney, MD

9:15 – 9:45
Anticoagulation Management
Dennis Finkelstein, MD, FACC, FASE

9:45 – 10:15
Women and Heart Disease
2018 Update
Ilcilma V. Fergus, MD

10:15 – 10:30
Panel Discussion

10:30 – 10:45
Break

Renal Developments 2018

10:45 – 11:15
HTN: New Developments
Karim El Hachem, MD

11:15 – 11:45
A Better Way to
Diagnose CKD
Kirk N. Campbell, MD

11:45 – 12:00
Panel Discussion

12:00 – 1:00pm
Lunch

ORTHOPAEDICS FOR PCP'S
Best Practice Strategies

1:00 – 1:30
Snap, Crackle, Pop:
Diagnosis of Common
Knee Problems
Melissa Leber, MD

1:30 – 2:00
The Foot as a Mirror of
Systemic Disease
Bryan C. Markinson, DPM

2:00 – 2:30
Common Causes of
Shoulder Pain
Bradford Parsons, MD

2:30 – 2:45
Panel Discussion

2:45 – 3:00
Break

**NEW THERAPEUTIC
MODALITIES**

3:00 – 3:30
Advances in Inflammatory
Arthritis
Harry D. Fischer, MD

3:30 – 4:00
The Approach to the
Older Patient
Rosanne M. Leipzig, MD, PhD

4:00 – 4:30
Treating Mental Illness and
Substance Abuse in
Primary Care
Lauren Peccoraro, MD, MPH

4:30 – 5:00pm
Panel Discussion
Conclusion

MEDICAL CONUNDRUMS

7:30 – 8:20am
Registration and
Continental Breakfast

8:20 – 8:30
Introduction and Welcome
Yousaf Ali, MD, FACP
John A. Andrilli, MD
Christina M. Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

HELPFUL PEARLS

8:30 – 9:00
Leveraging Down LDLC:
What's New?
Donald A. Smith, MD

9:00 – 9:30
Unconscious Bias
Barbara Warren, PsyD

9:30 – 10:00
Travel Medicine for the
Internist
Daniel S. Caplivski, MD

10:00 – 10:15
Panel Discussion

10:15 – 10:30
Break

10:30 – 11:00
Asthma Update 2018
Linda Rogers, MD

11:00 – 11:30
Anemia for the PCP
Lawrence I. Cytryn, MD

11:30 – 12:00
CRC Screening Update
Steven Itzkowitz, MD

12:00 – 12:15
Panel Discussion

12:15 – 1:15pm
Lunch

HEP C UPDATES

1:15 – 1:45
NYS Screening for HepC
Ponni Perumalswami, MD

1:45 – 2:15
NASH
Amon Asgharpour, MD

2:15 – 2:45
New Therapies for HCV
Douglas T. Dieterich, MD

2:45 – 3:00
Panel Discussion

3:00 – 3:15
Break

**CLINICAL REASONING FOR
COMMON PROBLEMS**

3:15 – 3:45
Interpretation of Normal &
Abnormal Rheum Tests
Yousaf Ali, MD

3:45 – 4:15
The Red Eye
Nisha Chadha, MD

4:15 – 4:45
Abnormal LFTs –
When to Refer
Jawad Ahmad, MD

4:45 – 5:00pm
Panel Discussion
Conclusion

Agenda Subject to Change

NEW DIAGNOSTIC MODALITIES

7:30 – 8:20am
Registration and
Continental Breakfast

8:20 – 8:30
Introduction and Welcome
Yousaf Ali, MD, FACP
John A. Andrilli, MD
Christina M. Cruz, MD
Douglas T. Dieterich, MD
David C. Thomas, MD, MHPE

**CHALLENGING SCENARIOS
IN ONCOLOGY**

8:30 – 9:00
Lung Cancer Update
Charles A. Powell, MD

9:00 – 9:30
Prostate Cancer Update
Che-Kai Tsao, MD

9:30 – 10:00
Global Breast Update
Sarah P. Cate, MD

10:00 – 10:15
Panel Discussion

10:15 – 10:30
Break

GI UPDATES

10:30 – 11:00
Update in Medical
Therapy for IBD
James Marion, MD

11:00 – 11:30
Upper GI for PCP
Satish Nagula, MD

11:30 – 11:45
Panel Discussion

**IMPROVING YOUR
MANAGEMENT OF THE
PATIENT WITH ENDOCRINE
DISEASE IN 2018**

11:45 – 12:15pm
Interpretation of TFTs
Reshmi Srinath, MD

12:15 – 12:45
Diabetes: Management
in 2018
Sherley Abraham, MD

12:45 – 1:00
Panel Discussion

1:00 – 1:15
Break

HIV ADVANCES

1:15 – 1:45
JumpstART
Antonio E. Urbina, MD

1:45 – 2:15
Undetectable =
Untransmittable
Demetre C. Daskalakis, MD, MPH

2:15 – 2:30
Panel Discussion

2:30 – 3:00
The Dermatology Top 10
George Han, MD, PhD

3:00 – 3:30
Panel Discussion/
Closing Remarks/
Adjournment

AGENDA

Accommodations:

A limited number of discounted sleeping rooms have been reserved. Please contact Housing Manager, Denise Newman at email: dnew229@aol.com, text: 347-236-7181 phone: 718-835-4911 to make your reservation.

Parking /Visiting us

<http://icahn.mssm.edu/about/visiting>

Syllabus

 Registered participants may visit:

Via your computer:

<https://mssm.cloud-cme.com> "Sign In", select "My CME" then select "Syllabus"

Via your smartphone: Download & open the CloudCME App (first time user, if prompted, use "MSSM" as the organization code) "Sign In", select "Syllabus"

Registration Fee:

(includes continental breakfasts, breaks, lunch and electronic syllabus)

	Registration Fee	Onsite
■ Physician	\$700	\$750
■ Nurse, Physician Assistant, Allied Health Professional	\$600	\$650
■ Mount Sinai Health System Faculty and Staff	\$600	\$650
■ Mount Sinai Health System Resident, Fellow and Medical Student	\$ 75	\$ 125

Online Registration:

<https://mssm.cloud-cme.com/InternalMed>

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Register early, space is limited.

	Registration Fee	Onsite
■ Physician	\$700	\$750
■ Nurse, Physician Assistant, Allied Health Professional	\$600	\$650
■ Mount Sinai Health System Faculty and Staff	\$600	\$650
■ Mount Sinai Health System Resident, Fellow and Medical Student	\$ 75	\$ 125

PLEASE PRINT CLEARLY

Last First

Credentials (MD, RN, etc.)

Mailing Address

City State Zip

Phone

E-Mail Address (Please include your email address as only e-confirmations will be sent)

Specialty

Affiliation

TWO WAYS TO REGISTER:

Online at
<https://mssm.cloud-cme.com/InternalMed>

Mail this form with your check to:
Icahn School of Medicine at Mount Sinai
The Page and William Black
Post-Graduate School
One Gustave L. Levy Place, Box 1193
New York, NY 10029-6574

Enclosed is my check for \$ _____
payable to: The Page and William Black
Post-Graduate School

For security purposes, credit card payment cannot be accepted by mail or fax. Please visit <https://mssm.cloud-cme.com/InternalMed> to register and pay by credit card.