ADVANCES in REJUVENATION & RECONSTRUCTION
A HANDS-ON CADAVER WORKSHOP & Board Review Program

Meeting Chair
Hooman Khorasani, MD

Co-Chairs
Peter J. Taub, MD
Joshua D. Rosenberg, MD
Robert M. Schwarcz, MD

Icahn School of Medicine at Mount Sinai
New York, NY

May 18-19, 2019

Register at www.CosmeticWorkshop.NYC

Sponsored by
The Kimberly and Eric J. Waldman Department of Dermatology

A course designed for physicians and trainees in the field of:

- Dermatologic & Cosmetic Surgery
- Facial Plastic Surgery
- Plastic Surgery
- Oculoplastic Surgery
- Maxillofacial Surgery
COURSE DESCRIPTION
This workshop is designed to provide practitioners and residents in the core aesthetic fields a comprehensive demonstration and training in soft tissue rejuvenation and reconstruction techniques. During the hands-on sessions, the latest techniques will be demonstrated by the experts performing procedures on live patients and on synthetic models. Participants will take home “pearls of wisdom” from the experts and experience hands-on training in the small group workshops. The course format will consist of lectures, panel discussions, question and answer sessions, and hands-on labs.

TARGET AUDIENCE
Physicians, Residents and Fellows from the five core specialties performing reconstructive and cosmetic surgery, dermatologic surgery, ENT (facial plastics), plastics, oculoplastics and maxillofacial surgery.

OBJECTIVES
Upon completion of this CME activity, the participant will be able to:
• Demonstrate proper patient selection for medical, surgical and cosmetic intervention for dermatologic and surgical conditions based on careful consideration of risk and benefit and the published guidelines.
• Evaluate and demonstrate knowledge and skills in dermatologic surgery, cosmetic dermatology, ophthalmologic surgery, oculoplastic surgery and maxillofacial surgery to improve patient outcomes.
• Assess recent advances in surgical and minimally invasive cosmetic procedures with emphasis on safety and efficacy for better patient outcomes.
• Compare alternative nonsurgical methods of facial rejuvenation including a range of fillers and fractional ablative technologies and formulate treatment plans based on known effectiveness of the therapy.
• Demonstrate and perform various reconstructive and cosmetic procedures on synthetic cadavers as well as on live patients through a multi-specialty approach which is aimed at improving performance in practice.
• Define and recognize knowledge and skills in human facial anatomy, danger zones, and common reconstructive and aesthetic techniques used in facial surgery.
• Apply knowledge regarding recent advances in the effective and safe treatment and management of cosmetic challenges and facial oncologic pathology.

ACCREDITATION
The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation
The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 15.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAD Recognized Credit Program
The AAD has discontinued recognized credit but credits can continue to be reported in the AAD CME Transcript by choosing the self-reported option in the transcript. For any questions about adding credits to the AAD CME Transcript, please contact the AAD Member Resource Center at (866) 503-7546.

Registered participants will be provided with a link to the Course Syllabus.
SATURDAY, MAY 18, 2019

07:00-08:00 AM  REGISTRATION/BREAKFAST/EXHIBITS

General Session

Each 25-minute presentation will conclude with a 5-minute Q&A Panel Discussion

08:00-08:10 am   Introduction & Facial Anatomy Review                    Hooman Khorasani, MD
08:10-08:35 am   Upper Eyelid Blepharoplasty                                       Hooman Khorasani, MD
08:35-09:05 am   PRP & Stem Cells                                          Gary Goldenberg, MD

08:00-09:15 am   BREAK/EXHIBITS

09:05-09:15 am   BREAK/EXHIBITS

09:15-10:30 am   Facelift & Neck Lift                                         Sheila Nazarian, MD
10:30-11:00 am   Laser Resurfacing Update                                Jeremy Brauer, MD
11:00-11:15 AM   BREAK/EXHIBITS

11:15-11:45 am   Neck Liposuction & Buccal Fat Pad Removal            Sheila Nazarian, MD
11:45-12:15 pm   Body Contouring Update                                Richard Swift, MD
12:15-12:45 pm   Cellulite Treatment                                   Bruce Katz, MD
12:45-01:45 PM   INDUSTRY SPONSORED (NON-CME) WORKSHOP

12:45-01:45 PM   LUNCH / EXHIBITS

12:45-01:45 PM   Neurotoxins & Filler Update                      Moderator: Marsha L. Gordon, MD
01:45-02:25 pm   Part I / Live Demo
Upper Face & Peri-Orbital Rejuvenation                       Lara Devgan, MD
02:25-03:05 pm   Part II / Live Demo
Mid & Lower Face Rejuvenation                                Hooman Khorasani, MD

03:20-05:20 pm   Aesthetic Techniques: Live Patient Demonstrations
Absorbable Suture Lifts and Contouring
Injection Lipolysis, Injectable Techniques with Cannulas
Non-surgical Rhinoplasty, PRP Microneedling
Hand Augmentation, Novel use of neurotoxins and fillers
Hands-on Synthetic Cadaver Stations                          All Faculty

05:20 PM       ADJOURN FOR THE DAY

ACT TODAY: First 100 registered residents & fellows can attend the lectures for free and get 65% discount on the lab portion
www.CosmeticWorkshop.NYC
**General Session**

Each 25-minute presentation will conclude with a 5-minute Q&A Panel Discussion

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>08:00-08:15 am</td>
<td>Facial Anatomy Danger Zones Review</td>
<td>Joshua Rosenberg, MD</td>
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<td>08:15-08:45 am</td>
<td>Skin Tightening</td>
<td>David J. Goldberg, MD, JD</td>
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<td>08:45-09:15 am</td>
<td>Auricular Reconstruction</td>
<td>Joseph Rousso, MD</td>
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<td>09:15-09:30 am</td>
<td>Peri-Oral Reconstruction</td>
<td>Peter Taub, MD</td>
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<td>09:30-10:00 am</td>
<td>Nasal Reconstruction</td>
<td>Joshua Rosenberg, MD</td>
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<td>10:00-10:30 am</td>
<td>Peri-Ocular Reconstruction</td>
<td>Robert M. Schwarcz, MD</td>
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<td>10:30-11:00 am</td>
<td>Cheek Reconstruction</td>
<td>Hooman Khorasani, MD</td>
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<td>11:00-11:15 am</td>
<td>How Would You Close This Defect?</td>
<td>John A. Carucci, MD</td>
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<td>Cheek Reconstruction</td>
<td>Hooman Khorasani, MD</td>
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<td>11:45-12:45 pm</td>
<td>Cellulite Management Techniques</td>
<td>Eyal Levit, MD</td>
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<td>12:05-12:45 pm</td>
<td>Electromagnetic &amp; Radiofrequency Devices</td>
<td>Bruce Katz, MD</td>
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<td>12:45-01:45 pm</td>
<td>Absorbable Suture Lifts</td>
<td>Hooman Khorasani, MD</td>
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<td>01:45-02:05 pm</td>
<td>Hands-on Aesthetic &amp; Reconstructive Workshop</td>
<td>Dr. Carucci, Dr. Giordano,</td>
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<td>02:05-02:25 pm</td>
<td>Fixation devices, implants</td>
<td>Dr. Nabatian, Dr. Ratner,</td>
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<td>02:25-02:45 pm</td>
<td>Endoscopes</td>
<td>Dr. Torbeck, Dr. Torina, &amp; Faculty</td>
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LOCATION
Hess Center for Science and Medicine of the Icahn School of Medicine at Mount Sinai is located at 1470 Madison Avenue (between 101st & 102nd Streets) New York, NY 10029.
Main Conference: Hess Center for Science and Medicine, Davis Auditorium, 1470 Madison Avenue, Second Floor
Registration/Breakfast/Exhibits: Davis Lobby, Hess Bldg. Second Floor
Hands-on Surgical Workshops: Seminar Room A / Hess Bldg. Second Floor
Industry Sponsored (Non-CME) Workshops: Seminar Room B / Hess Bldg. Second Floor

PARKING
The entrance to the Mount Sinai Parking Garage is located on the SW corner of 99th Street and Park Avenue. Discounted Parking is available for Saturday and Sunday only. Parking Ticket will be validated at the Registration Desk.

AIRLINE
Be sure to book your travel arrangements early. We are unable to reserve airfare for attendees of the symposium. We suggest online travel services such as travelocity.com or orbitz.com

HOTEL ACCOMMODATIONS
Please contact Denise Newman, NY Reservations at 888-37H-OTEL, 718-835-4911 or email dnew229@aol.com

CANCELLATION POLICY
All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by May 4, 2019. Cancellations after this date are not eligible for a refund. An administrative fee of $50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than $50.

CONTACT INFORMATION
For Registration Information contact cme@mssm.edu or (212) 731-7950. For Program Information, visit the conference website at: www.CosmeticWorkshop.NYC

DIRECTIONS TO MOUNT SINAI:
http://www.icahn.mssm.edu/about/visiting

SPECIAL NEEDS:
Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you have any special needs or require special accommodations, please contact the Office of CME at 212-731-7950.
REGISTRATION FORM

TWO WAYS TO REGISTER
REGISTER ONLINE (PREFERRED)
www.CosmeticWorkshop.NYC

REGISTER BY MAIL
MAIL REGISTRATION FORM WITH YOUR CHECK TO ICAHN SCHOOL OF MEDICINE AT MOUNT SINAI, THE PAGE AND WILLIAM BLACK POST-GRADUATE SCHOOL, ONE GUSTAVE L. LEVY PLACE, BOX 1193, NEW YORK, NY 10029-6574

A CONFIRMATION LETTER WILL BE SENT VIA EMAIL UPON RECEIPT OF YOUR REGISTRATION AND PAYMENT. (NO REGISTRATION IS CONFIRMED WITHOUT FULL PAYMENT.)

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REGISTRATION FEES

THE REGISTRATION FEE INCLUDES THE COURSE, BREAKFAST, BREAKS AND LUNCH FOR THE PARTICIPANT ONLY. A CONFIRMATION LETTER WILL BE SENT UPON RECEIPT OF YOUR REGISTRATION AND PAYMENT (NO REGISTRATION IS CONFIRMED WITHOUT FULL PAYMENT).

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<tr>
<th></th>
<th>FULL DAY LIVE DEMO AND LAB WORKSHOPS BEFORE 2/28/2019</th>
<th>HALF DAY 8AM TO 12:45 LECTURES ONLY BEFORE 2/28/2019</th>
<th>FULL DAY LIVE DEMO AND LAB WORKSHOPS ON OR AFTER 2/28/2019</th>
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<td>$450</td>
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<td>$900</td>
<td>$400</td>
<td>$1100</td>
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* MUST PROVIDE 1) LETTER FROM THE PROGRAM DIRECTOR 2) COPY OF HOSPITAL ID 
** MUST HAVE PAID 2019 ANNUAL DEPARTMENTAL DUES

FOR SECURITY PURPOSES, CREDIT CARD PAYMENT CANNOT BE ACCEPTED BY MAIL OR FAX. PLEASE VISIT www.CosmeticWorkshop.NYC TO REGISTER AND PAY BY CREDIT CARD.

FOR REGISTRATION INFORMATION CONTACT CME@MSSM.EDU OR (212) 731-7950. FOR PROGRAM INFORMATION GO TO THE WEBSITE AT www.CosmeticWorkshop.NYC

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IF YOU REGISTERED FOR THE LIVE DEMO AND CADAVER LABS, PLEASE CHECK THE SESSIONS YOU PLAN TO ATTEND:
EXPERT LIVE DEMOS HANDS-ON CADAVER WORKSHOPS
- SATURDAY, MAY 18, 2019
- SUNDAY, MAY 19, 2019

SPECIAL DIETARY NEEDS
- KOSHER
- VEGETARIAN

ENCLOSED IS MY CHECK MADE PAYABLE TO:
THE PAGE AND WILLIAM BLACK POST-GRADUATE SCHOOL
IN THE AMOUNT OF $___________________________

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7th Annual Mount Sinai Spring Symposium

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MEETING CHAIR
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