

Celebrating
50
years
1968-2018



Icahn School
of Medicine at
**Mount
Sinai**

Advances in Pediatric Food Allergy

Case-based Discussions on Diagnosis and Management

Course Director
Julie Wang, MD

Sponsored by
Department of Pediatrics

Icahn School of Medicine at Mount Sinai, New York

December 1, 2018
Davis Auditorium
Center for Science and Medicine
1470 Madison Avenue, New York, NY



**ELLIOT AND ROSLYN JAFFE
FOOD ALLERGY INSTITUTE**

AT MOUNT SINAI MEDICAL CENTER

PROGRAM DESCRIPTION

Course Description

Our course is designed to provide the practicing clinician, both generalists and allergists, with updates on the diagnosis and management of food allergies. The didactic lecture component, geared for both generalists and allergists, will focus on the different types of food allergies, identification and treatment of anaphylaxis, and potential treatments currently under investigation for food allergy.

In addition, we will have break-out interactive workshops, with separate tracks specific for generalists and allergists. For the generalists, the workshop topic will address the role of food allergy in atopic dermatitis. For the allergists, the workshops will discuss oral food challenges in the office setting and clinical conundrums in food allergy. Our goal is to provide a unique, interactive course that elucidates the scientific advances which support current clinical practice guidelines for food allergy.

Who Should Attend

Pediatricians, family practice physicians, internal medicine physicians, and allergy & immunology specialists. Other health professionals include NPs, PAs, RNs, fellows, residents, and medical students.

Learning Objectives

Upon completion of this activity, the participant will be able to:

- Recognize indications and select appropriate tests to diagnose food allergy
- Identify risk factors for anaphylaxis and counsel families on management of allergic reactions
- Appreciate nutritional impacts of food allergy and provide families with dietary guidance to ensure optimal growth and development
- Evaluate potential treatments for food allergy that are currently under investigation
- Understand the diagnosis and management of non-IgE mediated food allergies

Accreditation

The Icahn School of Medicine Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credit(s)[™].

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Verification of Attendance

Verification of attendance will be provided to all professionals.

Registration & Course Location

REGISTRATION FEES

- \$ 150 Attendee Fee
- \$ 50 Medical Students, Residents, & Fellows
- \$ 25 Mount Sinai Health System (MSHS) Students, Residents, & Fellows

COURSE LOCATION

The Bonnie M. Davis, MD and Kenneth L. Davis, MD
Auditorium, 2nd flr
Leon and Norma Hess Center for Science and Medicine
1470 Madison Ave/between 101st & 102nd street
New York, NY

CONFERENCE INFORMATION

Office of CME at 212-731-7950
or email cme@mssm.edu

DIRECTIONS/PARKING/ACCOMMODATIONS

<http://icahn.mssm.edu/about/visiting>
Parking is available on 99th Street between Madison & Park Avenues.

Register online: <https://mssm.cloud-cme.com>



7:30-8:00 AM Registration & Continental Breakfast

8:00-11:50 AM PLENARY

- 8:00-8:15 Opening Remarks and Introduction
- 8:15-9:00 Food Allergy: When to suspect and how to test
Scott H. Sicherer, MD
- 9:00-9:30 New Insights on Prevention of Food Allergy
Hugh A. Sampson, MD
- 9:30-9:45 Questions and Answers

9:45-10:15 AM COFFEE BREAK AND EXHIBITS

- 10:15-10:45 Dietary Guidance for Children with Food Allergy
Marion Groetch, MS, RDN
- 10:45-11:30 Anaphylaxis: Why is giving epi so difficult?
Julie Wang, MD
- 11:30-11:50 Questions and Answers

12:00-12:45 PM WORKSHOPS (Break-out)

- Eczema: Is food allergy a factor?
(target audience – pediatricians)
Roxanne C. Oriel, MD
- Food Challenges: Practical tips for the office setting
(target audience – allergists)
Amanda L. Cox, MD
Alison Doppelt, RN
Danielle Weiss, RN
- Clinical Conundrums in Food Allergy
(target audience – allergists)
Angela Tsuang, MD, MSc



12:45-1:30 PM Lunch

1:30-5:00 PM PLENARY

- 1:30-2:15 Treatment Options for Food Allergy
Jacob Kattan, MD
- 2:15-3:00 FPIES: Applying guidelines to practice
Anna Nowak-Wegrzyn, MD, PhD
- 3:00-3:30 Questions & Answers

3:30-3:45 PM COFFEE BREAK AND EXHIBITS

- 3:45-4:15 Eosinophilic Esophagitis: What's new this year?
Mirna Chehade, MD, MPH
- 4:15-4:45 Improving the Quality of Life of Families with Food Allergy
Eyal Shemesh, MD
- 4:45-5:00 Questions and Answers

5:00 PM ADJOURN





Icahn School of Medicine at Mount Sinai

COURSE DIRECTOR

Julie Wang, MD
Professor of Pediatrics

MOUNT SINAI FACULTY

Mirna Chegade, MD, MPH
Associate Professor of Pediatrics
Associate Professor of Medicine

Amanda L. Cox, MD
Assistant Professor of Pediatrics

Alison Doppelt, RN
Clinical Nurse

Marion Groetch, MS, RDN
Director of Nutrition Services

Jacob Kattan, MD
Assistant Professor of Pediatrics
Assistant Professor of Emergency Medicine

Anna Nowak-Wegrzyn, MD, PhD
Professor of Pediatrics

Roxanne C. Oriel, MD
Assistant Professor of Pediatrics

Hugh A. Sampson, MD
Professor of Pediatrics

Eyal Shemesh, MD
Professor of Pediatrics
Professor of Psychiatry

Scott H. Sicherer, MD
Professor of Pediatrics

Angela Tsuang, MD, MSc
Assistant Professor of Pediatrics

Danielle Weiss, RN
Clinical Nurse

Faculty Disclosure

It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.

Special Needs

Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the American with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require any special accommodations, please contact the Page and William Black Post-Graduate School at 212-731-7950.

ADVANCES IN PEDIATRIC FOOD ALLERGY: Case-based Discussions on Diagnosis and Management Saturday, December 1, 2018

The Bonnie M. Davis, MD and Kenneth L. Davis, MD Auditorium, 2nd flr
1470 Madison Avenue, between 101st & 102nd street, New York, NY

 **Register Online**

<https://mssm.cloud-cme.com>

Registration Fees

- \$150 Attendee Fee
- \$ 50 Medical Students, Residents, & Fellows
- \$ 25 Mount Sinai Health System (MSHS) Students, Residents, & Fellows

 **Or Register by Check**

Mail form with your check to:

Icahn School of Medicine at Mount Sinai
The Page and William Black Post-Graduate School
One Gustave L. Levy Place, Box 1193
New York, NY 10029-6574

LAST NAME FIRST NAME (MD, RN, etc.)

ADDRESS

CITY STATE ZIP

PHONE

EMAIL SPECIALTY

INSTITUTION/AFFILIATION

**Please select your
AM Workshop:
Limited capacity.
Register EARLY.**

12:00-12:45pm
Workshop (Break-out)

- Eczema: Is food allergy a factor?
(target – pediatricians)
- Food Challenges: Practical tips for the office setting
(target – allergists)
- Clinical Conundrums in Food Allergy
(target – allergists)

Check enclosed for \$ _____ payable to Icahn School of Medicine at Mount Sinai.

For security purposes, credit card payment cannot be accepted by mail or fax.

Register online to pay by credit card: Visa, MC, AMEX.

REFUND POLICY

All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by November 26, 2018. Cancellations after this date are not eligible for a refund. An Administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal or less than \$50.