

VIRTUAL

TOP TEN TOPICS IN CLINICAL CARDIOLOGY 2020

Patient Focused Evidence-Based Approach

**SATURDAY, OCTOBER 10th –
SUNDAY, OCTOBER 11th**

COURSE DIRECTORS

Samin K. Sharma, MD, MSCAI, FACC

Jagat Narula, MD, PhD, MACC

Annapoorna S. Kini, MD, MRCP, FACC

Register Online

<https://mssm.cloud-cme.com/TopTen2020>



Icahn School
of Medicine at
**Mount
Sinai**

TOP TEN TOPICS IN CLINICAL CARDIOLOGY 2020

Program Overview

Cardiovascular disease continues to dominate our society and remains the number #1 killer worldwide in both men and women. Approximately one-third of total deaths globally are a result of the various forms of cardiovascular disease. A cardiovascular disease-related event causes a death every minute in the United States; therefore, the field of Cardiovascular Disease in terms of diagnosis and treatment continues to evolve with the final goal of improving the overall care and prognosis of patients suffering from a variety of cardiovascular diseases.

The Top Ten Topics in Clinical Cardiology is poised to help healthcare professionals stay current on new and emerging approaches in the diagnosis, management and treatment of heart disease, including COVID-19. A robust agenda combines individual and collective opinions from field expert clinicians and scholars. This year, the COVID-19 pandemic has taken the center stage in various cardiovascular and respiratory disease processes.

Program Goal

As a comprehensive virtual medical education conference, this course will offer the latest updates for diagnostic and treatment strategies that assess the risk and treatment of coronary artery disease, congestive heart failure, hypertension, LA appendage closure, mitral valve regurgitation, aortic stenosis, and co-morbid cardiometabolic diseases and the COVID-19 infection. The use of case-based reviews and taped case presentations will demonstrate innovative therapeutic techniques aimed at improving patient outcomes and quality of life, as well as lowering morbidity and mortality rates through the management of various conditions.

Target Audience

General Cardiologists, Interventional Cardiologists, Internists, Family Practitioners, Cardiology Fellows, Nurses, Technicians and other allied health care professionals.

Accreditation

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide Continuing Medical Education for physicians.

Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Verification of Attendance

Verification of attendance will be provided to all professionals.

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SATURDAY, OCTOBER 10th

- 8:40-8:45am **Introduction**
Samin K. Sharma, MD; Jagat Narula, MD, PhD and Annapoorna S. Kini, MD
- Moderator:** *Jagat Narula, MD, PhD*
- 8:45-9:00am **ACC: The New Strategic Directions**
Dipti Itchhaporia, MD
- 9:00-9:25am **Cardiovascular and Cerebrovascular Risk Prediction: From Imaging (US, PET, MRI) to Genes**
Valentin Fuster, MD, PhD
- 9:25-9:50am **COVID-19 and Myocardial Injury**
Jagat Narula, MD, PhD
- 9:50-10:15am **Noninvasive Imaging of Stable CAD post ESC Guidelines**
Stephan Achenbach, MD
- 10:15-10:40am **Subcellular Therapeutic Targeting of Common Lipid Disorders**
Sotirios Tsimikas, MD
- 10:40-11:05am **Heart-Friendly Glucose Lowering Regimens in Type 2 Diabetes**
Silvio E. Inzucchi, MD
- 11:05-11:30am **Question and Answer**
Stephan Achenbach, MD; Valentin Fuster, MD, PhD; Silvio E. Inzucchi, MD; Dipti Itchhaporia, MD; Jagat Narula, MD, PhD; Sotirios Tsimikas, MD

SUNDAY, OCTOBER 11th

- 8:40-8:45am **Introduction**
Samin K. Sharma, MD; Jagat Narula, MD, PhD and Annapoorna S. Kini, MD
- Moderator:** *Samin K. Sharma, MD*
- 8:45-9:00am **Hospital's Financial Health Post COVID-19: Innovative Strategies**
David Reich, MD
- 9:00-9:25am **Time to Treat the Vulnerable Plaques**
Gregg Stone, MD
- 9:25-9:50am **Antithrombotic Therapy Update: 2 vs. 1 Post-PCI, and 3 vs. 2 Post-PCI & Afib**
Roxana Mehran, MD
- 9:50-10:15am **Cardiac Contractility Modulation at the Intersection of EP and HF**
William Abraham, MD
- 10:15-10:40am **Evolving Paradigm of Transcatheter Mitral and Tricuspid Valve Repair/Replacement**
Annapoorna S. Kini, MD
- 10:40-11:05am **Top 10 Recent Advances in Coronary Interventions**
Samin K. Sharma, MD
- 11:05-11:30am **Question and Answer**
William Abraham, MD; Annapoorna Kini, MD; Roxana Mehran, MD; Samin K. Sharma, MD; Gregg Stone, MD

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FACULTY



Icahn
School of
Medicine at
Mount
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COURSE DIRECTORS

Samin K. Sharma, MD, MSCAI, FACC

Director, Clinical & Interventional Cardiology
Anandi Lal Sharma Professor of Medicine, Cardiology
President, Mount Sinai Heart Network

Jagat Narula, MD, PhD, MACC

Chief of Cardiology, Mount Sinai at Morningside
Philip J. and Harriet L. Goodhart Professor of Medicine, Cardiology
Director, Noninvasive Cardiology, Mount Sinai Health System

Annapoorna S. Kini, MD, MRCP, FACC

Director, Cardiac Catheterization Laboratory
Zena & Michael A. Wiener Professor of Medicine, Cardiology
Interventional Director, Structural Heart Program

MOUNT SINAI FACULTY

Valentin Fuster, MD, PhD

Physician-in-Chief, Mount Sinai Hospital
Director, Mount Sinai Heart
Professor of Medicine, Cardiology

Roxana Mehran, MD, FACC, FAHA, MSCAI, FESC

Mount Sinai Professor in Cardiovascular Clinical
Research and Outcomes
Director of Interventional Cardiovascular Research
and Clinical Trials

David L. Reich, MD

President and Chief Operating Officer,
The Mount Sinai Hospital
Horace W. Goldsmith Professor, Anesthesiology,
Perioperative and Pain Medicine

Gregg W. Stone, MD

Director of Academic Affairs for the Mount Sinai
Heart Health System
Professor of Medicine (Cardiology)
Professor of Population Health Sciences and Policy

OUTSIDE FACULTY

William T. Abraham, MD, FACP, FACC, FAHA, FESC, FRCPE

Professor of Medicine, Physiology, and Cell Biology
College of Medicine Distinguished Professor
Division of Cardiovascular Medicine
The Ohio State University
Columbus, OH

Stephan Achenbach, MD, FESC, FACC, MSCCT

Chairman of Cardiology
Professor of Medicine
University of Erlangen
Germany

Silvio Inzucchi, MD

Director of the Yale Diabetes Center
Clinical Chief, Endocrinology
Professor of Medicine
Yale School of Medicine
New Haven, CT

Dipti Itchhaporia, MD, FACC, FAHA, FESC

Vice-President, American College of Cardiology
Eric & Sheila Samson Endowed Chair in
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Director of Disease Management
Hoag Memorial Hospital Presbyterian
Associate Clinical Professor,
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Irvine, CA

Sotirios Tsimikas, MD, FACC, FAHA, FSCAI

Professor of Medicine/Cardiology and Director of
Vascular Medicine
Sulpizio Cardiovascular Center
University of California San Diego
La Jolla, CA

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Learning Objectives

Looking into the future of what cardiovascular medicine will become over the next few years, the overall goal of this program is to enhance competency by providing participants with the most up-to-date developments in the diagnosis, treatment and management of cardiovascular disease and to facilitate this transfer of knowledge into practice to improve patient outcomes.

Upon completion of this program, attendees should be able to:

- Comprehend the COVID-19 disease process and outcomes.
- Learn to assess various CAD risk factors and imaging to provide diagnostic and prognostic information and appropriate treatment.
- Acknowledge, through evidence-based results, recent transcatheter valve therapies with special focus on mitral and tricuspid valve procedures.
- Recognize the issues pertaining to various antithrombotics post DES.
- Incorporate the latest advances within interventional cardiology and their implications in overall patient care, improving interventional outcomes.

Conference Information

For additional information, email cme@mssm.edu.

Registration

This course will be complimentary. For registrants who would like a CME certificate there will be \$25 fee.

Faculty Disclosure

It is the policy of ISMMS to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material.

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Icahn School of Medicine at Mount Sinai

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