

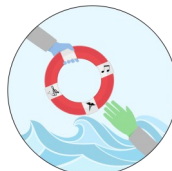
## The Culture of Use, Misuse, and Dependence: Integrative Approaches to Biopsychosocial Treatment

Monday, May 20th, 2019

The Louis Armstrong Center for Music and Medicine  
Mount Sinai Downtown Union Square, 10 Union Square East, New York, NY 10003



### The Louis Armstrong Center for Music and Medicine presents:



### The Culture of Use, Misuse, and Dependence: Integrative Approaches to Biopsychosocial Treatment

Monday, May 20th, 2019  
8:15 AM—5:15 PM

#### Course Description:

This single day event will provide a unique forum exploring the use of music therapy and other psychotherapeutic modalities in the treatment of addiction. In light of the recent opioid crisis, professionals will come together to share innovative clinical work, to elucidate theory, practice, and research explicating current directions in the treatment and management of addiction at the individual and societal level.

#### Learning Objectives:

After attending this conference, attendees will demonstrate the ability to:

- Describe current findings on neurologic, psychological, physical, and social responses to addiction.
- Identify factors that predispose particular groups and individuals to addiction and substance use disorders.
- Integrate current medical, creative arts therapies, and biopsychosocial research in the development of best practices for Music Therapy and Music & Medicine in addiction treatment.
- Identify converging strategies, overlap, and team-based treatment in addiction treatment settings.
- Identify how issues of safety, shame, trust, cultural differences, core beliefs, and boundaries can manifest in successful addiction recovery.

#### Target Audience:

Physicians, Nurses, Psychologists, Social Workers, Music Therapists, Chaplains, Creative Arts Therapists, Physical Therapists, Occupational Therapists, Child Life Specialists, Fellows, Residents, and Medical Students.

#### Conference Location

Mount Sinai Downtown Union Square, 2nd Fl. Conference Center  
10 Union Square East (between 14th & 15th Streets), NYC  
Secure parking in building  
Subways: 4, 5, 6, N, Q, R, W & L trains to Union Square

#### Nearby Accommodations

Leo House (212) 929-1010  
Seafarers & International House (212) 677-4800  
Gramercy Park Hotel (212) 475-4320

#### Registration

Pre-register by mail or telephone by May 13, 2019 to ensure participation. Registration also available on site May 20th 2019  
For more info: (212) 420-2704 or email: [info@musicandmedicine.org](mailto:info@musicandmedicine.org)  
Mail completed form below to:  
The Louis Armstrong Center for Music and Medicine  
Mount Sinai Beth Israel  
First Avenue at 16th Street, 6S-21  
New York, NY 10003

#### Registration Form

**The Culture of Use, Misuse, and Dependence:  
Integrative Approaches to Biopsychosocial Treatment**  
Monday, May 20th, 2019

First Name: \_\_\_\_\_  
Last Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City State Zip: \_\_\_\_\_  
Email: \_\_\_\_\_  
Affiliation: \_\_\_\_\_

#### Advanced Registration

Check appropriate category  
☐ \$150 Full conference, professional  
☐ \$100 Full conference, student

#### On-Site Registration

Check appropriate category  
☐ \$175 Full conference, professional  
☐ \$125 Full conference, student

Online Registration is available at:  
<https://mssm.cloud-cme.com>

Please make checks payable to:  
The Louis Armstrong Center for Music and Medicine

#### Cancellation Policy:

All refund and cancellation requests must be emailed to the CME office at [cme@mssm.edu](mailto:cme@mssm.edu) by May 6, 2019. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50.

**\*\*\*7:45 – 8:15 AM REGISTRATION & BREAKFAST\*\*\***

**8:15 – 8:25 AM Welcome & Introduction**

Joanne V. Loewy DA, LCAT, MT-BC  
*Director, The Louis Armstrong Center for Music and Medicine*  
Gabrielle Bouissou MS, LCAT, MT-BC  
*Colloquium Co-chair, LACMM*  
Jasmine Edwards, MA, LCAT, MT-BC  
*Colloquium Co-chair, LACMM*

**8:25 – 9:15 AM Keynote**

**Meeting Women with Co-Occurring Disorders at the Intersection**

Laryssa Creswell EdD, LCPC, LPC, MT-BC  
*Empowered Connections, LLC, Washington D.C.*

**Auditorium**

**9:20 – 10:05 AM Concurrent Sessions**

Music Therapy in Early Recovery  
Kathleen Murphy PhD, MT-BC  
*Tulane University, New Orleans, LA*

**Auditorium**

First Sounds: Rhythm, Breath, Lullaby -  
Music Therapy in the NICU and NAS Interventions  
Jasmine Edwards, MA, LCAT, MT-BC  
Joanne Loewy, DA, LCAT, MT-BC  
*The Louis Armstrong Center for Music and Medicine,  
New York, NY*

**Conference Room 1**

Early Stages of Recovery: A Multimodality Approach to  
Engaging MICA Patients in Inpatient Group Therapy  
Rachel Schwartz, MA, LCAT, MT-BC, CASAC  
Alyssa Sousa, MA, LCAT  
*Mount Sinai Hospital, New York, NY*

**Conference Room 2**

**10:10 – 10:55 AM Concurrent Sessions**

Addressing Bio-physical, Psycho-emotional, and Psycho-spiritual  
Needs of Recovery through Music Therapy Process  
Jim Borling MM, MT-BC  
*Radford College, Roanoke, VA*

**Auditorium**

Truth Telling Through Fictions: How Storytelling and Dramatic  
Reality Support Long Term Recovery from Addictions  
Maria Hodermarska MA, RDT-BCT, CASAC, LCAT  
Opher Yigal Shamir  
*New York University, New York, NY*

**Conference Room 1**

Integrative Harm Reduction Psychotherapy: A New Paradigm  
for Addressing Substance Use and Misuse  
Jenifer Talley PhD  
*The Center for Optimal Living, New York, NY*

**Conference Room 2**

**11:00 AM – 12:20 PM Expert Panel**

Salient Aspects of Music Psychotherapy Practices in Addiction  
Across Treatment Milieus - Case Exploration

Peter Jampel DA, LCAT, MT-BC  
*New York University, New York, NY*

Frank Bosco MA, LCAT, LMT, BC-MT, RPP, SEP  
*Sound Health Studio, New York, NY*

Nir Sadovnik MA, LCAT, MT-BC  
*Woodhull Hospital, Brooklyn, NY*

Josh Korda  
*Dharmapunx, New York, NY*

Moderators: Jasmine Edwards MA, LCAT, MT-BC  
Gabrielle Bouissou MS, LCAT, MT-BC

**Auditorium**

**\*\*\*12:20 – 1:05 PM LUNCH\*\*\***

**1:05 – 1:15 PM Welcome & Introduction**

Stephan Quentzel MD Colloquium Co-Chair  
John Mondanaro MA, LCAT, MT-BC, CCLS Clinical Director  
*The Louis Armstrong Center for Music & Medicine  
Mount Sinai Beth Israel, New York, NY*

**Auditorium**

**1:15 – 2:00 PM Keynote Testimonial**

**Music-Assisted Addiction Recovery: On a Personal Note**

Russell Hilliard PhD, LCSW, LCAT, MT-BC, CHRC  
*Seasons Hospice & Palliative Care, Chicago, IL*

**Auditorium**

**2:05 – 2:50 PM Concurrent Sessions**

The Power of Prevention: Addressing Addiction Before It Starts  
Navin Seebaran, LMHC, NCC, CASAC-T  
*Beacon Health Options, New York, NY*

**Auditorium**

Raising States of Consciousness through Music to Address the  
Addictive Craving for Well Being  
Rick Soshensky MA, LCAT, MT-BC, NRMT  
*Hudson Valley Creative Arts Therapy Studio, Kingston, NY*

**Conference Room 1**

Challenges, Insights, and Successes: Music Therapy and  
Social Work Approaches in Treating Addiction and Trauma  
Allison Reynolds, LCSW-R, LCAT, MT-BC  
*Lotus Health and Wellness, New York, NY*

**Conference Room 2**

**\*\*\*2:55 – 3:10 PM COFFEE BREAK\*\*\***

**3:10 – 3:55 PM Concurrent Sessions**

Combining Psychosocial and Medical Approaches in Addiction  
Matthew Warren MD  
Gianna Marie Lafronza MS, LCAT, BC-DMT  
*Woodhull Hospital Center, New York, NY*

**Auditorium**

Resourcing and Resilience through Groove on the Inpatient  
Rehabilitation Unit  
Gabrielle Bouissou MS, LCAT, MT-BC  
John Mondanaro MA, LCAT, MT-BC, CCLS  
Miriam Fridman RN  
*The Louis Armstrong Center for Music and Medicine  
Mount Sinai Beth Israel, New York, NY*

**Conference Room 1**

Empowering Choice: A Holistic and Transpersonal Approach to  
Recovery using Creative Arts Therapies and Coaching  
Annalissa Vicencio MA, LCAT, MT-BC  
*Montefiore Hospital, New York, NY*

**Conference Room 2**

**4:00 – 4:55 PM Keynote**

**The Vulnerable Developing Brain**

Yasmin Hurd PhD  
*Addiction Institute of Mount Sinai, New York, NY*

**Auditorium**

**4:55 – 5:15 PM Closing Comments**

Gabrielle Bouissou Co-Chair, MS, LCAT, MT-BC  
Jasmine Edwards Co-Chair, MA, LCAT, MT-BC  
Stephan Quentzel Co-Chair, MD, JD

**CONFERENCE CO-CHAIRS**

Gabrielle Bouissou Co-Chair, MS, LCAT, MT-BC  
Jasmine Edwards Co-Chair, MA, LCAT, MT-BC  
Stephan Quentzel Co-Chair, MD, JD

**PLANNING COMMITTEE**

Gabrielle Bouissou MS, LCAT, MT-BC  
Jasmine Edwards MA, LCAT, MT-BC  
Marie Grippo MA  
Yasmin Hurd PhD  
Joanne Loewy DA, LCAT, MT-BC  
John Mondanaro MA, LCAT, MT-BC, CCLS  
Stephan Quentzel MD, JD  
Andrew Rossetti MMT, LCAT, MT-BC

**ACCREDITATION STATEMENT**

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education (AACME) to provide continuing medical education for physicians.

**CREDIT DESIGNATION STATEMENT**

Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of **7.25 AMA PRA Category 1 Credits™**. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

**POLICY ON FACULTY AND PROVIDER DISCLOSURE**

It is the policy of the Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflicts of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of course materials. Detailed disclosure will be made in the activity handout materials and print out is available at the CME desk during the conference.

**CMTE CREDITS AVAILABLE FOR MUSIC THERAPISTS**

The Louis Armstrong Center for Music and Medicine is approved by the Certification Board of Music Therapists (CBMT) to award 8 Continuing Music Therapy Education Credits. The Louis Armstrong Center for Music and Medicine, #P-111, maintains responsibility for program quality and adherence to CBMT policies and criteria.

**LCAT HOURS FOR CREATIVE ARTS THERAPISTS**

The Louis Armstrong Center for Music & Medicine at Mount Sinai Beth Israel is recognized by the New York State Education Department's State Board for Mental Health Practitioners to award 8 hours as an approved provider of continuing education for licensed creative arts therapists. #CAT-0061.