



# CHALLENGES IN INTERNAL MEDICINE

**Wednesday, Thursday, Friday**  
**June 20-22, 2018**

## Course Directors

Yousaf Ali, MD  
John A. Andrilli, MD  
Christina M. Cruz, MD  
Douglas T. Dieterich, MD  
David C. Thomas, MD, MHPE

**Icahn School of Medicine at Mount Sinai**  
**Hess Center for Science and Medicine**  
**The Bonnie M. Davis, MD and Kenneth L. Davis, MD**  
**Auditorium, 2nd floor**  
1470 Madison Avenue (Between 101st and 102nd Streets)  
New York, NY

Celebrating  
**50**  
years  
1968-2018



Icahn School  
of Medicine at  
**Mount  
Sinai**

**Sponsored by**  
**Samuel Bronfman Department of Medicine**  
Icahn School of Medicine at Mount Sinai  
Mount Sinai Health System

Challenges in Internal Medicine is a 3-day CME program sponsored by the Department of Medicine of the Icahn School of Medicine at Mount Sinai. The goal of this course is to offer providers of primary care services the newest pharmacologic and technologic breakthroughs, updates in clinical therapeutic guidelines, and highlights of recent advances in the practice of Internal Medicine. The intended audience for this course is Internists, Family Practitioners, Nurse Practitioners and Physician Assistants and their trainees.

Primary care is growing increasingly more difficult due to the complexity of the patient's medical condition coupled with advances in clinical management. This course is geared to help providers practice evidence-based medicine from today's scientific literature. The goal from this format is to help the clinician to better manage their patients using the latest evidence-based practices.

All of the discussants incorporate recent medical literature in their talks. Importantly, many of the lectures chosen are from the current year's Divisional and Departmental Grand Rounds.

## MANAGING DISEASE PROCESSES

- Chronic Disease Management
- Concomitant Comorbidities

## MEDICAL CONUNDRUMS

- Challenging Scenarios
- Helpful Pearls
- Clinical Reasoning for Common Problems

## NEW DIAGNOSTIC MODALITIES

- What's New in Gastroenterology/Hepatology

## WHO SHOULD ATTEND:

- Primary Care Physicians
- Nurse Practitioners
- Physician Assistants
- Fellows & Residents
- Specialist Physicians

## EDUCATIONAL OBJECTIVES:

*At the conclusion of this activity, participants will be able to:*

- **Identify** new trends in US healthcare that will allow healthcare providers to practice using up-to-date recommended guidelines.
- **Identify** current therapeutic options for specific disorders commonly seen in practice and apply when appropriate.
- **Review and interpret** up-to-date literature relevant to clinical practice in the following therapeutic areas: cardiology, orthopaedics, liver disease, hematology/oncology, rheumatology, gastroenterology, and endocrinology.

<https://mssm.cloud-cme.com/InternalMed>

# CHALLENGES IN INTERNAL MEDICINE

## GENERAL INFORMATION

### ACCREDITATION

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of **21.0 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### VERIFICATION OF ATTENDANCE

All professionals will be able to download, verification of attendance.

### FACULTY DISCLOSURE

It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-sponsored educational activities. All faculty participating in the planning or implementation of a sponsored activity are expected to disclose to the audience any relevant financial relationships and to assist in resolving any conflict of interest that may arise from the relationship. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course materials.

### SPECIAL NEEDS

Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations contact The Page and William Black Post-Graduate School at 212-731-7950.

### COURSE LOCATION

Hess Center for Science and Medicine

The Bonnie M. Davis, MD and Kenneth L. Davis, MD Auditorium, 2nd floor

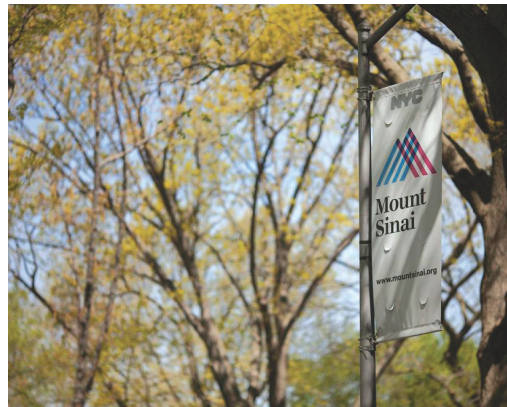
1470 Madison Avenue (Between 101st and 102nd streets)  
New York, NY 10029

### CANCELLATION POLICY

All refund and cancellation requests must be emailed to the CME office at [cme@mssm.edu](mailto:cme@mssm.edu) by June 11, 2018. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50.

### CONFERENCE INFORMATION

Please contact: Office of CME 212.731.7950 or email [cme@mssm.edu](mailto:cme@mssm.edu). Register online at <https://mssm.cloud-cme.com/InternalMed>



## COURSE DIRECTORS/PLANNING COMMITTEE

### Yousaf Ali, MD, FACP

Associate Professor of Medicine  
Chief, Division of Rheumatology  
Mount Sinai West and Mount Sinai St. Luke's

### John A. Andrilli, MD

Associate Professor of Medicine  
Program Director, Internal Medicine Residency  
Mount Sinai West and Mount Sinai St. Luke's

### Christina M. Cruz, MD

Assistant Professor of Medicine  
Associate Program Director for Ambulatory Care  
Internal Medicine Residency Program  
Mount Sinai Beth Israel

### Douglas T. Dieterich, MD

Professor of Medicine  
Director, Institute for Liver Medicine  
Mount Sinai Health System

### David C. Thomas, MD, MHPE

Professor of Medicine, Medical Education and  
Rehabilitation Medicine  
Vice Chair for Education  
Associate Dean for CME  
Mount Sinai Health System

## FACULTY

### Sherley Abraham, MD

Assistant Professor of Medicine,  
Endocrinology, Diabetes and Bone Disease

### Jawad Ahmad, MD

Professor of Medicine, Liver Diseases

### Amon Asgharpour, MD

Assistant Professor of Medicine, Liver Diseases

### Kirk N. Campbell, MD

Associate Professor of Medicine, Nephrology

### Daniel S. Caplivski, MD

Associate Professor of Medicine, Infectious Diseases

### Sarah P. Cate, MD

Assistant Professor of Surgery

### Nisha Chadha, MD

Assistant Professor of Ophthalmology

### Lawrence I. Cytryn, MD

Senior Faculty of Medicine, Hematology and  
Medical Oncology

### Demetre C. Daskalakis, MD, MPH

Deputy Commissioner, Division of Disease Control  
New York City Department of Health and Mental Hygiene

### Karim El Hachem, MD

Assistant Professor of Medicine, Nephrology

### Icilma V. Fergus, MD

Associate Professor of Medicine, Cardiology

### Dennis Finkelstein, MD, FACC, FASE

Associate Professor of Medicine, Cardiology

### Harry D. Fischer, MD

Associate Professor of Medicine, Rheumatology

### George Han, MD, PhD

Assistant Professor of Dermatology

### Steven Itzkowitz, MD

Professor of Medicine and Oncological Sciences

### Melissa Leber, MD

Assistant Professor of Orthopedics

### Rosanne M. Leipzig, MD, PhD

Professor of Geriatrics and Palliative Medicine

### James Marion, MD

Professor of the Practice of Medicine

### Bryan C. Markinson, DPM

Assistant Professor of Orthopaedics and Pathology

### Barbara Murphy, MD

Murray M. Rosenberg Professor of Medicine  
System Chair, Department of Medicine  
Dean for Clinical Integration and Population Health  
Icahn School of Medicine at Mount Sinai

### Satish Nagula, MD

Associate Professor of Medicine, Gastroenterology

### Bradford Parsons, MD

Associate Professor, Orthopedics

### Lauren Peccoralo, MD, MPH

Assistant Professor of Medicine, General Internal Medicine

### Ponni Perumalswami, MD

Associate Professor of Medicine, Liver Diseases

### Sean Pinney, MD

Professor of Medicine, Cardiology

### Charles A. Powell, MD

Professor of Medicine, Pulmonary, Critical Care and  
Sleep Medicine

### Linda Rogers, MD

Associate Professor of Medicine, Pulmonary,  
Critical Care and Sleep Medicine

### Donald A. Smith, MD

Professor of Medicine, Cardiology

### Reshmi Srinath, MD

Assistant Professor of Medicine, Endocrinology,  
Diabetes and Bone Disease

### Che-Kai Tsao, MD

Assistant Professor of Medicine, Hematology and  
Medical Oncology

### Antonio E. Urbina, MD

Associate Professor of Medicine, Infectious Diseases

### Barbara Warren, PsyD

Assistant Professor of Medical Education



## MANAGING DISEASE PROCESSES

7:30 – 8:20am  
**Registration and Continental Breakfast**

8:20 – 8:30  
**Welcome from the Chair**  
Barbara Murphy, MD  
Chair, Department of Medicine

8:30 – 8:45  
**Introduction and Welcome**  
Yousaf Ali, MD, FACP  
John A. Andrilli, MD  
Christina M. Cruz, MD  
Douglas T. Dieterich, MD  
David C. Thomas, MD, MHPE

**DISEASE PROCESSES**  
**Cardiology 2018**

8:45 – 9:15  
**CHF: Management 2018**  
Sean Pinney, MD

9:15 – 9:45  
**Anticoagulation Management**  
Dennis Finkelstein, MD, FACC, FASE

9:45 – 10:15  
**Women and Heart Disease 2018 Update**  
Icilma V. Fergus, MD

10:15 – 10:30  
**Panel Discussion**

10:30 – 10:45  
**Break**

**Renal Developments 2018**

10:45 – 11:15  
**HTN: New Developments**  
Karim El Hachem, MD

11:15 – 11:45  
**A Better Way to Diagnose CKD**  
Kirk N. Campbell, MD

11:45 – 12:00  
**Panel Discussion**

12:00 – 1:00pm  
**Lunch**

**ORTHOPAEDICS FOR PCPS**  
**Best Practice Strategies**

1:00 – 1:30  
**Snap, Crackle, Pop: Diagnosis of Common Knee Problems**  
Melissa Leber, MD

1:30 – 2:00  
**The Foot as a Mirror of Systemic Disease**  
Bryan C. Markinson, DPM

2:00 – 2:30  
**Common Causes of Shoulder Pain**  
Bradford Parsons, MD

2:30 – 2:45  
**Panel Discussion**

2:45 – 3:00  
**Break**

**NEW THERAPEUTIC MODALITIES**

3:00 – 3:30  
**Advances in Inflammatory Arthritis**  
Harry D. Fischer, MD

3:30 – 4:00  
**The Approach to the Older Patient**  
Rosanne M. Leipzig, MD, PhD

4:00 – 4:30  
**Treating Mental Illness and Substance Abuse in Primary Care**  
Lauren Peccoraro, MD, MPH

4:30 – 5:00pm  
**Panel Discussion Conclusion**

## MEDICAL CONUNDRUMS

7:30 – 8:20am  
**Registration and Continental Breakfast**

8:20 – 8:30  
**Introduction and Welcome**  
Yousaf Ali, MD, FACP  
John A. Andrilli, MD  
Christina M. Cruz, MD  
Douglas T. Dieterich, MD  
David C. Thomas, MD, MHPE

**HELPFUL PEARLS**

8:30 – 9:00  
**Leveraging Down LDLC: What's New?**  
Donald A. Smith, MD

9:00 – 9:30  
**Unconscious Bias**  
Barbara Warren, PsyD

9:30 – 10:00  
**Travel Medicine for the Internist**  
Daniel S. Caplivski, MD

10:00 – 10:15  
**Panel Discussion**

10:15 – 10:30  
**Break**

10:30 – 11:00  
**Asthma Update 2018**  
Linda Rogers, MD

11:00 – 11:30  
**Anemia for the PCP**  
Lawrence I. Cytryn, MD

11:30 – 12:00  
**CRC Screening Update**  
Steven Itzkowitz, MD

12:00 – 12:15  
**Panel Discussion**

12:15 – 1:15pm  
**Lunch**

**HEP C UPDATES**

1:15 – 1:45  
**NYS Screening for HepC**  
Ponni Perumalswami, MD

1:45 – 2:15  
**NASH**  
Amon Asgharpour, MD

2:15 – 2:45  
**New Therapies for HCV**  
Douglas T. Dieterich, MD

2:45 – 3:00  
**Panel Discussion**

3:00 – 3:15  
**Break**

**CLINICAL REASONING FOR COMMON PROBLEMS**

3:15 – 3:45  
**Interpretation of Normal & Abnormal Rheum Tests**  
Yousaf Ali, MD

3:45 – 4:15  
**The Red Eye**  
Nisha Chadha, MD

4:15 – 4:45  
**Abnormal LFTs – When to Refer**  
Jawad Ahmad, MD

4:45 – 5:00pm  
**Panel Discussion Conclusion**

## NEW DIAGNOSTIC MODALITIES

7:30 – 8:20am  
**Registration and Continental Breakfast**

8:20 – 8:30  
**Introduction and Welcome**  
Yousaf Ali, MD, FACP  
John A. Andrilli, MD  
Christina M. Cruz, MD  
Douglas T. Dieterich, MD  
David C. Thomas, MD, MHPE

**CHALLENGING SCENARIOS IN ONCOLOGY**

8:30 – 9:00  
**Lung Cancer Update**  
Charles A. Powell, MD

9:00 – 9:30  
**Prostate Cancer Update**  
Che-Kai Tsao, MD

9:30 – 10:00  
**Global Breast Update**  
Sarah P. Cate, MD

10:00 – 10:15  
**Panel Discussion**

10:15 – 10:30  
**Break**

**GI UPDATES**

10:30 – 11:00  
**Update in Medical Therapy for IBD**  
James Marion, MD

11:00 – 11:30  
**Upper GI for PCP**  
Satish Nagula, MD

11:30 – 11:45  
**Panel Discussion**

**IMPROVING YOUR MANAGEMENT OF THE PATIENT WITH ENDOCRINE DISEASE IN 2018**

11:45 – 12:15pm  
**Interpretation of TFTs**  
Reshmi Srinath, MD

12:15 – 12:45  
**Diabetes: Management in 2018**  
Sherley Abraham, MD

12:45 – 1:00  
**Panel Discussion**

1:00 – 1:15  
**Break**

**HIV ADVANCES**

1:15 – 1:45  
**JumpstART**  
Antonio E. Urbina, MD

1:45 – 2:15  
**Undetectable = Untransmittable**  
Demetre C. Daskalakis, MD, MPH

2:15 – 2:30  
**Panel Discussion**

2:30 – 3:00  
**The Dermatology Top 10**  
George Han, MD, PhD

3:00 – 3:30  
**Panel Discussion/ Closing Remarks/ Adjournment**

Agenda Subject to Change

# AGENDA

# ACCOMMODATIONS

# REGISTRATION

## Accommodations:

A limited number of discounted sleeping rooms have been reserved. Please contact Housing Manager, Denise Newman at email: [dnew229@aol.com](mailto:dnew229@aol.com), text: 347-236-7181 phone: 718-835-4911 to make your reservation.

## Parking /Visiting us

<http://icahn.mssm.edu/about/visiting>

## Syllabus



Registered participants may visit:

### Via your computer:

<https://mssm.cloud-cme.com> "Sign In", select "My CME" then select "Syllabus"

**Via your smartphone:** Download & open the CloudCME App (first time user, if prompted, use "MSSM" as the organization code) "Sign In", select "Syllabus"

## Registration Fee:

(includes continental breakfasts, breaks, lunch and electronic syllabus)

	Registration Fee	Onsite
■ Physician	\$700	\$750
■ Nurse, Physician Assistant, Allied Health Professional	\$600	\$650
■ Mount Sinai Health System Faculty and Staff	\$600	\$650
■ Mount Sinai Health System Resident, Fellow and Medical Student	\$ 75	\$125

## Online Registration:

<https://mssm.cloud-cme.com/InternalMed>

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*Register early, space is limited.*

	Registration Fee	Onsite
■ Physician	\$700	\$750
■ Nurse, Physician Assistant, Allied Health Professional	\$600	\$650
■ Mount Sinai Health System Faculty and Staff	\$600	\$650
■ Mount Sinai Health System Resident, Fellow and Medical Student	\$ 75	\$125

PLEASE PRINT CLEARLY

Last		First	
Credentials (MD, RN, etc.)			
Mailing Address			
City	State	Zip	
Phone			
E-Mail Address (Please include your email address as only e-confirmations will be sent)			
Specialty			
Affiliation			

## TWO WAYS TO REGISTER:

🔗 Online at

<https://mssm.cloud-cme.com/InternalMed>

☒ Mail this form with your check to:  
Icahn School of Medicine at Mount Sinai  
The Page and William Black  
Post-Graduate School  
One Gustave L. Levy Place, Box 1193  
New York, NY 10029-6574

☐ Enclosed is my check for \$ \_\_\_\_\_  
payable to: The Page and William Black  
Post-Graduate School

For security purposes, credit card payment cannot be accepted by mail or fax. Please visit <https://mssm.cloud-cme.com/InternalMed> to register and pay by credit card.